

**Bilsdale Show****27-Aug-22****Dave Parry/Lets Run Summer Series 2022****Race 8**

Pos.	No.	Name	Club	time	cat/pos/pts/Best
1	369	Llewellyn Thomas	Brighton Phoenix	44.15	MO/1/50/50
2	343	Aaron Keys	Middlesbrough and C	45.09	MO/2/48/125
3	373	Andrew Stratton	Royston Runners	45.14	MO/3/46/46
4	105	Rhona Marshall	Scarborough AC	45.43	F40/1/50/246
5	529	Richard Veitch	Esk Valley Fell Club	46.19	M40/1/50/139
6	501	Paul Cook	Esk Valley Fell Club	47.09	M40/2/48/235
7	601	Chris Jefferies	Billingham Marsh Hc	47.29	M45/1/50/329
8	901	Neil Ridsdale	Esk Valley Fell Club	47.43	M60/1/50/336*
9	801	Douglas Howarth	NYMAC	47.49	M55/1/50/229
10	364	Richard Sirrs	Individual#	48.10	MO/4/45/90
11	631	Andrew Ackerley	NYMAC	48.18	M45/2/48/48
12	371	Iain Yates	Wakefield District H	48.19	MO/5/44/44
13	707	Stephen Pugh	Esk Valley Fell Club	48.24	M50/1/50/238*
14	372	Nick Outram	Individual#	48.26	MO/6/43/43
15	710	Julian Wardman	Esk Valley Fell Club	48.34	M50/2/48/321
16	904	Nigel Briggs	NYMAC	49.22	M60/2/48/336
17	370	Rhys Brown	Horsforth Harriers	49.41	MO/7/42/42
18	703	Calvin Nicholson	Billingham Marsh Hc	49.47	M50/3/46/313
19	9	Kirsty Struthers	NYMAC	53.02	FO/1/50/191
20	525	Michael Czekajlo	York Acorn Running	53.08	M40/3/46/89
21	916	Roger Laycock	Settle Harriers	53.14	M60/3/46/91
22	374	Tristan Featherby	Pocklington Runners	53.25	MO/8/41/41
23	158	Sharon Thornton	New Marske Harriers	54.07	F45/1/50/50
24	106	Sarah Walch	Penistone Footpath I	54.14	F40/2/48/233
25	829	Greg Proll	NYMAC	56.41	M55/2/48/48
26	521	Lee Woollams	TS Harriers	56.48	M40/4/45/127
27	159	Freya Brewer	Individual#	57.45	F45/2/48/48
28	957	Andrew Johnson	York Knavesmire Ha	58.27	M65/1/50/148
29	279	Sue Haslam	Scarborough AC	58.42	F65/1/50/250
30	31	Poppy Freeman	St Andrews Universi	58.57	FU23/1/50/50
31	730	Nicholas O'Grady	New Marske Harriers	59.03	M50/4/45/87
32	720	Gary Talbot	Esk Valley Fell Club	59.04	M50/5/44/243
33	908	Michael Clarke	Loftus and Whitby	61.08	M60/4/45/88
34	103	Lynn Humpleby	Pickering Running C	61.25	F40/3/46/91
35	310	Martin Cantwell	Individual#	61.46	MO/9/40/73
36	150	Stephanie Lishman	Individual#	62.04	F45/3/46/296*
37	900	Mark Edwards	NYMAC	62.29	M60/5/44/261
38	706	Miles Sharp	Individual#	66.48	M50/6/43/83
39	912	Anthony Harnett	NYMAC	71.28	M60/6/43/224
40	952	Bob Baker	Otley AC	71.40	M65/2/48/192
41	119	Jennifer Proll	Individual#	73.07	F40/4/45/45
42	120	Gillian Wren	Individual#	73.07	F40/5/44/44
43	951	Donald Buffham	Otley AC	75.04	M65/3/46/139
44	630	Fred Chapman	Solomon Trail Lab	75.39	M45/3/46/46
45	280	Alison Lloyd	NYMAC	75.56	F60/1/50/100
46	117	Karen Wilson	Penistone Footpath I	76.08	F40/6/43/88
47	906	Ian Robinson	Esk Valley Fell Club	76.12	M60/7/42/251
48	975	Michael Hetheron	Pickering Running C	76.27	M75/1/50/194
49	828	Jonathan Fudge	Individual#	77.10	M55/3/46/46
50	250	Ronni Kirkham	Esk Valley Fell Club	79.20	F55/1/50/332
51	17	Lynne Read	Individual#	81.08	FO/2/48/84
52	18	Joanne King	Individual#	81.09	FO/3/46/81
53	950	Graham Robinson	Pickering Running C	88.51	M65/4/45/227

(End)

<b>Teams:</b>	<b>Club</b>	<b>Points</b>	<b>Positions</b>	<b>Team pts/total</b>
<b>male:</b>	1 Esk Valley Fell Club 'A'	28	4,5,7,12	15/98
	2 NYMAC 'A'	54	8,10,15,21	14/79
<b>female:</b>	1 Scarborough AC 'A'	24	1,6,(17)	15/117
	2 NYMAC 'A'	31	2,12,(17)	14/27
	3 Penistone Footpath Run	34	4,13,(17)	13/26

\* = Bonus points not included

# = Non-counter (team)

#### **Comments:**

The cloudy skies gave way to warm verging on hot sunshine by the time of race start for the 53 runners signed up for race 8 in the Dave Parry Lets Run supported by Rab Summer Fell Race Series 2022.

The Bilsdale Show Fell Race is new to the series this year, the route a 5.3 mile/8.5km undulating course over mixed terrain with around 1200'/350m of ascent.

Following a short pre-race briefing the runners were set off at 11.30am. The race was laid out roughly as a triangle, the opening leg up hill along nab ridge, the top of the triangle involved losing most of the climb gained and then having to regain height to the highest point of the race on Hagg House Moor at 375 metres. Then the the final leg home, not all quite downhill and very much mixed terrain through the lovely Tripsdale Valley.

In the tale of the tape it was our most southerly runner Llewellyn Thomas of Brighton Phoenix who claimed victory in a shade under 45 minutes, second home was Aaron Keys Middlebrough and Cleveland and third overall Andrew Stratton of Royston Runners. First male veteran to the cross the line was Richard Veitch Esk Valley Fell Club in fifth overall. In the female race it was Rhona Marshall Scarborough AC fourth overall and first veteran, Kirsty Struthers NYMAC followed Rhona squeezing inside the top 20 and Sharon Thornton New Marske Harriers claimed third. Poppy Freeman St Andrews University Triathlon Club was first under 23.

In the teams competition, Esk Valley Fell Club continued to cement their team competition lead with another victory and Scarborough AC placed first in the female competition.

Thank you to the many volunteers who marshalled on course, Lee Kemp and Christian Selmi for their race day support, Bilsdale Show for supporting North Yorkshire Fell Racing and of course all of the competitors.

Next series counter is the Castleton Show Race on Saturday 10th September 'A road race for fell runners and a fell race for road runners'.

Final Summer Series Counter is Fry-up Frazzler on Sunday 18th September.

Clive Thornton - Esk Valley Fell Club

**Next Race :** Castleton Show Run

10-Sep-22