

Guisborough Woods**27-Dec-19****Dave Parry/Lets Run Winter Series 2019-20****Race 5**

v2.

Pos.	No.	Name	Club	time	cat/pos/pts/best
1	353	Harry Holmes	Matlock AC	37.13	MO/1/50/100
2	387	Callum Hanson	Pudsey and Bramley	38.37	MO/2/48/48
3	366	Ben Bergstrand	Middlesbrough AC	39.47	MU23/1/50/50
4	368	Stephen McDougall	Midd and Cleveland	40.47	MO/3/46/46
5	375	Sam Garratt	New Marske Harriers	41.29	MU23/2/48/48
6	24	Caroline Lambert	Ribble Valley Harrier	41.41	FO/1/50/100*
7	384	Georgie Hebdon	Elvet Striders	42.16	MO/4/45/45
8	647	Robert White	Buxton AC	42.53	M45/1/50/50
9	367	James Oldfield	Sedgefield Harriers	43.05	MO/5/44/44
10	623	Ian Mcgrath	Durham FR	43.17	M45/2/48/148
11	381	Tom Levi	Thirsk and Sowerby	43.26	MO/6/43/43
12	541	Iain Philip Armstrong	Saltwell Harriers	43.34	M40/1/50/50
13	372	Steve Rankin	Sunderland Harriers	43.57	MO/7/42/42
14	376	Paul Darroch	TS Harriers	44.04	MO/8/41/41
15	374	Adam Stirk	Wharfedale Harriers	44.18	MO/9/40/40
16	729	Stephen Pugh	Esk Valley Fell Club	44.21	M50/1/50/148
17	377	Tommy Buckle	Scarborough AC	45.33	MU23/3/46/46
18	380	Joe Stringer	Individual#	45.34	MO/10/39/39
19	354	Daniel Bateson	Scarborough AC	45.37	MO/11/38/74
20	603	Simon Rycroft	Pickering Running C	45.51	M45/3/46/192
21	613	Chris Jefferies	Billingham Marsh Ho	46.03	M45/4/45/134
22	329	Nathan Vurgest	Datchet Dashers	46.07	MO/12/37/117
23	116	Gemma Bradley	Saltwell Harriers	46.10	F40/1/50/50
24	736	Jim Thompson	Saltwell Harriers	46.15	M50/2/48/48
25	540	Mark Davinson	Derwentside	46.26	M40/2/48/48
26	308	Stefan McLoughlin	NYMAC	46.37	MO/13/36/162
27	370	Alan Hutchinson	Victoria Park Harrier	47.01	MO/14/35/35
28	830	John Rippon	Derwent Valley Trail	47.03	M55/1/50/50
29	937	Fred Smith	Saltwell Harriers	47.03	M60/1/50/50
30	383	Joshua Cooper	Thirsk and Sowerby	47.04	MO/15/34/34
31	615	Giles Hawking	Knivesmire Harriers	47.16	M45/5/44/177
32	635	Brendan Anglim	CLOK	47.43	M45/6/43/83
33	802	Joe Blackett	Dark Peak FR	47.52	M55/2/48/142
34	46	Louise Mercer	Ambleside AC	48.25	FO/2/48/48
35	807	David Parker	St Theresa's AC	48.25	M55/3/46/246
36	542	Ian Hutchinson	Derwent Valley Trail	48.26	M40/3/46/46
37	202	Karen Robertson	Northumberland FR	48.27	F50/1/50/100
38	801	John Tollitt	Northumberland FR	48.36	M55/4/45/90
39	378	Seb Bufton	Saltwell Harriers	49.07	MO/16/33/33
40	505	Paul Cook	Durham FR	49.09	M40/4/45/176
41	174	Morag Stead	Morpeth Harriers	49.20	F45/1/50/50
42	316	Richard Tarrega	Knivesmire Harriers	49.22	MO/17/32/141
43	903	Neil Ridsdale	Driffield	49.25	M60/2/48/248
44	382	Michael Todd	Individual#	49.46	MO/18/31/31
45	929	Karl Edwards	Hartlepool Burn Roa	49.56	M60/3/46/46
46	49	Alice Rigby	New Marske Harriers	49.58	FU23/1/50/50
47	526	Danny Lim	Midd and Cleveland	50.00	M40/5/44/84
48	2	Rhona Marshall	Scarborough AC	50.05	FO/3/46/188
49	742	Chris Eggett	Northumberland FR	50.14	M50/3/46/46
50	523	Matt Hindmarch	Individual#	50.30	M40/6/43/125
51	605	David Bannister	York Acorn	50.33	M45/7/42/210
52	512	Ken Wood	Thirsk and Sowerby	50.38	M40/7/42/85

