

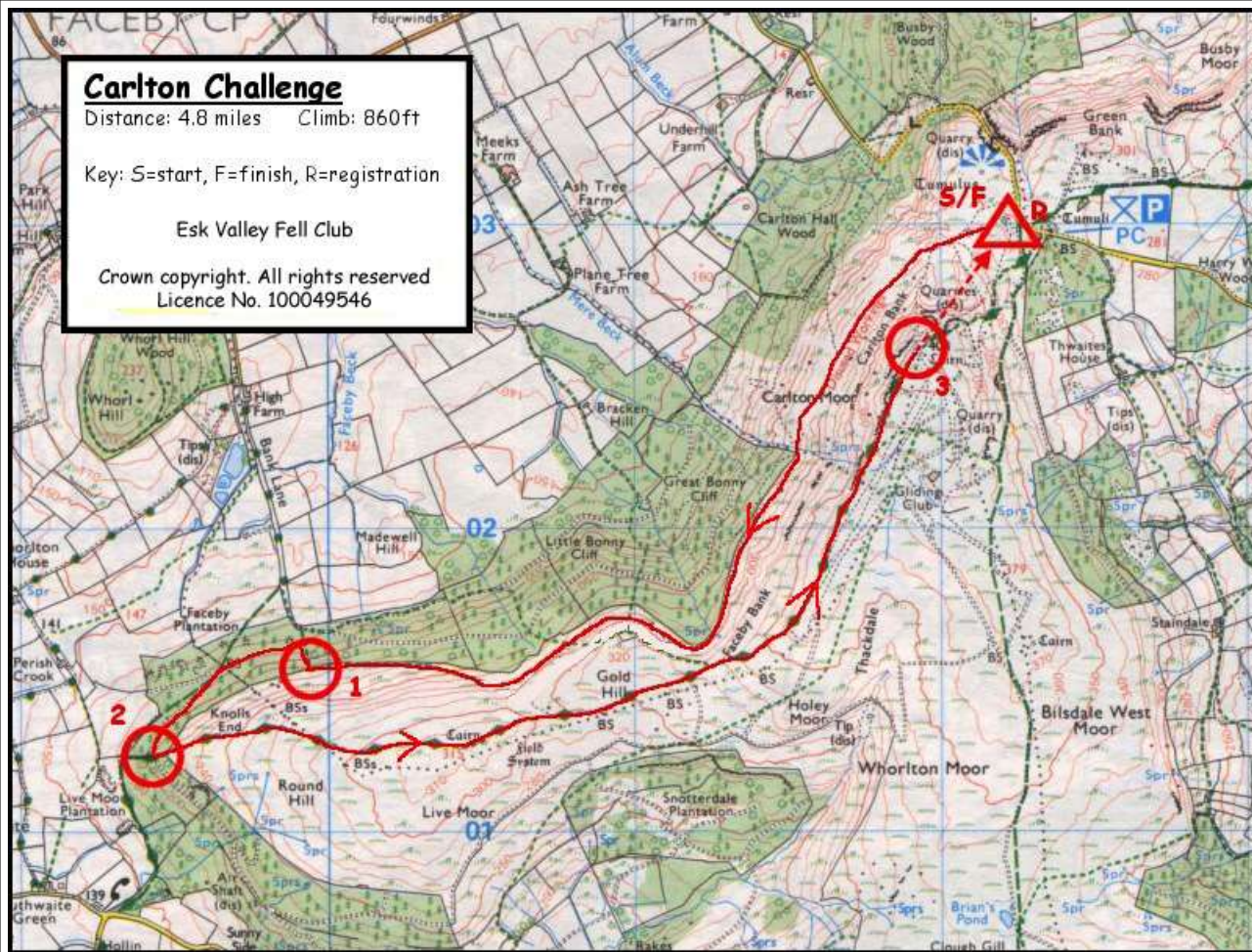
Carlton Challenge

Distance: 4.8 miles Climb: 860ft

Key: S=start, F=finish, R=registration

Esk Valley Fell Club

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The route starts half a mile west of the Lordstones Café but 20 metres to the west of Raisdale Road 523030. The route follows the old Miners Trod across Carlton Bank in a general south westerly direction. This is a well-established route over many years and is the alternative Lyke Wake Race route at this point. You then reach the wood corner at 515023. Proceed now for approximately two and a half Kilometres along the outside of the wood/wall. You are now at 'Bank Lane' moor gate, 499016 [CP1].

Descend through the wood until you meet the main track in the wood (approx. 400metres.) Stay in the wood heading SW until you reach the bottom of 'Jacob's Ladder' (or 'The Devil's Staircase', depending on your persuasion or demeanour) at 495013 [CP2].

Now follow The Cleveland Way along the ridge path to the Trig. at 519026 [CP3]. You may now descend on any acceptable route to the start/finish point. If it's misty athletes tend to reach the finish marshal from every direction so get your compass bearing from the trig ready!