

**Guisborough Woods****27-Dec-22****Dave Parry/Lets Run Winter Series 2022-23****Race 4**

v2

Pos.	No.	Name	Club	time	cat/pos/pts/total
1	542	Jarlath McKenna	Bristol and West AC	37.31	M40/1/50/50
2	362	Jonathan Cox	Eden Runners	37.42	MO/1/50/50
3	346	Harry Holmes	Matlock AC	37.58	MO/2/48/98
4	380	Tim Stratton	City of York	38.49	MO/3/46/46
5	365	Gregory Jayasuriya	Middlesbrough and C	39.48	MO/4/45/45
6	359	Keith Wigley	Swaledale Runners	40.42	MO/5/44/44
7	500	Daniel Bateson	Scarborough Athletic	41.01	M40/2/48/148
8	519	Tim Grimwood	Swaledale Runners	42.29	M40/3/46/144
9	328	Andrew Armin	Saltwell Harriers	43.04	MO/6/43/82
10	301	Kian Stead	Individual#	43.24	MU23/1/50/198
11	322	Richard Purser	York Knavesmire Ha	43.58	MO/7/42/80
12	543	Andrew Price	Thirsk & Sowerby Ha	44.44	M40/4/45/45
13	624	Matthew Jones	Scarborough Athletic	44.51	M45/1/50/139
14	364	Aidan Ryan	Individual#	45.29	MO/8/41/41
15	721	Adrian Bushby	City of Hull AC	45.30	M50/1/50/150
16	821	Tony Oliver	Hartlepool Burn Roa	45.35	M55/1/50/50
17	326	Darryl Koekemoer	Scarborough Athletic	45.43	MO/9/40/127
18	371	Paul Darroch	TS Harriers	46.06	MO/10/39/39
19	634	Ian McGrath	Durham Fell Runner:	46.09	M45/2/48/48
20	724	Dave Smith	Pickering Running C	46.10	M50/2/48/144
21	628	Mark Davinson	Derwentside AC	46.11	M45/3/46/46
22	805	Kevin Mcloughlin	North York Moors AC	46.11	M55/2/48/96
23	347	Ian Spence	Scarborough AC	46.30	MO/11/38/80
24	366	Jack McCusker	Individual#	46.31	MO/12/37/37
25	319	Paul Lawton	Scarborough Athletic	47.03	MO/13/36/119*
26	604	Michael Richmond	Pickering Running C	47.09	M45/4/45/90
27	392	Alexander Gaze	Loftus & Whitby AC	47.09	MU23/2/48/48
28	714	Stephen Pugh	Esk Valley Fell Club	47.21	M50/3/46/91
29	540	Alan Hutchinson	Individual#	47.48	M40/5/44/44
30	531	Andrew Spencer	Individual#	47.49	M40/6/43/43
31	511	Paul Cook	Esk Valley Fell Club	47.59	M40/7/42/134
32	534	Mark Jackson	Middlesbrough and C	48.15	M40/8/41/41
33	746	Darren Fishwick	Chorley	48.17	M50/4/45/45
34	527	Philip Peggs	Loftus & Whitby AC	48.23	M40/9/40/40
35	367	Aaron Keys	Middlesbrough and C	48.37	MO/14/35/35
36	700	Chris Jefferies	Billingham Marsh Hc	48.46	M50/5/44/166
37	924	Ken Maynard	Sunderland Strollers	48.49	M60/1/50/50
38	708	Glyn Hewitt	Scarborough Athletic	48.51	M50/6/43/132
39	914	Neil Ridsdale	Esk Valley Fell Club	48.53	M60/2/48/194
40	704	Simon Rycroft	Pickering Running C	48.56	M50/7/42/136*
41	630	Martin Vasey	Middlesbrough and C	49.03	M45/5/44/44
42	529	Graham Lewis Dale	North Shields Polyte	49.23	M40/10/39/39
43	361	Jamie Arkle	RAF	49.41	MO/15/34/34
44	360	Dave Dempsey	Individual#	49.47	MO/16/33/33
45	908	Barry Atkinson	York Knavesmire Ha	49.59	M60/3/46/194
46	823	John Rippon	Northumberland Fell	49.59	M55/3/46/46
47	530	Seb Bufton	Saltwell Harriers	50.37	M40/11/38/38
48	337	Adam Malcolm	Esk Valley Fell Club	51.27	MO/17/32/96
49	824	Paul Peacock	Thirsk & Sowerby Ha	51.39	M55/4/45/45
50	539	Steven Johnson	Orchard Eagles	51.47	M40/12/37/37
51	702	Calvin Nicholson	Billingham Marsh Hc	51.49	M50/8/41/164
52	35	Esther Harrison	Thirsk & Sowerby Ha	52.04	FO/1/50/50
53	515	Matt Hindmarch	Vale of York	52.33	M40/13/36/77
54	815	Ian Beaver	Scarborough Athletic	52.35	M55/5/44/132
55	610	Michael Quinn	Esk Valley Fell Club	52.46	M45/6/43/82

