

Saltergate Gallows**Dave Parry/Lets Run Winter Series 2022-23****13-Nov-22****Race 2**

Pos.	No.	Name	Club	time	cat/pos/pts/total
1	306	Steven Donaldson	Esk Valley Fell Club	90.52	MO/1/50/100
2	344	Rory Bevin	Individual#	91.17	MO/2/48/48
3	304	Rory Stead	North Leeds Fell Ru	91.31	MO/3/46/94
4	334	Andy Collier	Individual#	92.15	MO/4/45/45
5	336	Scott Coates	Individual#	93.29	MO/5/44/44
6	621	Craig Gath	Easingwold Running	94.30	M45/1/50/50
7	620	John Butters	Northumberland Fell	95.02	M45/2/48/48
8	326	Darryl Koekemoer	Scarborough Athletic	95.15	MO/6/43/43
9	601	Damian Kilpin	Penistone Footpath I	95.27	M45/3/46/46
10	324	Richie Hughes	Northumberland Fell	95.38	MO/7/42/42
11	25	Caroline Lambert	Middlesbrough AC (F	95.43	FO/1/50/50
12	332	Joe Stringer	Northumberland Fell	95.49	MO/8/41/41
13	519	Tim Grimwood	Swaledale Runners	96.58	M40/1/50/50
14	301	Kian Stead	Individual#	97.10	MU23/1/50/98
15	305	Peter Allen	Pickering Running C	98.04	MO/9/40/83
16	622	Dan Thompson	Individual#	98.07	M45/4/45/45
17	328	Andrew Armin	Saltwell Harriers	98.10	MO/10/39/39
18	319	Paul Lawton	Scarborough Athletic	98.39	MO/11/38/83
19	321	Rorie McIntosh	Esk Valley Fell Club	99.05	MO/12/37/81
20	619	Phillip Elliott	York Knavesmire Ha	99.10	M45/5/44/44
21	723	Lee Bennett	Northumberland Fell	99.21	M50/1/50/50
22	115	Catherine Williamson	Loftus & Whitby AC	99.34	F40/1/50/50
23	814	Dave Parker	St Theresa's A.C.	99.58	M55/1/50/50
24	325	Robert Preston	Scarborough Athletic	100.48	MO/13/36/36
25	342	Daniel Josephs	Roundhay Runners	101.52	MO/14/35/35
26	513	Adam Hartley	York Triathlon Club	101.54	M40/2/48/48
27	303	Nicholas Rowley	Esk Valley Fell Club	102.00	MO/15/34/73
28	2	Rose Mather	York Knavesmire Ha	102.05	FO/2/48/48
29	813	Rob Williamson	Loftus & Whitby AC	102.42	M55/2/48/48
30	341	Iain Yates	Wakefield District H	103.01	MO/16/33/33
31	624	Matthew Jones	Orkneg Athletic	103.38	M45/6/43/43
32	724	Dave Smith	Pickering Running C	103.53	M50/2/48/48
33	102	Rhona Marshall	Scarborough Athletic	105.56	F40/2/48/98
34	511	Paul Cook	Esk Valley Fell Club	106.29	M40/3/46/92
35	335	Josh Ellis	Vegan Runners UK	106.57	MO/17/32/32
36	715	Simon Jones	Pickering Running C	107.06	M50/3/46/92
37	726	Paul Watson	Spensorough and Di	107.57	M50/4/45/45
38	908	Barry Atkinson	York Knavesmire Ha	109.00	M60/1/50/98
39	313	Oli Read	York Knavesmire Ha	109.09	MO/18/31/71
40	343	Glyn Smith	Individual#	109.46	MO/19/30/30
41	615	Paul Woolhouse	Pickering Running C	109.49	M45/7/42/84
42	707	David Bannister	York Acorn Running	110.15	M50/5/44/86
43	809	Tim Gill	Individual#	111.01	M55/3/46/46
44	816	Tim Hill	Esk Valley Fell Club	111.15	M55/4/45/45
45	516	Jamie Ward	Scarborough Athletic	111.26	M40/4/45/45
46	702	Calvin Nicholson	Billingham Marsh Hc	111.29	M50/6/43/83
47	727	Paul Mead	Individual#	111.36	M50/7/42/42
48	517	Boyd Brad	Pickering Running C	111.44	M40/5/44/44
49	725	Andy Blades	Pickering Running C	113.12	M50/8/41/41
50	812	Gary Dack	Individual#	113.23	M55/5/44/44
51	914	Neil Ridsdale	Esk Valley Fell Club	113.32	M60/2/48/98
52	337	Adam Alexander	Esk Valley Fell Club	114.16	MO/20/29/29
53	906	Kevin Holmes	Individual#	114.45	M60/3/46/92
54	815	Ian Beaver	Scarborough Athletic	116.13	M55/6/43/43
55	327	Stephen Roe	Individual#	116.56	MO/21/28/28