53	637	Miles Weston	South Shields Harrie	50.42	M45/8/41/41
54	638	Stephen Guest	Billingham Marsh Ho	50.54	M45/9/40/40
55	737	Andy Hardy	Billingham Marsh Ho	50.57	M50/4/45/45
56	543	Mike Quinn	Esk Valley Fell Club	50.57	M40/8/41/41*
57	545	Gordon Warmasley	Knavesmire Harriers	51.00	M40/9/40/40
58	934	Simon Darke	Mynyddwyr de Cymr	51.19	M60/4/45/45
59	745	Stuart Allan	Helm Hill	51.23	M50/5/44/44
60	743	Peter Riley	Midd and Cleveland	51.27	M50/6/43/43
61	709	Andrew Johnson	Beverley AC	51.34	M50/7/42/121
62	612	Calvin Nicholson	Billingham Marsh Ho	51.44	M45/10/39/152
63	641	Richard Buckle2	Leeds & Bradford Tri	52.00	M45/11/38/38
64	365	Philip Peggs	Loftus and Whitby	52.19	MO/19/30/30
65	622	Ed Brown	Individual#	52.25	M45/12/37/113
66	956	Stephen Mummary	Individual#	52.29	M65/1/50/150
67	723	Paul Mead	Goodgym race team	52.41	M50/8/41/154
68	544	Jonathan Proctor	Individual#	52.47	M40/10/39/39
69	508	Dale Hepples	Scarborough AC	52.57	M40/11/38/148
70	388	Kevin Reynolds	Saltwell Harriers	53.19	MO/20/29/29
71	386	Toby Gamlin	Abingdon Athletics	53.27	MO/21/28/28
72	935	Peter Mullarkey	Saltwell Harriers	53.28	M60/5/44/44
73	480	Laura Havis	Middlesbrough AC	53.30	FU23/2/48/48
74	740	Philip G Green	Northumberland FR	53.42	M50/9/40/40
75	640	Scott Garrett	Saltwell Harriers	53.55	M45/13/36/36
76	169	Katy Rawnsley	Scarborough AC	54.01	F45/2/48/48
77	824	Paul Doxford	South Shields Harrie	54.02	M55/5/44/89
78	371	James Robertson	Scarborough AC	54.05	MU23/4/45/45
79	643	Steven Small	Midd and Cleveland	54.09	M45/14/35/35
80	11	Esther Harrison	Thirsk and Sowerby	54.10	FO/4/45/88
81	287	Tricia Bell	NYMAC	54.13	F65/1/50/50
82	650	Mark Anderson	Stamford Striders	54.16	M45/15/34/34
83	210	Kath Aspin	New Marske Harriers	54.23	F50/2/48/48
84	644	Paul Wilkin	Midd and Cleveland	54.27	M45/16/33/33
85	369	Peter Hutchinson	Individual#	54.56	MO/22/27/27
86	1	Rebecca Dent	Scarborough AC	55.10	FU23/3/46/244
87	932	Dave Wallace	Hartlepool Burn Roa	55.11	M60/6/43/43
88	48	Sarah Roe	Billingham Marsh Ho	55.13	FO/5/44/44
89	379	Stephen Roe	Billingham Marsh Ho	55.16	MO/23/26/26
90	104	Jessica McMullan	Roundhay Runners	55.42	F40/2/48/194
91	734	Paul Feeley	Derwent Valley Trail	55.44	M50/10/39/39
92	539	Paul Richardson	Saltwell Harriers	55.47	M40/12/37/37
93	741	James Lee	NYP Triathlon	55.58	M50/11/38/38
94	716	Andy Harvey	Pickering Running C	56.09	M50/12/37/116*
95	283	Sue Haslam	Scarborough AC	56.18	F65/2/48/148
96	908	Andrew Johnson	Knavesmire Harriers	56.24	M60/7/42/173
97	930	Stuart Ferguson	Durham FR	56.27	M60/8/41/41
98	303	Tony Taylor	Swaledale Runners	56.42	MO/24/25/94
99	649	Ian Puckrin	York Triathlon Club	56.46	M45/17/32/32
100	6	Louise Venables	Knavesmire Harriers	56.48	FO/6/43/169
101	828	David Askew	Harrogate Harriers	57.14	M55/6/43/43
102	933	Paul James	Saltwell Harriers	57.14	M60/9/40/40
103	900	Paul Smith	Pickering Running C	57.17	M60/10/39/128*
104	719	Andy Chapman Gibbs	Knavesmire Harriers	57.23	M50/13/36/104
105	652	Paul Levett	NYMAC	57.41	M45/18/31/31
106	735	Paul Havis	Individual#	57.49	M50/14/35/35
107	281	Caroline Glover	Wharfedale Harriers	58.09	F60/1/50/150
108	364	Daniel Short	Midd and Cleveland	58.33	MO/25/24/24
109	810	Mark May	Scarborough AC	58.47	M55/7/42/128

