

At the Double**Dave Parry/Lets Run Winter Series 2022-23****11-Mar-23****Race 9**

Pos.	No.	Name	Club	time	cat/pos/pts/best
1	500	Daniel Bateson	Scarborough Athletic	48.46	M40/1/50/298*
2	306	Steven Donaldson	Esk Valley Fell Club	49.49	MO/1/50/296*
3	425	Sam Leadley	Loftus & Whitby AC	51.41	MO/2/48/48
4	548	Andy Blackett	Durham Fell Runner:	52.35	M40/2/48/93
5	319	Paul Lawton	Scarborough Athletic	52.41	MO/3/46/326*
6	601	Damian Kilpin	Penistone Footpath I	53.57	M45/1/50/292
7	347	Ian Spence	Scarborough Athletic	54.05	MO/4/45/286
8	305	Peter Allen	Pickering Running C	54.34	MO/5/44/258
9	321	Rorie McIntosh	Esk Valley Fell Club	54.58	MO/6/43/170
10	102	Rhona Marshall	Scarborough Athletic	56.03	F40/1/50/346
11	538	Ian Hutchinson	Derwentside AC	57.20	M40/3/46/46
12	511	Paul Cook	Esk Valley Fell Club	59.07	M40/4/45/179
13	700	Chris Jefferies	Billingham Running C	59.11	M50/1/50/349
14	908	Barry Atkinson	York Knavesmire Ha	59.15	M60/1/50/398
15	756	Justin Waring	Loftus & Whitby AC	59.44	M50/2/48/129
16	707	David Bannister	York Acorn Running	60.03	M50/3/46/256*
17	838	Martin Lofthouse	Nidd Valley	60.14	M55/1/50/50
18	702	Calvin Nicholson	Billingham Marsh Ho	60.35	M50/4/45/339
19	914	Neil Ridsdale	Esk Valley Fell Club	60.56	M60/2/48/386
20	367	Aaron Keys	Middlesbrough and C	61.01	MO/7/42/115
21	616	Giles Hawking	York Knavesmire Ha	61.11	M45/2/48/298
22	626	Dan Clayton	Individual#	61.20	M45/3/46/90
23	816	Tim Hill	Esk Valley Fell Club	61.36	M55/2/48/281*
24	701	Tony Millard	Blue Lagoon Triathlc	61.56	M50/5/44/279
25	35	Esther Harrison	Thirsk & Sowerby Ha	62.03	FO/1/50/244
26	825	David Hughes	North York Moors AC	62.09	M55/3/46/89
27	338	Jonny Goldsbrough	Ripon Runners	62.35	MO/8/41/112
28	762	Nigel Scaife	Nidd Valley	62.42	M50/6/43/43
29	623	Phillip Baines	Stockton Striders AC	62.54	M45/4/45/321*
30	218	Penny Browell	Elvet Striders	62.56	F50/1/50/150
31	1210	Richard Grant	Thirsk & Sowerby Ha	63.01	MO/9/40/60
32	501	Michal Czekajlo	York Acorn Running	63.07	M40/5/44/280*
33	815	Ian Beaver	Scarborough Athletic	63.29	M55/4/45/266
34	643	Matthew Dunn	Pickering Running C	63.49	M45/5/44/125
35	426	Matt Middleton	Scarborough Athletic	63.57	MO/10/39/39
36	712	Alan Simpson	Thirsk & Sowerby Ha	64.34	M50/7/42/221
37	553	Darren Wood	Individual#	64.40	M40/6/43/84
38	207	Trudy Morrice	Thirsk & Sowerby Ha	66.00	F50/2/48/392
39	802	Peter Walsh	Loftus & Whitby AC	66.03	M55/5/44/347
40	764	Dez Fielden	Durham Fell Runner:	66.17	M50/8/41/41
41	651	Richard Holland	Aycliffe RC	66.20	M45/6/43/43
42	637	Robert Allinson	Redcar Running Clu	66.36	M45/7/42/193
43	7	Georgia Campbell	Jarrow & Hebburn A	67.19	FO/2/48/279
44	206	Julia Jackson	Loftus & Whitby AC	67.42	F50/3/46/91
45	936	Nicholas Andralojic	Harrogate Harriers &	68.09	M60/3/46/46
46	290	Sue Haslam	Scarborough Athletic	68.39	F65/1/50/300*
47	307	Graham Miller	Loftus & Whitby AC	69.10	MO/11/38/268
48	58	Rosamond Clay	Thirsk & Sowerby Ha	69.55	FO/3/46/46
49	999	Neil Scruton	Scarborough Athletic	70.07	M75/1/50/350
50	832	Patrick Day	Esk Valley Fell Club	70.18	M55/6/43/82
51	911	Andrew Robertson	Scarborough Athletic	71.11	M60/4/45/347*
52	918	Marc Davies	Thirsk & Sowerby Ha	71.33	M60/5/44/122
53	41	Bronwyn Mayo	Thirsk & Sowerby Ha	71.42	FO/4/45/90
54	155	Nina Mason	Elvet Striders	71.55	F45/1/50/392
55	935	Mike Knox	Swift-Tees	71.58	M60/6/43/43

