

Lockton Limping**23-Oct-22****Dave Parry/Lets Run Winter Series 2022-23****Race 1**

| Pos. | No. | Name | Club | time | cat/pos/pts |
|------|-----|-------------------|-----------------------------|-------|-------------|
| 1 | 500 | Daniel Bateson | Scarborough Athletic | 50.29 | M40/1/50 |
| 2 | 306 | Steven Donaldson | Esk Valley Fell Club | 50.38 | MO/1/50 |
| 3 | 304 | Rory Stead | North Leeds Fell Run | 51.42 | MO/2/48 |
| 4 | 300 | Jack Mudd-Bowes | Individual# | 54.20 | MU23/1/50 |
| 5 | 607 | Will Herman | Wharfedale Harriers | 54.26 | M45/1/50 |
| 6 | 309 | Thomas Naisby | Esk Valley Fell Club | 54.50 | MO/3/46 |
| 7 | 666 | Paul Butler | Scarborough Athletic | 55.09 | M55/1/50 |
| 8 | 301 | Kian Stead | Individual# | 55.18 | MU23/2/48 |
| 9 | 602 | Gareth Green | York Knavesmire Harriers | 55.35 | M45/2/48 |
| 10 | 319 | Paul Lawton | Scarborough Athletic | 55.57 | MO/4/45 |
| 11 | 721 | Adrian Bushby | City of Hull AC | 56.03 | M50/1/50 |
| 12 | 321 | Rorie McIntosh | Esk Valley Fell Club | 56.06 | MO/5/44 |
| 13 | 305 | Peter Allen | Pickering Running Club | 56.17 | MO/6/43 |
| 14 | 505 | Stephen Tilford | Wakefield District Harriers | 56.35 | M40/2/48 |
| 15 | 704 | Simon Rycroft | Pickering Running Club | 57.20 | M50/2/48 |
| 16 | 312 | Glynn Ellwood | York Knavesmire Harriers | 58.01 | MO/7/42 |
| 17 | 316 | Peter Ellis | Individual# | 58.11 | MO/8/41 |
| 18 | 805 | Kevin Mccloughlin | North York Moors AC | 58.21 | M55/2/48 |
| 19 | 616 | Giles Hawking | York Knavesmire Harriers | 59.03 | M45/3/46 |
| 20 | 313 | Oli Read | York Knavesmire Harriers | 59.12 | MO/9/40 |
| 21 | 715 | Simon Jones | Pickering Running Club | 59.17 | M50/3/46 |
| 22 | 604 | Michael Richmond | Pickering Running Club | 59.23 | M45/4/45 |
| 23 | 714 | Stephen Pugh | Esk Valley Fell Club | 59.39 | M50/4/45 |
| 24 | 914 | Neil Ridsdale | Esk Valley Fell Club | 59.45 | M60/1/50 |
| 25 | 603 | Paul Hodgson | Durham Fell Runners | 59.48 | M45/5/44 |
| 26 | 613 | Richard Veitch | Esk Valley Fell Club | 60.18 | M45/6/43 |
| 27 | 708 | Glyn Hewitt | Scarborough Athletic | 60.28 | M50/5/44 |
| 28 | 303 | Nicholas Rowley | Esk Valley Fell Club | 60.31 | MO/10/39 |
| 29 | 706 | Peter Massey | Goodgym | 60.44 | M50/6/43 |
| 30 | 615 | Paul Woolhouse | Pickering Running Club | 60.50 | M45/7/42 |
| 31 | 908 | Barry Atkinson | York Knavesmire Harriers | 61.11 | M60/2/48 |
| 32 | 102 | Rhona Marshall | Scarborough Athletic | 61.15 | F40/1/50 |
| 33 | 511 | Paul Cook | Esk Valley Fell Club | 61.59 | M40/3/46 |
| 34 | 707 | David Bannister | York Acorn Running Club | 62.28 | M50/7/42 |
| 35 | 700 | Chris Jefferies | Billingham Marsh Harriers | 62.33 | M50/8/41 |
| 36 | 702 | Calvin Nicholson | Billingham Marsh Harriers | 62.40 | M50/9/40 |
| 37 | 3 | Susannah Reid | York Knavesmire Harriers | 62.59 | FO/1/50 |
| 38 | 322 | Richard Purser | York Knavesmire Harriers | 63.23 | MO/11/38 |
| 39 | 906 | Kevin Holmes | Individual# | 63.56 | M60/3/46 |
| 40 | 5 | Ursula Moore | York Knavesmire Harriers | 64.14 | FO/2/48 |
| 41 | 710 | Simon Burnley | Scarborough Athletic | 64.16 | M50/10/39 |
| 42 | 806 | Paul Havis | Individual# | 64.19 | M55/3/46 |
| 43 | 718 | Julian Wardman | Esk Valley Fell Club | 64.21 | M50/11/38 |
| 44 | 310 | Tristan Featherby | Pocklington Runners | 64.35 | MO/12/37 |
| 45 | 617 | Ian Oldham | Esk Valley Fell Club | 65.08 | M45/8/41 |
| 46 | 4 | Kelly Gaughan | Pickering Running Club | 65.48 | FO/3/46 |
| 47 | 705 | Alistair Chant | Eryri Harriers | 65.53 | M50/12/37 |
| 48 | 904 | Nigel Briggs | North York Moors AC | 65.55 | M60/4/45 |
| 49 | 618 | Gordon Warmesley | York Knavesmire Harriers | 66.15 | M45/9/40 |
| 50 | 610 | Michael Quinn | Esk Valley Fell Club | 66.38 | M45/10/39 |
| 51 | 314 | Richard Tarrega | York Knavesmire Harriers | 67.06 | MO/13/36 |
| 52 | 506 | Stewart Nichol | St Theresa's A.C. | 67.15 | M40/4/45 |
| 53 | 210 | Jean Powell | Wharfedale Harriers | 67.58 | F50/1/50 |
| 54 | 7 | Georgia Campbell | Jarrow & Hebburn AC | 68.27 | FO/4/45 |
| 55 | 900 | Laurence Wood | Scarborough Athletic | 68.28 | M60/5/44 |