56	382	James Robertson	Individual#	52.48	MO/18/31/31
57	218	Penny Browell	Elvet Striders	53.09	F50/1/50/50
58	375	Ian Luker	Individual#	53.39	MO/19/30/30
59	388	Tommy Buckle	Individual#	53.43	MO/20/29/29
60	20	Rebecca Dent	Scarborough Athletic	53.44	FO/2/48/92
61	4	Kelly Gaughan	Pickering Running C	53.48	FO/3/46/92
62	631	Stephen Hardy	Loftus & Whitby AC	53.49	M45/7/42/42
63	747	David Stainthorpe	Snaith and Cowick	53.57	M50/9/40/40
64	207	Trudy Morrice	Thirsk & Sowerby Ha	54.09	F50/2/48/196
65	307	Graham Miller	Loftus & Whitby AC	54.38	MO/21/28/127
66	719	Andrew Johnson	Beverley AC	54.46	M50/10/39/72
67	749	Richard Kirby	Northumberland Fell	55.30	M50/11/38/38
68	637	Robert Allinson	Redcar Running Clu	55.33	M45/8/41/41
69	609	Dale Hepples	Scarborough Athletic	56.02	M45/9/40/78
70	904	Nigel Briggs	North York Moors AC	56.05	M60/4/45/133
71	740	Steven Small	Middlesbrough and C	56.08	M50/12/37/37
72	802	Peter Walsh	Loftus & Whitby AC	56.17	M55/6/43/172
73	34	Kirsty Struthers	North York Moors AC	56.24	FO/4/45/45
74	911	Andrew Robertson	Scarborough Athletic	56.35	M60/5/44/172
75	820	James Lee	Individual#	56.52	M55/7/42/81
76	732	Bret Edgeword	Thirsk & Sowerby Ha	56.53	M50/13/36/73
77	378	Josef Murray	Individual#	56.59	MO/22/27/27
78	999	Neil Scruton	Scarborough AC	57.15	M75/1/50/150
79	209	Ella Towers	New Marske Harriers	57.21	F50/3/46/94*
80	541	David Todd	Saltwell Harriers	57.31	M40/14/35/35
81	750	Richard Buckle	Leeds Bradford Triat	57.41	M50/14/35/35
82	819	Andy Harvey	Pickering Running C	57.43	M55/8/41/83
83	738	Simon Drew	Individual#	57.44	M50/15/34/34
84	737	Nick Latham	Elvet Striders	57.58	M50/16/33/33
85	37	Katie Gamble	Individual#	58.06	FU23/1/50/50
86	9	Sarah Roe	Individual#	58.10	FO/5/44/175
87	751	Mark Smith	Individual#	58.19	M50/17/32/32
88	381	Danny MacKell	TS Harriers	58.21	MO/23/26/26
89	743	Paul Wilkin	Middlesbrough and C	58.34	M50/18/31/31
90	155	Nina Mason	Elvet Striders	58.36	F45/1/50/148
91	391	Jake Sainsbury	Individual#	58.43	MO/24/25/25
92	509	Lee Woolams	TS Harriers	58.51	M40/15/34/75
93	501	Michal Czekajlo	York Acorn Running	58.53	M40/16/33/159
94	623	Phillip Baines	Stockton Striders AC	59.07	M45/10/39/122*
95	627	Paul Richardson	Saltwell Harriers	59.15	M45/11/38/38
96	278	Caroline Glover	Wharfedale Harriers	59.54	F60/1/50/200
97	490	Jacob Davinson	Derwentside AC	60.00	MU23/3/46/46
98	389	Harrison Hague	Individual#	60.08	MU23/4/45/45
99	308	Jordan Millward	Esk Valley Fell Club	60.16	MO/25/24/88
100	338	Jonny Goldsbrough	Ripon Runners	60.20	MO/26/23/40
101	106	Lynn Humpleby	Pickering Running C	60.49	F40/1/50/91
102	390	Louis Phillips	Individual#	61.00	MO/27/22/22
103	358	Michael Stewart	Individual#	61.06	MO/28/21/21
104	340	Josh Goldsbrough	Ripon Runners	61.22	MO/29/20/44
105	748	Gary Mason	Northumberland Fell	61.30	M50/19/30/30
106	741	Graham Jenkins	Ribble Valley Runne	61.34	M50/20/29/29
107	116	Abbie Hull	Quakers Running Cl	61.35	F40/2/48/142
108	214	Joanne Tickle	Individual#	61.41	F50/4/45/45
109	951	Andrew Johnson	York Knavesmire Ha	61.45	M65/1/50/98
110	317	Mark Booth	Individual#	62.03	MO/30/19/99
111	826	Andrew Noble	Individual#	62.19	M55/9/40/40
112	38	Kayleigh McMillan	Kinloss Harriers	62.22	FO/6/43/43
113	31	Katherine Gregson	Individual#	62.42	FO/7/42/42
114	32	Sarah Cook	Elvet Striders	62.42	FO/8/41/41
115	811	Nicholas Cousins	Pickering Running C	62.47	M55/10/39/119*

