

**Gormire Gamble****Dave Parry/Lets Run Summer Series 2023****28-Jun-23****Race 5**

Pos.	No.	Name	Club	time	cat/pos/pts/total
1	364	Stephen McDougall	Middlesbrough and C	42.22	MO/1/50/50
2	381	Edward Fenning	Easingwold Running	42.31	MO/2/48/48
3	313	Paul Lawton	Scarborough Athletic	42.36	MO/3/46/136
4	369	Andy Collier	Individual#	42.54	MO/4/45/45
5	616	Craig Gath	Easingwold Running	42.58	M45/1/50/200
6	301	Tom Levi	Thirsk and Sowerby	43.12	MO/5/44/209
7	505	Tim Grimwood	Swaledale Runners	43.22	M40/1/50/198
8	366	Oliver Shaw	Individual#	43.30	MO/6/43/43
9	510	David Todd	Easingwold Running	44.07	M40/2/48/96
10	621	Stuart Smith	Pocklington Runners	44.40	M45/2/48/48
11	375	Daniel Molesworth	Knaresborough Strid	44.50	MO/7/42/42
12	519	Andrew Price	Thirsk and Sowerby	45.01	M40/3/46/91
13	506	Michael Shaw	York Knavesmire Ha	46.18	M40/4/45/90
14	349	Robert Preston	Scarborough Athletic	46.25	MO/8/41/118
15	24	Nik Tarrega	York Knavesmire Ha	46.42	FO/1/50/100
16	732	Brendan Anglim	Hardley Runners	46.44	M50/1/50/50
17	626	Adrian Potter	Individual#	47.01	M45/3/46/46
18	353	Freddy Wharton	Thirsk and Sowerby	47.07	MU23/1/50/150
19	374	Duncan Allen	Individual#	47.13	MO/9/40/40
20	711	Stephen Pugh	Esk Valley Fell Club	47.25	M50/2/48/194*
21	377	Dermot Meehan	Individual#	47.36	MO/10/39/39
22	812	Simon Donoghue	Easingwold Running	47.55	M55/1/50/144
23	322	Joshua Cooper	Thirsk and Sowerby	48.01	MO/11/38/117*
24	730	Peter Massey	Good Gym	48.15	M50/3/46/46
25	376	David Strange	Individual#	48.17	MO/12/37/37
26	713	Calvin Nicholson	Billingham Running C	48.21	M50/4/45/137
27	101	Rhona Marshall	Scarborough Athletic	48.29	F40/1/50/146
28	512	Peter Dunne	Easingwold Running	48.36	M40/5/44/87
29	326	Aaron Keys	Middlesbrough and C	48.42	MO/13/36/69
30	511	Michael Grimwood	York Acorn Running	48.46	M40/6/43/131
31	380	Nick McConnell	York Acorn Running	49.01	MO/14/35/35
32	370	Phil Smith	Pickering Running C	49.05	MO/15/34/34
33	817	Mark Whiteman	Easingwold Running	49.12	M55/2/48/48
34	4	Esther Harrison	Thirsk and Sowerby	49.16	FO/2/48/188
35	352	Richard Grant	Thirsk and Sowerby	49.22	MO/16/33/109
36	707	David Bannister	York Acorn Running	49.31	M50/5/44/175
37	318	Nick Outram	Pickering Running C	49.38	MO/17/32/69
38	361	Andrew Barnes	Individual#	49.54	MO/18/31/70
39	520	Graham Gill	York Knavesmire Ha	50.01	M40/7/42/85
40	606	Gary Wilkinson	Thirsk and Sowerby	50.11	M45/4/45/216
41	603	Matthew Harrison	Individual#	50.21	M45/5/44/177
42	611	Giles Hawking	York Knavesmire Ha	50.29	M45/6/43/176
43	709	Julian Wardman	Esk Valley Fell Club	50.37	M50/6/43/130
44	502	Michal Czekajlo	York Acorn Running	50.59	M40/8/41/128
45	363	Cameron Balmain	Thirsk and Sowerby	51.01	MU23/2/48/96
46	623	Brian Hainsworth	Nidd Valley Road Ru	51.24	M45/7/42/42
47	950	Neil Ridsdale	Esk Valley Fell Club	51.27	M65/1/50/250
48	522	Boyd Brad	Pickering Running C	51.48	M40/9/40/85
49	624	Matthew Dunn	Pickering Running C	52.04	M45/8/41/41
50	6	Emma Clapton	Individual#	52.09	FO/3/46/181
51	820	Steve Ellmore	Knaresborough Strid	52.11	M55/3/46/46
52	30	Natalie Greaves	York Knavesmire Ha	52.32	FO/4/45/45
53	347	Tristan Featherby	Pocklington Runners	53.28	MO/19/30/98
54	622	Ken Wood	Thirsk and Sowerby	53.33	M45/9/40/40
55	904	Nigel Briggs	North York Moors AC	53.39	M60/1/50/237