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|-----|-----|----------------------|------------------------|-------|-----------|
| 56 | 508 | Richard Gover | York Acorn Running | 68.42 | M40/5/44 |
| 57 | 207 | Trudy Morrice | Thirsk & Sowerby Ha | 68.47 | F50/2/48 |
| 58 | 609 | Dale Hepples | Scarborough Athletic | 68.54 | M45/11/38 |
| 59 | 501 | Michal Czekajlo | York Acorn Running | 68.57 | M40/6/43 |
| 60 | 504 | Mic Bates | Individual# | 69.09 | M40/7/42 |
| 61 | 614 | David Mellor | St Theresa's A.C. | 69.43 | M45/12/37 |
| 62 | 200 | Katy Rawnsley | Scarborough Athletic | 70.18 | F50/3/46 |
| 63 | 307 | Graham Miller | Loftus & Whitby AC | 70.29 | MO/14/35 |
| 64 | 320 | Shaun Flewker-Barker | Redcar Running Clu | 70.34 | MO/15/34 |
| 65 | 999 | Neil Scruton | Scarborough AC | 70.39 | M75/1/50 |
| 66 | 911 | Andrew Robertson | Scarborough Athletic | 70.41 | M60/6/43 |
| 67 | 100 | Kimberley Cavill | Pickering Running Cl | 70.43 | F40/2/48 |
| 68 | 808 | Mark May | Scarborough Athletic | 70.58 | M55/4/45 |
| 69 | 713 | Richard Clark | Esk Valley Fell Club | 71.09 | M50/13/36 |
| 70 | 802 | Peter Walsh | Loftus & Whitby AC | 71.14 | M55/5/44 |
| 71 | 290 | Sue Haslam | Scarborough Athletic | 71.23 | F65/1/50 |
| 72 | 722 | Richard Johnson | Pickering Running Cl | 72.16 | M50/14/35 |
| 73 | 701 | Tony Millard | Blue Lagoon Triathlo | 72.30 | M50/15/34 |
| 74 | 902 | Matt Rylatt | York Triathlon Club | 72.41 | M60/7/42 |
| 75 | 318 | Michael Bott | Individual# | 73.15 | MO/16/33 |
| 76 | 11 | Lucy Needham | Wharfedale Harriers | 73.43 | FO/5/44 |
| 77 | 103 | Kim Kennedy | Clayton-le-Moors Ha | 73.50 | F40/3/46 |
| 78 | 206 | Julia Jackson | Loftus & Whitby AC | 73.57 | F50/4/45 |
| 79 | 910 | Michael Wilson | Pickering Running Cl | 74.01 | M60/8/41 |
| 80 | 315 | Sean Mcewan | Scarborough Athletic | 74.08 | MO/17/32 |
| 81 | 108 | Sarah Walch | Penistone Footpath F | 74.11 | F40/4/45 |
| 82 | 509 | Lee Woolams | TS Harriers | 74.14 | M40/8/41 |
| 83 | 278 | Caroline Glover | Wharfedale Harriers | 74.18 | F60/1/50 |
