

Fry-up Frazzler**Dave Parry/Lets Run Summer Series 2022****18-Sep-22****Race 10**

Pos.	No.	Name	Club	time	cat/pos/pts/best
1	302	Sam Leadley	Loftus and Whitby	46.32	MO/1/50/337
2	303	Ewan Sewell	York Knavesmire Ha	46.57	MO/2/48/171
3	331	Adam Thacker	Loftus and Whitby	47.07	MO/3/46/235
4	613	Jeremy Pearson	Individual#	47.17	M45/1/50/98
5	609	Stephen Hardy	Loftus and Whitby	47.27	M45/2/48/98*
6	363	Alexander Harrison Gaze	Loftus and Whitby	47.39	MU23/1/50/100
7	100	Catherine Williamson	Loftus and Whitby	47.42	F40/1/50/350*
8	324	Thomas Naisby	Esk Valley Fell Club	47.49	MO/4/45/133
9	336	Tom Ratcliffe	York Knavesmire Ha	48.46	MO/5/44/86*
10	739	Matt Machouki	Scarborough AC	49.40	M50/1/50/100
11	805	Rob Williamson	Loftus and Whitby	49.45	M55/1/50/290*
12	105	Rhona Marshall	Scarborough AC	50.16	F40/2/48/342
13	319	Paul Lawton	Scarborough AC	50.19	MO/6/43/226
14	601	Chris Jefferies	Billingham Marsh Ho	50.36	M45/3/46/332
15	834	Jim Rogers	City of Hull AC	50.40	M55/2/48/48
16	707	Stephen Pugh	Esk Valley Fell Club	50.54	M50/2/48/286*
17	379	Leon Rodway	TS Harriers	51.07	MO/7/42/42
18	901	Neil Ridsdale	Esk Valley Fell Club	51.39	M60/1/50/346*
19	378	Thomas Sinclair	York Knavesmire Ha	51.58	MO/8/41/41
20	501	Paul Cook	Esk Valley Fell Club	52.05	M40/1/50/330*
21	710	Julian Wardman	Esk Valley Fell Club	52.22	M50/3/46/323
22	800	Joe Blackett	Dark Peak Fell Runn	53.01	M55/3/46/226
23	716	Paul Mead	Individual#	53.07	M50/4/45/132
24	904	Nigel Briggs	NYMAC	53.21	M60/2/48/342*
25	377	Tom Davies	York Knavesmire Ha	53.50	MO/9/40/40
26	703	Calvin Nicholson	Billingham Marsh Ho	54.27	M50/5/44/316
27	740	Tim Hill	Esk Valley Fell Club	55.02	M50/6/43/43
28	629	Russ Grayson	Pickering Running Cl	55.09	M45/4/45/89
29	381	Jonny Goldsbrough	Ripon Runners	55.11	MO/10/39/39
30	607	Matthew Dunn	Pickering Running Cl	55.12	M45/5/44/177
31	922	Colin Harrison	Loftus and Whitby	55.17	M60/3/46/46
32	726	David Aspin	New Marske Harriers	55.28	M50/7/42/85
33	5	Nikki Carr Walls	Scarborough AC	55.55	FO/1/50/148
34	733	Dan Rhodes	Durham Fell Runners	56.20	M50/8/41/86
35	804	Paul Havis	Individual#	56.31	M55/4/45/263
36	831	Alan Life	Clayton le Moors	56.40	M55/5/44/44
37	525	Michael Czekajlo	York Acorn Running	56.52	M40/2/48/137
38	537	Philip Thurlow	Individual#	57.22	M40/3/46/46
39	2	Georgia Campbell	Jarrow and Hebburn	57.58	FO/2/48/246
40	376	Josh Brown	Individual#	58.02	MO/11/38/38
41	375	Stephen Roe	Individual#	58.04	MO/12/37/37
42	835	Peter Walsh	Individual#	58.07	M55/6/43/43
43	521	Lee Woollams	TS Harriers	58.29	M40/4/45/215
44	380	Joshua Goldsbrough	Ripon Runners	59.08	MO/13/36/36
45	212	Katy Rawnsley	Scarborough AC	59.16	F50/1/50/50*
46	999	Neil Scruton	Scarborough AC	59.18	M75/1/50/350
47	714	Richard Johnson	Pickering Running Cl	59.27	M50/9/40/40
48	1	Rebecca Dent	Scarborough AC	60.02	FU23/1/50/250
49	106	Sarah Walch	Penistone Footpath F	60.44	F40/3/46/279
50	279	Sue Haslam	Scarborough AC	61.01	F65/1/50/350
51	918	Alistair Edge	Individual#	61.18	M60/4/45/90
52	604	Phil Baines	Stockton Striders AC	61.29	M45/6/43/259*
53	32	Sarah Roe	Individual#	61.35	FO/3/46/46
54	33	Georgia Williams	Scarborough AC	62.03	FO/4/45/45
55	720	Gary Talbot	Esk Valley Fell Club	63.18	M50/10/39/294