56	153	Louise Venables	Pocklington Runners	53.54	F40/2/48/189
57	726	Pete Berry	Individual#	54.08	M50/7/42/42
58	367	Graham Miller	Loftus and Whitby A	54.10	MO/20/29/29
59	31	Ursula Moore	York Knavesmire Ha	54.52	FO/5/44/44
60	921	Nicholas Andralojc	Nidd Valley Road Ru	54.54	M60/2/48/48
61	810	Paul Havis	Individual#	55.02	M55/4/45/174
62	729	Phil Ventress	Nidd Valley Road Ru	55.06	M50/8/41/41
63	373	Chris Coates	Thirsk and Sowerby	55.17	MO/21/28/28
64	961	Robert Burn	Thirsk and Sowerby	55.29	M65/2/48/48
65	112	Bronwyn Mayo	Thirsk and Sowerby	55.48	F40/3/46/46
66	382	Joshua Goldsbrough	North York Moors AC	56.18	MO/22/27/27
67	335	Jordan Millward	Esk Valley Fell Club	56.31	MO/23/26/50
68	821	Michael Keavney	Swaledale Runners	56.58	M55/5/44/44
69	731	Richard Johnson	Pickering Running C	57.03	M50/9/40/40
70	612	Philip Baines	Stockton Striders	57.11	M45/10/39/164*
71	372	Matthew Collins	Knaresborough Strid	57.14	MO/24/25/25
72	10	Rosamond Kruger	Thirsk and Sowerby	57.27	FO/6/43/218
73	371	Nick Butcher	Individual#	57.36	MO/25/24/24
74	323	Joe O'Keeffe	Thirsk and Sowerby	57.45	MO/26/23/114
75	32	Cassie Read	York Knavesmire Ha	57.54	FO/7/42/42
76	819	Andrew Tattersall	Knaresborough Strid	57.55	M55/6/43/43
77	368	Loui Armstrong	Individual#	58.03	MO/27/22/22
78	818	Michael Lowther	Thirsk and Sowerby	58.06	M55/7/42/42
79	516	David Fawkes	Thirsk and Sowerby	58.24	M40/10/39/81
80	257	Lorraine Hiles	Thirsk and Sowerby	58.26	F55/1/50/50
81	914	Gary Bastow	Thirsk and Sowerby	58.36	M60/3/46/91
82	365	Tim McKenzie	York Acorn Running	59.12	MO/28/21/21
83	517	Joe Joyce	Thirsk and Sowerby	59.16	M40/11/38/121
84	157	Orna O'Toole	York Knavesmire Ha	59.20	F45/1/50/146
85	25	Maria Clemmit	North York Moors AC	59.37	FO/8/41/82
86	999	Neil Scruton	Scarborough Athletic	60.36	M75/1/50/50
87	725	Matthew Driscoll	Individual#	61.16	M50/10/39/39
88	978	Graham Barnes	Individual#	63.05	M70/1/50/50
89	278	Caroline Glover	Wharfedale Harriers	63.10	F60/1/50/50
90	712	David Tervit	Thirsk and Sowerby	63.39	M50/11/38/116
91	383	Mark Knowlson	Thirsk and Sowerby	64.10	MO/29/20/20
92	115	Lindsey Collins	Thirsk and Sowerby	64.18	F40/4/45/45
93	213	Mandy Clarke	York Knavesmire Ha	64.45	F50/1/50/96
94	919	Jerry Barnes	Vegan Runners	65.48	M60/4/45/87
95	155	Serena Partridge	Pickering Running C	65.52	F45/2/48/142
96	292	Jane Hamp	Scarborough Athletic	66.21	F65/1/50/50
97	211	Diane Jobson	North York Moors AC	66.57	F50/2/48/93
98	525	David Mould	Thirsk and Sowerby	67.00	M40/12/37/37
99	728	Peter Murray	York Acorn Running	67.04	M50/12/37/37
100	379	Ng Yin Cheung John	Individual#	67.22	MO/30/19/19
101	29	Claire Pascoe	Individual#	67.49	FO/9/40/40
102	524	Jonathan Proctor	Individual#	67.50	M40/13/36/36
103	154	Lucy Sillars	Thirsk and Sowerby	68.14	F45/3/46/142
104	975	Robert Lillie	Scarborough Athletic	69.22	M70/2/48/98*
105	160	Louise Nabarro	Individual#	70.21	F45/4/45/45
106	216	Faith Coy	Thirsk and Sowerby	72.54	F50/3/46/46
107	113	Gemma Fearnley	Pickering Running C	72.55	F40/5/44/44
108	18	Laura Bennett	York Acorn Running	73.01	FO/10/39/124
109	734	Martyn Coy	Thirsk and Sowerby	73.09	M50/13/36/36
110	159	Janet Balmain	Thirsk and Sowerby	73.13	F45/5/44/44
111	816	Alan Docherty	Thirsk and Sowerby	73.18	M55/8/41/41
112	214	Lucy Saggars	Pickering Running C	73.30	F50/4/45/90
113	922	Dan Simmons	Wetherby Runners	74.00	M60/5/44/44
114	259	Lynne Jackson	Thirsk and Sowerby	74.31	F55/2/48/48
115	625	Will Jagger	Thirsk and Sowerby	74.59	M45/11/38/38