110	901	Richard Parkin	Beverley AC	58.51	M60/11/38/169
111	179	Orna O'Toole	Knivesmire Harriers	58.53	F45/3/46/46
112	168	Lynn Burden	Saltwell Harriers	58.59	F45/4/45/45
113	276	Jane Hamp	Scarborough AC	59.03	F60/2/48/98
114	385	Hamish Hornby	Individual#	59.10	MO/26/23/23
115	914	Paul Lyons	NYMAC	59.21	M60/12/37/123
116	975	Michael Hetherton	Pickering Running C	59.31	M70/1/50/192
117	648	Andy William	Individual#	60.04	M45/19/30/30
118	639	Shaun Dodd	Blyth Running Club	60.14	M45/20/29/29
119	161	Diane Jobson	NYMAC	60.16	F45/5/44/194
120	983	Adrian Dixon	FRA	60.21	M70/2/48/48
121	117	Lucy Armstrong	Darlington Triathlon	60.24	F40/3/46/46
122	153	Julia Jackson	Loftus and Whitby	60.26	F45/6/43/141
123	819	David Field	Scarborough AC	60.31	M55/8/41/124
124	825	Ray Foulkes	Redcar RC	60.35	M55/9/40/84
125	156	Fay Hethershaw	Scarborough AC	60.58	F45/7/42/183
126	818	Nicholas Cousins	Pickering Running C	61.02	M55/10/39/124*
127	373	Sean Hugill	Individual#	61.22	MO/27/22/22
128	936	Karl Wittering	Team Vampire	61.33	M60/13/36/36
129	909	Paul Munster	Redcar RC	61.37	M60/14/35/154
130	744	John Longstaff	Saltwell Harriers	61.59	M50/15/34/34
131	739	Andrew Noble	Individual#	62.01	M50/16/33/33
132	958	Keith Pritchard	Scarborough AC	62.04	M65/2/48/142
133	307	Ben Powell	Goodgym race team	62.48	MO/28/21/58
134	250	Denise Tunstall	Durham FR	62.59	F55/1/50/198
135	152	Bec Horner	Goodgym race team	63.02	F45/8/41/223
136	252	Sue Slack	Pickering Running C	63.18	F55/2/48/140*
137	300	Darren Stockdale	Darlington Harriers	63.26	MO/29/20/85
138	481	Saskia Chapman Gibbs	Knivesmire Harriers	63.34	FU23/4/45/45
139	718	Paul Haydon	F.R.A.	64.14	M50/17/32/90
140	803	David Stevenson	Pickering Running C	64.22	M55/11/38/197
141	173	Elizabeth Grainger	Loftus and Whitby	64.28	F45/9/40/40
142	831	Paul Birch	Individual#	64.31	M55/12/37/37
143	263	Claire Stewart	Scarborough AC	65.02	F55/3/46/46
144	167	Rachel Watson	Belle Vue Racers	65.08	F45/10/39/39
145	931	David Abrook	NYMAC	65.12	M60/15/34/34
146	262	Julie McNicholas	NYMAC	65.26	F55/4/45/45
147	158	Petra Chapman Gibbs	Knivesmire Harriers	65.42	F45/11/38/124
148	55	Zoey Birch	Individual#	65.46	FO/7/42/42
149	279	Christine Robertson	Scarborough AC	65.53	F60/3/46/188
150	171	Samantha Bruce	Saltwell Harriers	66.14	F45/12/37/37
151	653	Michael William	Individual#	66.19	M45/21/28/28
152	288	Jan Young	Elvet Striders	66.42	F65/3/46/46
153	213	Camilla Darwin	WAO	66.56	F50/3/46/46
154	215	Jacqueline Candlish	Saltwell Harriers	67.03	F50/4/45/45
155	52	Sharon Cook	Heaton Harriers	67.05	FO/8/41/41
156	608	Russ Kelly	Redcar RC	67.37	M45/22/27/161
157	163	Stephanie Lishman	Individual#	67.47	F45/13/36/79
158	50	Tabitha McNicholas	NYMAC	67.52	FU23/5/44/44
159	642	John Clark	Individual#	68.15	M45/23/26/26
160	962	Martin White	New Marske Harriers	68.49	M65/3/46/46
161	829	Peter Lonsdale	Individual#	68.51	M55/13/36/36
162	1000	Ronnie Sherwood	New Marske Harriers	69.00	M80/1/50/50
163	176	Lorna Webb	Individual#	69.07	F45/14/35/35
164	53	Georgina McDonald	NYMAC	69.12	FO/9/40/40
165	103	Lisa Baker	Scarborough AC	69.19	F40/4/45/133
166	961	Malcolm Peggs	Loftus and Whitby	69.32	M65/4/45/45*

