

Bilsdale**19-Mar-23****Esk Valley Fell Club**

Pos.	No.	Name	Club	time	cat/pos
1	111	Harry Holmes	Matlock Athletic Clu	02:04:21	MO/1
2	107	Robert Sparkes	Beverley AC	02:20:40	MO/2
3	103	Jacob Hiom	Durham University A	02:20:57	MO/3
4	112	William Bowers	Tyne Bridge Harriers	02:21:30	MO/4
5	159	Tim Grimwood	Swaledale Runners	02:24:38	M40/1
6	5	Caroline Lambert	Middlesbrough Athle	02:26:04	FO/1
7	101	Jake Stephenson	Richmond & Zetland	02:27:37	MU23/1
8	2	Rose Mather	York Knavesmire Ha	02:27:43	FO/2
9	110	Sam Leadley	Loftus & Whitby AC	02:28:01	MO/5
10	168	Craig Gath	Easingwold Running	02:28:45	M45/1
11	104	Nicholas Rowley	Esk Valley Fell Club	02:28:55	MO/6
12	117	Joel Mcglynn	Esk Valley Fell Club	02:29:45	MO/7
13	161	Graeme Watt	Elvet Striders	02:32:11	M40/2
14	140	Andy Collier	Individual#	02:32:38	MO/8
15	105	Gabriel Arenas	Vert.run	02:35:25	MO/9
16	154	Jamie Collin	Individual#	02:35:30	M40/3
17	126	Paul Lawton	Scarborough Athletic	02:36:11	MO/10
18	184	Stephen Pugh	Esk Valley Fell Club	02:37:05	M50/1
19	176	Matthew Hayes	East Hull Harriers &	02:37:54	M50/2
20	169	Michael Richmond	Pickering Running C	02:39:55	M45/2
21	128	Jonathan Hart	Esk Valley Fell Club	02:40:49	MO/11
22	165	Matthew Jones	Scarborough Athletic	02:41:31	M45/3
23	185	Matt Machouki	Scarborough Athletic	02:41:38	M50/3
24	113	Andrew Armin	Saltwell Harriers	02:41:50	MO/12
25	180	Ben Still	Individual#	02:42:05	M50/4
26	138	Michael Cottam	Stadium Runners	02:43:01	MO/13
27	51	Rhona Marshall	Scarborough Athletic	02:43:22	F40/1
28	162	Paul Cook	Esk Valley Fell Club	02:44:36	M40/4
29	136	Thomas Pilley	Pickering Running C	02:44:57	MO/14
30	204	Neil Ridsdale	Esk Valley Fell Club	02:45:00	M65/1
31	123	Daniel Molesworth	Knaresborough Strid	02:46:35	MO/15
32	190	Simon Donoghue	Easingwold Running	02:47:09	M55/1
33	187	Simon Jones	Pickering Running C	02:47:16	M50/5
34	120	Oli Read	York Knavesmire Ha	02:47:29	MO/16
35	175	Chris Jefferies	Billingham Running (02:48:44	M50/6
36	56	Tamsin Imber	Elvet Striders	02:50:08	F45/1
37	116	Alistair Quaille	Individual#	02:52:56	MO/17
38	124	Ian Spence	Scarborough Athletic	02:54:50	MO/18
39	137	Oliver Birkill	Individual#	02:55:06	MO/19
40	139	Kian Stead	Individual#	02:55:30	MU23/2
41	163	Richard Gover	York Acorn Running	02:56:02	M40/5
42	213	Alex Fawcett	Ripon Runners	02:56:04	M55/2
43	177	Calvin Nicholson	Billingham Running (02:57:47	M50/7
44	133	Barry Huitson	Saltwell Harriers	02:58:00	MO/20
45	106	Glyn Smith	Individual#	02:59:01	MO/21
46	4	Kelly Gaughan	Pickering Running C	03:02:00	FO/3
47	189	Ian Beaver	Scarborough Athletic	03:03:34	M55/3
48	174	Russ Grayson	Pickering Running C	03:03:49	M45/4
49	172	Wayne Leighton	Driffield Striders	03:04:02	M45/5
50	195	David Banks	Ambleside AC	03:04:09	M55/4
51	212	Roger Laycock	Settle Harriers	03:04:15	M60/1
52	198	Kevin Holmes	Individual#	03:05:19	M60/2
53	158	Paul Elsley	Individual#	03:07:48	M40/6
54	186	Paul Mead	Individual#	03:09:02	M50/8
55	210	Neil Bowmer	Swaledale Runners	03:10:17	M55/5
56	121	Chris Crooks	Individual#	03:12:02	MO/22