116	261	Tracey Docherty	Thirsk and Sowerby	75.14	F55/3/46/46
117	910	Ian Robinson	Esk Valley Fell Club	75.15	M60/6/43/163
118	114	Louise McVay	Thirsk and Sowerby	76.55	F40/6/43/43
119	215	Tracey Lowther	Thirsk and Sowerby	77.36	F50/5/44/44
120	977	Kenneth Evitt	Thirsk and Sowerby	77.42	M70/3/46/46
121	250	Ronni Kirkham	Esk Valley Fell Club	77.48	F55/4/45/226
122	962	Stephen Billings	Thirsk and Sowerby	79.22	M65/3/46/46
123	722	Vaughn Davies	Individual#	79.40	M50/14/35/80
124	260	Sara Armitage	Thirsk and Sowerby	79.46	F55/5/44/44
125	256	Alison Butcher	Thirsk and Sowerby	80.03	F55/6/43/43
126	291	Carol Thompson	Thirsk and Sowerby	80.28	F65/2/48/48
127	733	Neil Enskat	North York Moors AC	80.40	M50/15/34/34
128	14	Bethany Haggath	Thirsk and Sowerby	83.27	FU23/1/50/248
129	295	Margaret Wikeley	Thirsk and Sowerby	84.03	F70/1/50/50
130	290	Christine Burn	Thirsk and Sowerby	84.46	F65/3/46/46
131	955	Graham Robinson	Pickering Running C	85.54	M65/4/45/135*
132	952	Geoff Hine	Esk Valley Fell Club	87.14	M65/5/44/178
133	279	Sara Holden	Wetherby Runners	88.02	F60/2/48/48
134	276	Nicola Wise	Pickering Running C	88.59	F60/3/46/96
135	958	Dean Wise	Pickering Running C	89.00	M65/6/43/86
136	277	Denise Gandy	Thirsk and Sowerby	96.58	F60/4/45/45
137	523	Phillip Craig	Thirsk and Sowerby	97.52	M40/14/35/35
138	991	Alan Wikeley	Thirsk and Sowerby	102.37	M75/2/48/48
139	727	Ian James Puckrin	Eborienteers	DNF	M50/0/0/0