56	311	Chris Crooks	Individual#	117.17	MO/22/27/56
57	7	Georgia Campbell	Jarrow & Hebburn A	117.40	FO/3/46/91
58	307	Graham Miller	Loftus & Whitby AC	118.08	MO/23/26/61
59	501	Michal Czekajlo	York Acorn Running	118.26	M40/6/43/86
60	510	Thomas Jones	Esk Valley Fell Club	118.31	M40/7/42/42
61	806	Paul Havis	Individual#	120.11	M55/7/42/88
62	330	John Thorburn	Individual#	121.39	MO/24/25/25
63	207	Trudy Morrice	Thirsk & Sowerby H	121.48	F50/1/50/98
64	919	Roger Laycock	Settle Harriers	121.56	M60/4/45/45
65	728	Dan Rhodes	Durham Fell Runner	123.03	M50/9/40/40
66	802	Peter Walsh	Loftus & Whitby AC	123.04	M55/8/41/85
67	701	Tony Millard	Blue Lagoon Triathl	123.11	M50/10/39/73
68	911	Andrew Robertson	Scarborough Athletic	123.21	M60/5/44/87
69	700	Chris Jefferies	Billingham Marsh H	123.31	M50/11/38/79
70	904	Nigel Briggs	North York Moors A	123.55	M60/6/43/88
71	515	Matt Hindmarch	Vale of York	124.15	M40/8/41/41
72	116	Abbie Hull	Quakers Running Cl	127.24	F40/3/46/46
73	15	Lou Stringer	York Knavesmire Ha	127.46	FO/4/45/45
74	518	Danny Lim	FRA	128.29	M40/9/40/40
75	211	Nina Cameron	Northumberland Fell	128.40	F50/2/48/48
76	340	Josh Goldsbrough	Ripon Runners	129.00	MO/25/24/24
77	329	Sam Lawther	Individual#	129.06	MO/26/23/23
78	916	Martin Woodhead	Mynydd Du	129.19	M60/7/42/42
79	323	Timothy Woodhead	Mynydd Du	129.20	MO/27/22/22
80	520	Crawford Gamble	Individual#	129.25	M40/10/39/39
81	20	Rebecca Dent	Scarborough Athletic	129.38	FO/5/44/44
82	920	Louis Hume	Esk Valley Fell Club	129.42	M60/8/41/41
83	712	Alan Simpson	Thirsk & Sowerby H	129.54	M50/12/37/69
84	151	Andrea Lancaster	York Knavesmire Ha	130.04	F45/1/50/100
85	108	Sarah Walch	Penistone Footpath	130.14	F40/4/45/90
86	9	Sarah Roe	Individual#	130.32	FO/6/43/86
87	623	Phillip Baines	Stockton Striders AC	131.41	M45/8/41/41
88	954	Trevor Symonds	Northern Fells Runni	132.00	M65/1/50/100
89	907	Chris Buckley	Individual#	132.00	M60/9/40/79
90	345	Alex Hume	Individual#	132.04	MO/28/21/21
91	514	Ed Snow	York Acorn Running	132.20	M40/11/38/38
92	278	Caroline Glover	Wharfedale Harriers	133.02	F60/1/50/100
93	900	Laurence Wood	Scarborough Athletic	133.07	M60/10/39/83
94	155	Nina Mason	Elvet Striders	133.13	F45/2/48/48
95	154	Laura Sutcliffe	Individual#	135.21	F45/3/46/46
96	918	Marc Davies	Thirsk & Sowerby H	136.36	M60/11/38/38
97	107	Helen Spring	York Acorn Running	139.52	F40/5/44/87
98	204	Julie Towse	Horsforth Fellandale	140.13	F50/3/46/88
99	977	Geoff Towers	Individual#	140.31	M70/1/50/100
100	252	Nicola Thorpe	Individual#	140.44	F55/1/50/100
101	113	Caroline Graham	Swaledale Runners	141.23	F40/6/43/85
102	800	Gary Talbot	Esk Valley Fell Club	141.33	M55/9/40/81
103	112	Amber Botham	Scarborough Athletic	142.00	F40/7/42/82
104	958	Andrew Duncan	Northumberland Fell	142.21	M65/2/48/48
105	339	Stephen McQuinn	Individual#	143.34	MO/29/20/20
106	317	Mark Booth	Individual#	143.35	MO/30/19/49
107	811	Nicholas Cousins	Pickering Running C	143.53	M55/10/39/39*
108	256	Denise Tunstall	Durham Fell Runner	144.26	F55/2/48/48
109	713	Richard Clark	Esk Valley Fell Club	144.41	M50/13/36/72
110	24	Kirsty Brown	Pickering Running C	145.26	FO/7/42/42
111	153	Steph Lishman	Individual#	145.33	F45/4/45/93
112	277	Susan Slack	Pickering Running C	146.07	F60/2/48/96
113	18	Laura Taylor	Northumberland Fell	147.00	FO/8/41/41
114	331	Joe Taylor	Individual#	147.00	MO/31/18/18
115	19	Lucy Knight	Goodgym Race Tear	150.51	FO/9/40/40