| 84 | 111 | Jess Evans | St Theresa's A.C. | 74.25 | F40/5/44 |
| 85 | 954 | Trevor Symonds | Northern Fells Runni | 74.46 | M65/1/50 |
| 86 | 804 | Neil Gammack | Northumberland Fell | 74.48 | M55/6/43 |
| 87 | 807 | David Field | Scarborough Athletic | 75.10 | M55/7/42 |
| 88 | 202 | Fay Hethershaw | Scarborough Athletic | 75.12 | F50/5/44 |
| 89 | 503 | Dave Bates | Individual# | 75.14 | M40/9/40 |
| 90 | 107 | Helen Spring | York Acorn Running | 75.43 | F40/6/43 |
| 91 | 203 | Bec Horner | Individual# | 75.57 | F50/6/43 |
| 92 | 9 | Sarah Roe | Individual# | 75.59 | FO/6/43 |
| 93 | 719 | Andrew Johnson | Beverley AC | 76.05 | M50/16/33 |
| 94 | 13 | Claire Haslam | Individual# | 76.08 | FO/7/42 |
| 95 | 712 | Alan Simpson | Thirsk & Sowerby Ha | 76.11 | M50/17/32 |
| 96 | 909 | Michael Clarke | Loftus & Whitby AC | 76.32 | M60/9/40 |
| 97 | 606 | Steve Gilbert | Individual# | 76.47 | M45/13/36 |
| 98 | 717 | Chris Bourne | Scarborough Athletic | 77.11 | M50/18/31 |
| 99 | 151 | Andrea Lancaster | York Knavesmire Ha | 77.54 | F45/1/50 |
| 100 | 113 | Caroline Graham | Swaledale Runners | 78.12 | F40/7/42 |
| 101 | 14 | Ruth Kaftirani | Pickering Running Cl | 78.15 | FO/8/41 |
| 102 | 204 | Julie Towse | Horsforth Fellandale | 78.35 | F50/7/42 |
| 103 | 800 | Gary Talbot | Esk Valley Fell Club | 78.41 | M55/8/41 |
| 104 | 6 | Melanie Ellwood | York Knavesmire Ha | 79.14 | FO/9/40 |
| 105 | 608 | Pascal Dannerolle | Scarborough Athletic | 79.19 | M45/14/35 |
| 106 | 106 | Lynn Humpleby | Pickering Running Cl | 79.41 | F40/8/41 |
| 107 | 907 | Chris Buckley | Individual# | 79.47 | M60/10/39 |
| 108 | 153 | Steph Lishman | Individual# | 80.36 | F45/2/48 |
| 109 | 977 | Geoff Towers | Individual# | 80.42 | M70/1/50 |
| 110 | 10 | Nicola Gover | York Acorn Running | 81.41 | FO/10/39 |
| 111 | 507 | Glynn Jennison | East Hull Harriers & / | 81.54 | M40/10/39 |
| 112 | 720 | Lee Shephard | Individual# | 81.59 | M50/19/30 |
| 113 | 277 | Susan Slack | Pickering Running Cl | 82.23 | F60/2/48 |
| 114 | 252 | Nicola Thorpe | Individual# | 82.25 | F55/1/50 |