167	172	Angela Ackerley	NYMAC	69.39	F45/15/34/34
168	54	Leah Evans	Ealing Eagles	69.58	FO/10/39/39
169	654	David Wotton	Claremont	70.12	M45/24/25/25
170	123	Zoe Parsons	Elvet Striders	70.25	F40/5/44/44
171	389	Michael Boyle	Individual#	70.43	MO/30/19/19
172	150	Serena Partridge	Pickering Running C	71.23	F45/16/33/115*
173	120	Sarah Jackson	Penny Lane Striders	71.30	F40/6/43/43
174	738	Neil Proctor	Individual#	73.06	M50/18/31/31
175	264	Pam Birch	Triscience	73.15	F55/5/44/44
176	746	David Collingwood	Individual#	73.24	M50/19/30/30
177	45	Donna Blackwell	Redcar RC	73.44	FO/11/38/38
178	200	Carina Pelucci	Scarborough AC	73.54	F50/5/44/228
179	178	Emma Beaumont	New Marske Harriers	74.33	F45/17/32/32
180	212	Gillian Donaldson	Saltwell Harriers	74.56	F50/6/43/43
181	122	Louise Ellison	Redcar RC	75.04	F40/7/42/42
182	4	Lucy Knight	Goodgym race team	75.10	FO/12/37/114
183	646	Dave Candlish	Saltwell Harriers	76.10	M45/25/24/24
184	254	Ronni Kirkham	Redcar RC	76.53	F55/6/43/174
185	214	Amanda Cooper	Individual#	77.08	F50/7/42/42
186	950	David Parke	Scarborough AC	77.47	M65/5/44/132
187	115	Christine Smith	Sunderland Strollers	78.07	F40/8/41/41
188	118	Annemarie Wilson	NYMAC	78.08	F40/9/40/40
189	170	Yvonne Craig	Individual#	78.24	F45/18/31/31
190	201	Sally Kingscott	Scarborough AC	78.24	F50/8/41/89
191	119	Vicky Cuthbertson	Saltwell Harriers	78.58	F40/10/39/39
192	938	Tony Docherty	Individual#	79.04	M60/16/33/33
193	175	Angela Gibson	North Shields Poly	79.19	F45/19/30/30
194	645	Colin Brown	North Shields Poly	79.42	M45/26/23/23
195	121	Ruth Brown	Individual#	79.54	F40/11/38/38
196	159	Rohan Hill	Esk Valley Fell Club	80.13	F45/20/29/148
197	651	Moz Morris	Stockton Striders	82.21	M45/27/22/22
198	286	Alexandria Roberts	Saltwell Harriers	83.51	F70/1/50/50
199	982	Antonio Cardinale	Otley A.C.	88.51	M70/3/46/88
200	804	Ian Robinson	Esk Valley Fell Club	107.46	M55/14/35/150*
	51	Aoife Smith	Newcastle University	DNF	
	317	Andrew Foster	Durham City Harriers	DNF	
	711	Mark Evans	Midd and Cleveland	DNF	