116	251	Helen Ashworth	Thirsk & Sowerby Harrier	152.19	F55/3/46/94
117	512	James Campbell	Coalfields Triathlon Club	152.30	M40/12/37/37
118	16	Emma Foxley	North York Moors AC	153.15	FO/10/39/39
119	810	Paul Haydon	FRA	155.35	M55/11/38/38
120	952	Mark Edwards	North York Moors AC	155.37	M65/3/46/94
121	957	Colin Bell	Otley AC	162.32	M65/4/45/45
122	201	Jayne Bowers	Esk Valley Fell Club	165.41	F50/4/45/85
123	212	Jenny Hill	Esk Valley Fell Club	165.41	F50/5/44/44
124	254	Julie Clayton	Scarborough Athletic	166.34	F55/4/45/91
125	21	Lisa Marfell	Individual#	167.53	FO/11/38/38
126	338	Jonny Goldsbrough	Ripon Runners	167.56	MO/32/17/17
127	23	Sarah Granger	Individual#	169.17	FO/12/37/37
128	110	Lisa Baker	Scarborough Athletic	169.17	F40/8/41/78
129	276	Clare Winspear	Individual#	171.34	F60/3/46/91
130	333	Graeme Casey	Scarborough Athletic	177.07	MO/33/16/16
131	613	Richard Veitch	Esk Valley Fell Club	RET	M45/0/0/43

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 Northumberland Fell Runners	48	7,10,11,20	15/15
	2 Esk Valley Fell Club 'A'	74	1,18,25,30	14/29
	3 Scarborough Athletic Club	88	8,17,22,41	13/27
	4 Pickering Running Club	112	14,29,32,37	12/24
	5 Esk Valley Fell Club 'B'	190	40,47,48,55	11/22
	6 Scarborough Athletic Club	285	50,62,79,94	10/18
female:	1 York Knavesmire Harriers	22	3,8,11	15/29
	2 Scarborough Athletic Club	35	4,10,21	14/29
	3 Thirsk & Sowerby Harriers	71	6,28,(37)	13/24
	4 Northumberland Fell Runners	72	9,26,(37)	12/12
	5 Pickering Running Club	85	23,25,(37)	11/23
	6 Esk Valley Fell Club 'A'	98	30,31,(37)	10/10
	7 Scarborough Athletic Club	104	32,35,(37)	9/18

* = Bonus points not included

= Non-counter (team)

Comments:

An almost super weather day greeted competitors for the Saltergate Gallows Fell Race, the second counter in the Dave Parry Lets Run Winter Fell Race Series 2022/23, mild windless conditions and not a hint of rain forecast, the slight glitch was the low hanging mist. As it was the mist stayed glued to Levisham Moor only lifting slightly to give us a hint of the sunshine being enjoyed elsewhere in the County.

The weather did not deter 131 runners signing up the race, the largest field for many a year. The Pickering Running Club team led by race organiser Kim Cavill had set-up a terrific event, with the village hall volunteers on-hand providing pre and post race refreshments which sold out on the day and a challenging BL rated fell race that earned finishers one of their Yorkshire Three Peaks qualifiers.

There was a moment of reflection just before the race start for Remembrance Sunday, and then the runners were off. A couple of runners arriving just in time to see the field race off into the distance, undeterred they set off slightly late.

The race order whilst established early in the race with Steve Donaldson Esk Valley Fell Club setting the pace was never quite certain until runners crossed the line. Steve in his first season of fell racing during the 2021/22 Winter Series was seemingly ever to be placed on the podium but never quite the top step, Saltergate 2022 proved otherwise. In a race long battle with Rory Bevin Individual, Rory Stead North Leeds and Andy Collier Individual the four all finished within a minute and a half of each other with Steve winning out and establishing the record for the revised version of the course.

It was Craig Gath Easingwold Running Club (V45) who placed first veteran in 6th, Jon Butters Northumberland Fell Runners placed seventh and led home the team winners with Richie Hughes, Joe Stringer and Lee Bennett.

In the womens race it was Caroline Lambert of Middlesbrough AC (Mandale) who took an early lead and retained it to the finish and 11th overall. Cath Williamson Loftus and Whitby (V40) was second and first veteran home, with Rose Mather York Knavesmire Harriers in third and leading home the team competition with team mates Lou Stringer and Andrea Lancaster.

Fell racing is not just about the runners, it was a good day for the community with a boost to the village hall funds, extra visitors to the local pub and £480 raised for the Air Ambulance. All thanks to the Pickering RC volunteers and Kim Cavill as race organiser. Next series race is Eskdale Eureka on Sunday 4th December and final fell race of 2022 is Guisborough Woods on Tuesday 27th December.

Clive Thornton - Esk Valley Fell Club

Next Race : Eskdale Eureka

04-Dec-22