116	379	Adrian Dee	Individual#	62.48	MO/31/18/18
117	112	Amber Botham	Scarborough Athletic	62.48	F40/3/46/128
118	121	Victoria Shipton	Individual#	62.52	F40/4/45/45
119	157	Sarah Jackson	Penny Lane Striders	63.20	F45/2/48/48
120	256	Denise Tunstall	Durham Fell Runner:	63.26	F55/1/50/148
121	252	Nicola Thorpe	Individual#	64.01	F55/2/48/196
122	374	Andrew Watt	Individual#	64.36	MO/32/17/17
123	113	Caroline Graham	Swaledale Runners	64.48	F40/5/44/129
124	827	Ray Foulkes	Redcar Running Clu	65.03	M55/11/38/38
125	30	Jessica Gregson	Individual#	65.09	FO/9/40/40
126	204	Julie Towse	Horsforth Fellandale	65.27	F50/5/44/178
127	635	Reiner Hesse	Individual#	65.27	M45/12/37/37
128	39	Georgina McDonald	North York Moors AC	65.28	FO/10/39/39
129	532	David Chapman	Individual#	65.34	M40/17/32/32
130	217	Lynn Bolden	Saltwell Harriers	65.40	F50/6/43/43
131	535	Peter Cooper	Individual#	65.42	M40/18/31/31
132	926	Phil James	Saltwell Harriers	65.43	M60/6/43/43
133	742	Nicholas Ogrady	New Marske Harriers	65.50	M50/21/28/28
134	961	Paul Lyons	North York Moors AC	66.24	M65/2/48/48
135	120	Lindsey Collins	Thirsk & Sowerby H	66.28	F40/6/43/43
136	153	Steph Lishman	Individual#	66.31	F45/3/46/185
137	544	Grant Smalley	Individual#	66.52	M40/19/30/30
138	29	Jenny Jakeman	Swaledale Runners	66.53	FO/11/38/38
139	373	Andrew Paylor	Middlesbrough and C	67.19	MO/33/16/16
140	208	Debbie Rycroft	Pickering Running C	68.46	F50/7/42/125*
141	36	Jenna Maynard	Sunderland Strollers	69.32	FO/12/37/37
142	960	Stephen Haley	Individual#	70.38	M65/3/46/46
143	377	Paul Allen	Force 10	71.06	MO/34/15/15
144	385	Robert Fox	Raheay Shamrocks	71.46	MO/35/14/14
145	629	Michael Moorhouse	Redcar Running Clu	71.49	M45/13/36/36
146	383	Daniel Harvey	London Edwardians	72.07	MO/36/13/13
147	122	Lois Lincoln	Saltwell Harriers	72.14	F40/7/42/42
148	636	Jason Shipton	Individual#	72.48	M45/14/35/35
149	953	Bob Baker	Otley AC	72.50	M65/4/45/90
150	282	Alison Lloyd	North York Moors AC	73.12	F60/2/48/48
151	110	Lisa Baker	Scarborough Athletic	73.47	F40/8/41/162
152	160	Lesley Stainthorpe	Snaith and Cowick	73.57	F45/4/45/45
153	533	James Relph	Individual#	74.38	M40/20/29/29
154	828	Peter Hopkins	Individual#	75.33	M55/12/37/37
155	800	Gary Talbot	Esk Valley Fell Club	75.39	M55/13/36/157
156	633	Thomas Hague	Individual#	75.40	M45/15/34/34
157	150	Alice Hayter	Pickering Running C	76.04	F45/5/44/135
158	201	Jayne Bowers	Esk Valley Fell Club	76.07	F50/8/41/168
159	955	Martin White	New Marske Harriers	76.23	M65/5/44/90
160	215	Kirstie Handley	Individual#	76.27	F50/9/40/40
161	990	Michael Hetheron	Pickering Running C	77.45	M75/2/48/48*
162	611	Barry Cooper	Individual#	77.50	M45/16/33/67
163	216	Susan Jackson	Durham Fell Runner:	78.11	F50/10/39/39
164	159	Vicky Drew	Individual#	78.19	F45/6/43/43
165	276	Clare Winspear	Individual#	78.25	F60/3/46/137*
166	901	Ian Robinson	Esk Valley Fell Club	80.54	M60/7/42/77
167	253	Sally Kingscott	Scarborough Athletic	81.50	F55/3/46/90
168	950	Donald Buffham	Otley AC	82.59	M65/6/43/87
169	295	Jan Young	Elvet Striders	83.37	F70/1/50/50
170	528	David Galloway	Individual#	DNF	M40/0/0/0
171	925	Stuart Ferguson	Northumberland Fell	DNF	M60/0/0/0
172	1000	Ronnie Sherwood	New Marske Harriers	DNF	M80/0/0/0
173	491	Isaac James	Individual#	DNF	MU23/0/0/0
174	376	Jonathan Graham	Individual#	DNF	MO/0/0/0
175	372	Tom Levi	Thirsk & Sowerby H	DNF	MO/0/0/0