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| 115 | 913 | Richard Parkin | Beverley AC | 82.37 | M60/11/38 |
| 116 | 952 | Mark Edwards | North York Moors AC | 83.09 | M65/2/48 |
| 117 | 205 | Mary Dryden | Individual# | 83.22 | F50/8/41 |
| 118 | 251 | Helen Ashworth | Thirsk & Sowerby Ha | 84.22 | F55/2/48 |
| 119 | 711 | Richard Crone | East Hull Harriers & J | 85.28 | M50/20/29 |
| 120 | 308 | Jordan Millward | Esk Valley Fell Club | 86.05 | MO/18/31 |
| 121 | 112 | Amber Botham | Scarborough Athletic | 86.15 | F40/9/40 |
| 122 | 317 | Mark Booth | Individual# | 86.17 | MO/19/30 |
| 123 | 201 | Jayne Bowers | Esk Valley Fell Club | 86.19 | F50/9/40 |
| 124 | 905 | David Stephenson | Pickering Running Cl | 86.22 | M60/12/37 |
| 125 | 275 | Carol Wilson | Pickering Running Cl | 86.49 | F60/3/46 |
| 126 | 978 | Richard Bromley | Individual# | 87.08 | M70/2/48 |
| 127 | 1 | Eloise Strevens | Individual# | 87.44 | FU23/1/50 |
| 128 | 803 | Dave Strevens | Individual# | 87.51 | M55/9/40 |
| 129 | 915 | Tim Joynson | Ripon Runners | 88.50 | M60/13/36 |
| 130 | 101 | Fran Jeffery | Thirsk & Sowerby Ha | 89.48 | F40/10/39 |
| 131 | 114 | Andrea Whitehead | Selby Striders | 90.08 | F40/11/38 |
| 132 | 208 | Debbie Rycroft | Pickering Running Cl | 90.57 | F50/10/39 |
| 133 | 150 | Alice Hayter | Pickering Running Cl | 91.21 | F45/3/46 |
| 134 | 254 | Julie Clayton | Scarborough Athletic | 92.29 | F55/3/46 |
| 135 | 901 | Ian Robinson | Esk Valley Fell Club | 93.20 | M60/14/35 |
| 136 | 955 | Martin White | New Marske Harriers | 93.32 | M65/3/46 |
| 137 | 953 | Bob Baker | Otley AC | 93.36 | M65/4/45 |
| 138 | 110 | Lisa Baker | Scarborough Athletic | 95.06 | F40/12/37 |
| 139 | 975 | Robert Lillie | Scarborough Athletic | 96.27 | M70/3/46 |
| 140 | 950 | Donald Buffham | Otley AC | 97.08 | M65/5/44 |
| 141 | 276 | Clare Winspear | Individual# | 99.31 | F60/4/45 |
| 142 | 104 | Kathryn Waterworth | Individual# | 100.06 | F40/13/36 |
| 143 | 311 | Chris Crooks | Individual# | 100.08 | MO/20/29 |
| 144 | 611 | Barry Cooper | Individual# | 103.03 | M45/15/34 |
| 145 | 105 | Eleanor Jones | Individual# | 103.42 | F40/14/35 |
| 146 | 255 | Gail Barnard | Scarborough Athletic | 103.45 | F55/4/45 |
| 147 | 12 | Laura Bennett | York Acorn Running | 104.20 | FO/11/38 |
| 148 | 253 | Sally Kingscott | Scarborough Athletic | 105.25 | F55/5/44 |
| 149 | 956 | Ian Harmer | Esk Valley Fell Club | 107.20 | M65/6/43 |
| 150 | 8 | Holly Willats | Pickering Running Cl | 107.39 | FO/12/37 |
| 151 | 152 | Serena Partridge | Pickering Running Cl | 108.14 | F45/4/45 |
| 152 | 279 | Shirley Tyrrell | Pickering Running Cl | 108.18 | F60/5/44 |
| 153 | 951 | Andrew Johnson | York Knavesmire Ha | RET | M65/0/0 |