57	214	Paul Walker	Ripon Runners	03:12:38	M55/6
58	11	Georgia Campbell	Jarrow & Hebburn A	03:13:33	FO/4
59	50	Kimberley Cavill	Pickering Running C	03:14:37	F40/2
60	192	Mark Dye	Individual#	03:14:42	M55/7
61	129	Stephen Roe	Billingham Running (03:14:45	MO/23
62	216	Dan Clayton	Individual#	03:16:42	M45/6
63	7	Lou Mamalis	York Postal Harriers	03:19:08	FO/5
64	151	Sean Eden	Washington Running	03:23:38	M40/7
65	62	Trudy Morrice	Thirsk & Sowerby H	03:23:49	F50/1
66	199	Louis Hume	Esk Valley Fell Club	03:25:45	M60/3
67	59	Nina Mason	Elvet Striders	03:25:57	F45/2
68	193	Simon Lawson	Nidderdale Fell & Tr	03:26:56	M55/8
69	157	Danny Lim	Elvet Striders	03:27:27	M40/8
70	167	Jonathan Conlon	Saltwell Harriers	03:30:04	M45/7
71	114	Paul Smith	Saltwell Harriers	03:30:05	MO/24
72	209	Marc Davies	Thirsk & Sowerby H	03:30:19	M60/4
73	8	Steph Solomon	Horsforth Fellandale	03:32:39	FO/6
74	55	Kathryn Brennan	Washington Running	03:32:46	F45/3
75	200	Nigel Briggs	North York Moors AC	03:33:20	M60/5
76	208	Alan Simpson	Thirsk & Sowerby H	03:33:33	M50/9
77	215	Tony Taylor	Swaledale Runners	03:34:24	M40/9
78	6	Kim Wilkinson	Thirsk & Sowerby H	03:34:52	FO/7
79	13	Sarah Roe	Billingham Running (03:35:04	FO/8
80	53	Caroline Graham	Swaledale Runners	03:36:41	F40/3
81	170	Sam Healy	North York Moors AC	03:40:55	M45/8
82	181	Mathew Driscoll	Individual#	03:42:04	M50/10
83	118	Jordan Millward	Esk Valley Fell Club	03:44:08	MO/25
84	52	Emma McCabe	Elvet Striders	03:46:26	F40/4
85	9	Anna Whitham	Thirsk & Sowerby H	03:49:27	FO/9
86	60	Steph Lishman	Individual#	03:50:58	F50/2
87	188	Gary Talbot	Esk Valley Fell Club	03:51:05	M55/9
88	211	Garth de Roux	Individual#	03:51:57	M45/9
89	196	Nicholas Cousins	Pickering Running C	03:58:31	M55/10
90	202	Andrew Johnson	York Knavesmire Ha	03:59:13	M65/2
91	205	Keith Jeddere-Fisher	Wharfedale Harriers	04:00:21	M65/3
92	1	Emma Bramley	Durham University A	04:01:01	FO/10
93	109	Joshua Goldsbrough	North York Moors AC	04:01:47	MO/26
94	122	Jonny Goldsbrough	Nidderdale Fell & Tr	04:01:53	MO/27
95	65	Ros Blackmore	Swaledale Runners	04:03:18	F55/1
96	63	Nicola Thorpe	Individual#	04:05:39	F55/2
97	108	William Archibald	Individual#	04:05:39	MO/28
98	164	Ryan Plews	Individual#	04:05:42	M40/10
99	100	Matthew Clark	Esk Valley Fell Club	04:10:32	MU23/3
100	183	Richard Clark	Esk Valley Fell Club	04:10:34	M50/11
101	203	Les Hill	Dumfries Running Cl	04:33:17	M65/4
102	166	Edward Arkell	Baildon Runners	04:42:10	M45/10
103	197	David Anderson	East Hull Harriers &	04:59:25	M60/6
104	58	Alison Hayes	East Hull Harriers &	04:59:26	F45/4
105	207	Graham Wilkinson	East Hull Harriers &	04:59:27	M65/5
106	10	Sarah Noble	Scarborough Athletic	Missed CP8 & CP9	FO/0
107	61	Jenny Hall	Esk Valley Fell Club	Missed CP8 & CP9	F50/0
108	178	John Dunne	Individual#	Missed CP8	M50/0
109	206	Pedro Carrasco	Thirsk & Sowerby H	Missed CP8	M65/0
110	12	Nicola Gover	York Acorn Running	DNF	FO/0
111	57	Alice Hayter	Pickering Running C	DNF	F45/0
112	135	Rorie McIntosh	Esk Valley Fell Club	DNF	MO/0
113	155	Matthew Kiddle	York Acorn Running	DNF	M40/0
114	173	Richard Veitch	Esk Valley Fell Club	DNF	M45/0
115	179	Richard Izdebski	Swaledale Runners	DNF	M50/0
116	194	Andy Harvey	Pickering Running C	DNF	M55/0