56	308	Jordan Millward	Esk Valley Fell Club	72.16	MO/12/37/126
57	927	Anthony Harnett	North York Moors AC	72.18	M60/7/42/122
58	713	Richard Clark	Esk Valley Fell Club	72.41	M50/9/40/250
59	954	Trevor Symonds	Northern Fells Runni	73.15	M65/1/50/346
60	340	Josh Goldsbrough	North York Moors AC	73.46	MO/13/36/145
61	800	Gary Talbot	Esk Valley Fell Club	74.26	M55/7/42/318
62	278	Caroline Glover	Wharfedale Harriers	74.39	F60/1/50/344
63	219	Jo Towler	Pickering Running C	75.06	F50/4/45/136*
64	153	Steph Lishman	Individual#	75.49	F45/2/48/374
65	763	Russell Geraghty	Nidd Valley	76.17	M50/10/39/39
66	251	Helen Ashworth	Thirsk & Sowerby Hæ	76.50	F55/1/50/276
67	259	Hilary Coventry	Thirsk & Sowerby Hæ	77.01	F55/2/48/182
68	59	Abigail Terran-Jones	Thirsk & Sowerby Hæ	77.32	FO/5/44/44
69	256	Denise Tunstall	Durham Fell Runner:	77.58	F55/3/46/280
70	38	Kayleigh McMillan	Kinloss Harriers	78.30	FO/6/43/86
71	252	Nicola Thorpe	Individual#	78.46	F55/4/45/378
72	934	Graham Palmer	Loftus & Whitby AC	79.09	M60/8/41/41
73	977	Geoff Towers	Individual#	79.12	M70/1/50/400*
74	932	Phil Robinson	Nidd Valley	80.14	M60/9/40/75
75	960	Stephen Haley	Individual#	80.48	M65/2/48/275
76	48	Jessica Jackson	Esk Valley Fell Club	80.53	FO/7/42/149
77	839	Dougie Nisbet	Durham Fell Runner:	80.59	M55/8/41/41
78	923	Gary Beard	Loftus & Whitby AC	82.09	M60/10/39/72
79	264	Angela Campbell	Individual#	82.11	F55/5/44/44
80	418	Sam Fugill	Nidd Valley	83.32	MO/14/35/60
81	201	Jayne Bowers	Esk Valley Fell Club	84.23	F50/5/44/343
82	810	Paul Haydon	FRA	84.51	M55/9/40/144*
83	937	Dan Simmons	Harrogate Harriers &	85.18	M60/11/38/38
84	150	Alice Hayter	Pickering Running C	86.33	F45/3/46/349
85	123	Rosie Gatenby	Thirsk & Sowerby Hæ	87.47	F40/2/48/165
86	975	Robert Lillie	Scarborough Athletic	90.13	M70/2/48/190*
87	901	Ian Robinson	Esk Valley Fell Club	91.43	M60/12/37/154*
88	21	Lisa Marfell	Individual#	92.13	FO/8/41/79
89	276	Clare Winspear	Individual#	93.55	F60/2/48/319*
90	110	Lisa Baker	Scarborough Athletic	95.20	F40/3/46/328
91	976	David Parke	Scarborough Athletic	95.27	M70/3/46/46*
92	263	Sarah Chalmers	Nidd Valley	97.46	F55/6/43/84
93	979	Antonio Cardinale	Otley AC	133.18	M70/4/45/91

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 Esk Valley Fell Club 'A'	40	2,9,11,18	15/118
	2 Scarborough Athletic Cl	43	1,5,7,30	14/125
	3 Loftus & Whitby AC 'A'	92	3,14,35,40	13/53
	4 Nidd Valley 'A'	149	16,26,52,55	12/12
	5 Esk Valley Fell Club 'B'	158	22,42,46,48	11/67
	6 Scarborough Athletic Cl	178	32,41,43,62	10/56
female:	1 Thirsk & Sowerby Harrie	14	2,4,8	15/110
	2 Scarborough Athletic Cl	35	1,7,27	14/116
	3 Thirsk & Sowerby Harrie	38	9,14,15	13/41
	4 Elvet Striders 'A'	42	3,10,(29)	12/52
	5 Pickering Running Club	64	12,23,(29)	11/105
	6 Thirsk & Sowerby Harrie	69	16,24,(29)	10/19
	7 Esk Valley Fell Club 'A'	71	20,22,(29)	9/42

* = Bonus points not included

= Non-counter (team)

Comments:

Full report to follow.

The second running of 'At The Double' attracted a doubling of the field with near a 100 runners this time around compared to 50 in 2022. There was a consistency of weather across the north of England, sunshine and snow, though the 15 inches at Bowes contrasted with barely an icing sugar coating on the East Cleveland coastline. The sun shone and there was hardly a breathe of wind, we were blessed.

Registration was held in St Helens, hence the saturday morning timing of the event, runners were treated to refreshments and cakes and the church benefitted from an honesty box collection.

In the race, the ninth counter in the Dave Parry Lets Run Winter Fell Race Series 2022/23 it was a returning Dan Bateson of Scarborough AC who led the field from the start and eased to a win and course record of 48.46 beating his time from 2022, Steve Donaldson Esk Valley Fell Club chalked up another runners up spot and led home for an Esk Valley team victory. First home club runner was Sam Leadley Loftus and Whitby AC.

In the womens race, Rhona Marshall made it a double for victory for Scarborough AC matching her victory in the race in 2022 and also claiming a course record in 56.03, though it was Thirsk and Sowerby Harriers who claimed the team victory led in by Esther Harrison.

Thanks to Malcolm Peggs and support form the wider Loftus and Whitby AC.

Next Dave Parry Lets Run event is Blakey Blitz on 2nd April 2023.

Next Race : Blakey Blitz

02-Apr-23