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 Saltwell Harriers 'A'	95	11,22,27,35	15/15
	2 Scarborough AC 'A'	165	16,18,62,69	14/69
	3 Midd and Cleveland Har	168	4,41,53,70	13/13
	4 Billingham Marsh House	170	20,47,48,55	12/12
	5 Knavesmire Harriers 'A'	196	29,37,50,80	11/65
	6 Saltwell Harriers 'B'	272	63,65,67,77	10/10
	7 Pickering Running Club	279	19,79,86,95	9/64
	8 NYMAC 'A'	319	24,88,94,113	8/31
	9 Scarborough AC 'B'	423	91,99,107,126	7/42

female:	1	Scarborough AC 'A'	29	7,9,13	15/71
	2	Saltwell Harriers 'A'	59	2,20,37	14/14
	3	Scarborough AC 'B'	62	16,21,25	13/52
	4	Knivesmire Harriers 'A'	65	17,19,29	12/62
	5	NYMAC 'A'	66	11,22,33	11/36
	6	New Marske Harriers 'A'	73	6,12,55	10/10
	7	Scarborough AC 'C'	113	31,36,46	9/35
	8	Loftus and Whitby 'A'	124	24,30,(70)	8/8
	9	NYMAC 'B'	135	43,45,47	7/7
	10	Pickering Running Club	148	28,50,(70)	6/57
	11	Goodgym race team 'A'	155	27,58,(70)	5/35
	12	Elvet Striders 'A'	157	38,49,(70)	4/4
	13	Saltwell Harriers 'B'	161	40,56,65	3/3
	14	Redcar RC 'A'	169	53,57,59	2/7
	15	Scarborough AC 'D'	188	54,64,(70)	1/7

* = Bonus points not included

= Non-counter (team)

Comments:

A fabulous day of fell racing on the North Yorkshire Moors in near perfect weather conditions, 203 senior entrants and 23 junior competitors signed up for the 40th running of the Guisborough Woods Fell Race a six mile three lap event with over 1000 feet of climb and the first of a festive trio of fell races.

Terrific running from the now local Caroline Lambert of Ribble Valley Harriers to ease to victory in the womens race and 6th position overall. Caroline's time of 41.41 breaks Carol Greenwood's best from 1991 by 7 seconds, this is one of the longest held North Yorkshire fell race records set by a former English fell and World mountain running champion who at the time was in her prime. Gemma Bradley of Saltwell Harriers finished second and first veteran women with Lakeland visitor Louise Mercer of Ambleside AC in third,

In the men's race it was Harry Holmes of Matlock AC who claimed victory following up a run in the previous days Chevin Chase where he placed 9th. After a first lap battle Harry escaped on the first descent and was never headed, Callum Hanson of Pudsey and Bramley raced to second with first under 23 Ben Bergstrand of Middlesbrough AC in third.

Team prizes were awarded to Scarborough AC women, Rhona Haslam, Katy Rawnsley and Rebecca Dent and the men team prize was claimed by Saltwell Harriers who arrived en-masse, with Iain Armstrong, Jim Thompson, Fred Smith and Seb Bufton.

Laura Havis of Middlesbrough AC was first under 19 women and Robert White of Buxton AC was first veteran male. Running alongside the senior event juniors aged 6 to 16 also ran. David Carter - Darlington Triathlon and Annabel Stead were first in the under 9 and 11 race. In the under 13 to under 17 category race held over one lap of the senior course, Sophie Quinn (u13) of home club Esk Valley Fell Club was first girl home and Jack Garrett (u17) of Gateshead Harriers first boy.

Thanks to the on the day helpers you were great, your help is appreciated by all, and its not cliché'd to say it don't happen without you. Full results on www.eskvalleyfellclub.org

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The fell races come in threes with the next race the Captain Cooks Races on New Years Day, a bumper turnout is expected with 339 advance entries. Then it's the Comondale Beacon on Sunday 5th January 2020.

Clive

www.eskvalleyfellclub.org

Next Race : Captain Cooks 1st Jan 2020