Teams:	Club	Points	Positions
male:	1 Esk Valley Fell Club 'A'	54	9,10,16,19
	2 Scarborough Athletic Clt	90	15,20,21,34
	3 Pickering Running Club	117	18,26,30,43
	4 Esk Valley Fell Club 'B'	177	25,27,57,68
	5 Saltwell Harriers 'A'	183	22,40,60,61
female:	1 Elvet Striders 'A'	30	4,10,16
	2 Pickering Running Club	35	5,7,(23)
	3 Thirsk & Sowerby Harrie	39	9,13,17
	4 Swaledale Runners 'A'	58	15,20,(23)

= Non-counter (team)

Comments:

In a continuing theme for fell racing in 2023, the Bilsdale Fell Race found a weather window perfect for a fell race. There was definite warmth from the sun, barely a breathe of wind and no sign of rain or snow. Roll back 7 days and you would have found a foot of snow on the moor tops.

116 competitors made the start line in Seave Green, Chop Gate for the only AL rated fell race on the North Yorkshire Moors. Following a quick briefing from race organiser Mike Quinn and the promise of a creme egg at the finish line, the field was off and it was Harry Holmes Matlock AC who was quickest out of the blocks to start the 4km and 300m climb to Checkpoint one at Round Hill the highest point on the North Yorkshire Moors.

Following was a small cluster of runners including Rob Sparkes Beverley AC, Jacob Hiom Durham University and William Bowers Tyne Bridge Harriers.

From CP1 runners descended along the Cleveland way to the road crossing at Clay Bank, then along to Wainstones and to the potential cut-off at Checkpoint three (90 minutes) on Cold Moor, Harry made it in 45 minutes. At just about 10km to CP3 many a runner would be pleased with that time on a flat road course.

Then followed descent to the Scout hut, the climb to Falconers Seat on Cringle Moor, another descent via Kirby Moor and ascent of Green Hill to the Carlton trig.

With the majority of the ascent completed at the trig (though not all) there was the small matter of some tricky navigation and moor bashing across Bilsdale Moor to Scugdale Hall and then along Barkers Ridge to Cock Howe where the descent to the finish line at the Village Hall awaited.

By CP3 heading the field by around two minutes, Harry continued at a relentless pace to complete the event of 23km and 1300m of climb in two hours 4 minutes taking some 11 minutes off the previous course record. Rob Sparkes arrived 16 minutes later with Jacob and William following less than a minute later. Tim Grimwood Swaledale Runners was first veteran in fifth place.

In the womens race, Caroline Lambert Middlesbrough AC Mandale claimed victory, sixth overall in a time of 2 hours 26 minutes just about a minute shy of the course record. Rose Mather York Knavesmire Harriers claimed second and eighth overall making it a good race and closing to finish less than two behind Caroline. First veteran in third was Rhona Marshall Scarborough AC.

In the team competition it was Esk Valley Fell Club men who claimed the spoils and Elvet Striders women.

Thanks to all the helpers and supporters who made this a tremendous event.

Winners received handmade teapots from Little Wren of Northallerton along with matching mugs, which were also awarded to age group winners along with creme eggs for all competitors.

Next fell race, its a return to winter series action with event 10 Blakey Blitz on Sunday 2nd April 2023.

Clive Thornton
Esk Valley Fell Club