176 907 Chris Buckley Individual# DNF M60/0/0/118  
(End)

Teams:	Club	Points	Positions	Team pts/total
<b>male:</b>	1 Scarborough Athletic Cl	62	7,13,17,25	15/56
	2 Middlesbrough and Clev	113	5,32,35,41	14/14
	3 Esk Valley Fell Club 'A'	146	28,31,39,48	13/57
	4 Pickering Running Club	161	20,26,40,75	12/49
	5 Loftus & Whitby AC 'A'	179	27,34,58,60	11/11
	6 Saltwell Harriers 'A'	214	9,47,73,85	10/10
	7 Scarborough Athletic Cl	223	38,53,64,68	9/27
	8 Esk Valley Fell Club 'B'	385	54,88,119,124	8/40
<b>female:</b>	1 Elvet Striders 'A'	29	2,10,17	15/15
	2 Thirsk & Sowerby Harrie	34	1,5,28	14/38
	3 Pickering Running Club	47	4,12,31	13/48
	4 Scarborough Athletic Cl	56	3,18,35	12/54
	5 North York Moors AC 'A'	66	6,26,34	11/11
	6 Swaledale Runners 'A'	98	23,30,(45)	10/10
	7 Saltwell Harriers 'A'	105	27,33,(45)	9/9
	8 Durham Fell Runners 'A'	106	21,40,(45)	8/8

\* = Bonus points not included  
# = Non-counter (team)

**Corrections:**

20/12/22 53rd race number corrected

**Comments:**

It was a return for festive fell racing on the North Yorkshire Moors with the 41st edition of Guisborough Woods, the 40th edition passing unremarked in 2019. Near 200 runners aged 6 years to 83 years signed up for the three race distances. The race was also the fourth counter in the Dave Parry Lets Run Winter Fell Race Series 2022/23.

It was the one kilometre under 9 and 11's race that finished first with Poppie Phillipson U11G Birtley AC winning from Rhys Price U11B of Darlington Harriers. Chloe Harrison led home the U9G category.

The remainder of the field set off together, the U13/U15 and U17 categories completing one large lap and the U19's with the seniors completing the full race distance of 8.8 kilometres and near 400 metres of ascent.

The 'Woods' race full distance is three large laps with a bit of everything, flat fast, hands on knees ascent and a tricky descent requiring agility and on the day great grip.

Quickly a three way battle emerged in the full distance race, with Jarlath McKenna, Bristol and West AC (V40) leading home in 37 minutes 31 seconds, the course record 34.15 from 1985 safe for another day, Jonathan Cox Eden Runners and previous winner Harry Holmes Matlock AC both within 30 seconds of Jarlath.

Dan Bateson Scarborough AC in seventh overall was second veteran home and with Matthew Jones, Darryl Koekemoer and Paul Lawton claimed the mens teams competition.

In the womens race it was Esther Harrison Thirsk and Sowerby (FSEN) Harriers in a time of 52.04 with Jenny Browell Elvet Striders (V50) in second just over a minute behind and third Rebecca Dent Scarborough AC (FSEN) within another minute and a handful of seconds Kelly Gaugham Pickering RC fourth.

In the team competition, NYMAC women were awarded the prizes on the day but it was Elvet Striders women who won out ahead of Thirsk & Sowerby.

In the single lap race Zander Gribbon New Marske Harriers (U15B) with Niamh Phillipson Birtley AC (U13G) first Girl.

Thanks to all our race helpers, supporters and competitors. Next two races are Captain Cooks on New Years Day and Commondale Clart on Sunday 8th January 2023.

Clive Thornton  
Esk Valley Fell Club

**Next Race :** Captain Cooks

01-Jan-23