56	737	Chris Bourne	Scarborough AC	63.28	M50/11/38/82
57	603	Stephen Paylor	Individual#	63.31	M45/7/42/85
58	732	David Ternit	Thirsk and Sowerby I	63.47	M50/12/37/161
59	827	Nicholas Cousins	Pickering Running Cl	64.41	M55/7/42/82
60	103	Lynn Humpleby	Pickering Running Cl	66.01	F40/4/45/182
61	213	Bec Horner	Individual#	66.29	F50/2/48/48
62	150	Stephanie Lishman	Individual#	66.32	F45/1/50/346*
63	362	Graeme Casey	Scarborough AC	67.29	MO/14/35/73
64	256	Helen Ashworth	Thirsk and Sowerby I	67.32	F55/1/50/146
65	962	Geoff Usher	Individual#	67.35	M65/1/50/50
66	624	Pascal Dannerolle	Scarborough AC	67.59	M45/8/41/120
67	833	Michael Holtby	Individual#	68.45	M55/8/41/41
68	832	Ian Brown	Individual#	68.46	M55/9/40/40
69	960	Graham Wilkinson	East Hull Harriers	68.53	M65/2/48/48
70	359	Russell Kenton	Individual#	69.04	MO/15/34/70
71	900	Mark Edwards	NYMAC	69.14	M60/5/44/306
72	921	David Anderson	East Hull Harriers	69.59	M60/6/43/43
73	382	Jordan Millward	Esk Valley Fell Club	70.20	MO/16/33/33
74	7	Jessica Jackson	Esk Valley Fell Club	70.53	FO/5/44/134
75	201	Jayne Bowers	Esk Valley Fell Club	71.00	F50/3/46/137
76	34	Lucy Knight	Goodgym	72.58	FO/6/43/43
77	35	Lisa Marfell	Individual#	76.02	FO/7/42/42
78	261	Catherine Moran	Scarborough AC	76.17	F55/2/48/48
79	830	Sid Bollands	Esk Valley Fell Club	76.54	M55/10/39/39*
80	917	Geoff Hine	Esk Valley Fell Club	77.13	M60/7/42/128
81	715	Russ Kelly	Redcar Running Clut	77.27	M50/13/36/185
82	250	Ronni Kirkham	Esk Valley Fell Club	77.57	F55/3/46/333*
83	538	Paul Smith	Pickering Running Cl	79.03	M40/5/44/44
84	961	Ian Harmer	Esk Valley Fell Club	84.13	M65/3/46/46
85	950	Graham Robinson	Pickering Running Cl	104.54	M65/4/45/272*
86	262	Hilary Coventry	Thirsk and Sowerby I	RET	F55/0/0/0

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 Loftus and Whitby 'A'	15	1,3,5,6	15/57
	2 York Knavesmire Harrier	50	2,8,17,23	14/64
	3 Esk Valley Fell Club 'A'	55	7,14,16,18	13/125
	4 Scarborough AC 'A'	107	9,11,41,46	12/39
	5 Pickering Running Club '	145	26,28,42,49	11/77
	6 Esk Valley Fell Club 'B'	148	19,25,45,59	10/40
female:	1 Scarborough AC 'A'	10	2,3,5	15/147
	2 Scarborough AC 'B'	24	6,8,10	14/28
	3 Esk Valley Fell Club 'A'	51	15,16,20	13/40

* = Bonus points not included

= Non-counter (team)

Comments:

It was mild weather conditions with a light cloud cover that greeted fell runners to the final event of the Dave Parry Lets Run supported by Rab Summer Fell Race Series 2022. The overall series for both men and women was still up for grabs as well as many of the age categories still to be decided. In team competitions, both the Scarborough AC women and Esk Valley Fell Club men had done enough in the previous nine races to see the titles and North Yorkshire kudos.

In the mens race just over a minute separated the top 7 finishers, so it was a battle royal throughout the race, with a navigation error, a dodgy race line or a trip or slip being enough to change the result. It was though Sam Leadley Loftus and Whitby who won out from Ewan Sewell of York Knavesmire and team mate Adam Thacker in third. Supported by Aleander Harrison and Stephen Hardy it was Loftus and Whitby who claimed the mens team victory.

In the women's race it was Catherine Williamson Loftus and Whitby who placed seventh overall, just shy of Caroline Lambert's course record who raced to victory. Rhona Marshall Scarborough AC placed second and 12th overall, with Nikki Carr Walls Scarborough AC in third and along with Katy Rawnsley fifth claimed the team victory for Scarborough AC.

Thanks to Dave Parke and Bob Lillie and all the volunteers from Scarborough AC and the fell community who organised the race, and also thanks to Yorkshire Cycle Hub a terrific venue.

As we wave goodbye to the summer series, we thank Rab for their support in conjunction with Lets Run, vouchers are being issued for earlier races in the summer series along with Castleton Show and Fryup.

Next event and first of the winter series is Lockton Limping on Sunday 23 October 2022, event via SI Entries, site open very soon.

Clive Thornton
Esk Valley Fell Club

Next Race : Lockton Limping Sunday 23rd October 2022