(End)

| Teams: | Club | Points | Positions | Team pts |
|--------------|-----------------------------|--------|--------------|----------|
| male: | 1 Esk Valley Fell Club 'A' | 43 | 2,6,12,23 | 15 |
| | 2 Scarborough Athletic Clu | 45 | 1,7,10,27 | 14 |
| | 3 York Knavesmire Harrier | 64 | 9,16,19,20 | 13 |
| | 4 Pickering Running Club ' | 71 | 13,15,21,22 | 12 |
| | 5 Esk Valley Fell Club 'B' | 110 | 24,26,28,32 | 11 |
| | 6 York Knavesmire Harrier | 159 | 31,36,45,47 | 10 |
| | 7 Esk Valley Fell Club 'C' | 188 | 40,42,46,60 | 9 |
| | 8 Scarborough Athletic Clu | 196 | 38,49,51,58 | 8 |
| | 9 Pickering Running Club ' | 247 | 30,62,66,89 | 7 |
| | 10 Scarborough Athletic Clu | 274 | 59,67,71,77 | 6 |
| | 11 Esk Valley Fell Club 'D' | 358 | 78,87,93,100 | 5 |

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|----------------|----|--------------------------|-----|------------|----|
| female: | 1 | Scarborough Athletic Clu | 19 | 1,8,10 | 15 |
| | 2 | York Knavesmire Harrier | 27 | 2,3,22 | 14 |
| | 3 | Wharfedale Harriers 'A' | 31 | 5,11,15 | 13 |
| | 4 | Pickering Running Club | 37 | 4,9,24 | 12 |
| | 5 | Thirsk & Sowerby Harrier | 78 | 7,33,38 | 11 |
| | 6 | Pickering Running Club | 93 | 27,30,36 | 10 |
| | 7 | Scarborough Athletic Clu | 93 | 17,34,42 | 9 |
| | 8 | York Acorn Running Clu | 95 | 18,29,48 | 8 |
| | 9 | Pickering Running Club | 131 | 40,41,50 | 7 |
| | 10 | Scarborough Athletic Clu | 139 | 43,47,49 | 6 |
| | 11 | Pickering Running Club | 156 | 51,52,(53) | 5 |

* = Bonus points not included

= Non-counter (team)

Comments:

It was a day of mixed weather for Lockton Limping the first event in the Dave Parry/Lets Run supported by Rab Winter Fell Race Series 2022/23. Sunshine on the western edge of the North Yorkshire Moors turned into a thick clag as competitors approached registration, then as the skies cleared for the majority of the race, a torrential downpour soaked the race finishers.

It was a field of 152 runners that were poised for the starters shout of go, recent rain meant mixed underfoot conditions, the seemingly endless summer an increasingly distant memory.

Jack Mudd Bowes Individual made the early running, though the youngster and first under 23 home was caught by duo Steve Donaldson Esk Valley Fell Club and Daniel Bateson (V40) Scarborough Athletic Club. It remained nip and tuck between the two for the remainder of race, with Daniel just pulling out a 9 second lead on the final climb, finishing in 50 minutes 29 seconds, just 40 seconds shy of the course record.

Rory Stead North Leeds Fell Runners finished third, with Jack fourth and Will Herman (V45) Wharfedale Harriers fifth. With the Fell Runners Association keen to see V75 and V80 categories in the world mountain running masters championships and looking for race examples it was good to see Neil Scruton (V75) Scarborough Athletic Club finishing well inside the top half of the field in 65th in a time of one hour ten minutes. Our V80 competitor Ronnie Sherwood New Marske Harriers Club, was unable to start this morning.

In the womens race it was again a veteran to the fore with Rhona Marshall (V40) Scarborough Athletic Club claiming victory from Susannah Reid in second and Ursula Moore third, both of York Knavesmire Harriers. Kelly Gaugham of home club Pickering Ruining Club placed fourth and Jean Powell (F50) Wharfedale harriers fifth.

The mens team competition was very close with two points separating Esk Valley Fell Club as victors from Scarborough Athletic Club.

Scarborough went one better in the womens competition with victory from Knavesmire in second.

A big thank you to Nick Cousins of Pickering Running Club and his team of volunteers, thanks also to the Village Hall volunteers who put on a great post-race spread.

There was also opportunity to hand out some of the remaining Winter Series 2021/22 awards and the latest set of awards for the Summer Series 2022. A big well done to the winners, the top five, the age category winners and of course the Endurance qualifiers. Next event is Saltergate Gallows on Sunday 13th November 2022, no advance entry for this one its entry on the day and of course bring your race numbers if you competed at Lockton. Saltergate is an FRA BL category fell race so if you are looking for a Three Peaks qualifier then this is one of them.

Regards

Clive Thornton - Esk Valley Fell Club

Next Race : Saltergate Gallows

13-Nov-22