(End)

Teams:	Club	Points	Positions	Team pts/total
<b>male:</b>	1 Easingwold Running Clu	37	2,5,9,21	15/29
	2 Thirsk and Sowerby Har	57	6,12,17,22	14/62
	3 York Acorn Running Clu	131	28,29,33,41	13/22
	4 Pickering Running Club	155	30,34,45,46	12/35
	5 Thirsk and Sowerby Har	160	32,37,42,49	11/49
	6 Esk Valley Fell Club 'A'	162	19,40,44,59	10/56
	7 Scarborough Athletic Cl	173	3,14,73,83	9/24
	8 Knaresborough Striders	187	11,47,63,66	8/8
	9 Thirsk and Sowerby Har	246	56,57,65,68	7/21
	10 Thirsk and Sowerby Har	287	69,70,72,76	6/6
	11 Thirsk and Sowerby Har	325	77,79,84,85	5/5
	12 Thirsk and Sowerby Har	362	87,89,90,96	4/4
<b>female:</b>	1 York Knavesmire Harrier	13	1,5,7	15/42
	2 Thirsk and Sowerby Har	20	3,8,9	14/72
	3 York Knavesmire Harrier	38	10,12,16	13/13
	4 Thirsk and Sowerby Har	47	11,15,21	12/59
	5 Scarborough Athletic Cl	62	2,18,(42)	11/37
	6 Pickering Running Club	68	17,24,27	10/36
	7 North York Moors AC 'A'	74	13,19,(42)	9/24
	8 Thirsk and Sowerby Har	77	23,26,28	8/28
	9 Thirsk and Sowerby Har	90	29,30,31	7/7
	10 Thirsk and Sowerby Har	102	33,34,35	6/6
	11 Thirsk and Sowerby Har	111	36,37,38	5/5

\* = Bonus points not included

# = Non-counter (team)

**Corrections:**

56th No. 153 age category change. Also affects races 2,3 and 4.

**Comments:**

The damp muggy conditions didn't put off the 139 entrants to the Gormire Gamble which returned to Sutton Bank after a 3 year hiatus. The course offered a good mix of terrain. A short fast road section at the start, steep technical descents, heart thumping climbs and long straight sections on the Cleveland Way, with a glimpse of "England's Finest View" for those who had time to look up. The rain helped to make the ground a bit more grippy allowing some fast descents. Tom Levi put his local knowledge to good use leading the way to Gormire Rigg, but this gamble didn't pay off, with Tom losing 5 places in the 13% grade up the bank to the finish. The top 6 were tightly grouped at CP5 by the lake, but the big climb was the clincher with Stephen McDougall (Middlesbrough and Cleveland Harriers) first across the line in 42:22, closely followed by Edward Fenning (Easingwold) and Paul Lawton (Scarborough).

First female was Nik Tarrega (York Knakesmire Harriers), smashing her own course record in 46:42. Rhona Marshall (Scarborough) took 2nd and Esther Harrison (Thirsk and Sowerby Harriers) was 3rd. The under 23 prizes were all claimed by Thirsk and Sowerby runners with Beth Haggath and Freddy Wharton continuing their winning streaks and Cameron Balmain taking 2nd U23 male. Tim Grimwood and Louise Venables claimed the first veteran (v40) prizes. The final competitor home was Thirsk and Sowerby's Alan Wikeley who also claimed 2nd place V75 with Margaret Wikeley, taking top place in her V70 category. Host club Thirsk and Sowerby Harriers turned up with an impressive 44 runners, many competing in their first fell race. However, hopes of a clean sweep in team prize honours were dashed with local rivals Easingwold (Male) and York Knavesmire (Female) just pipping out the hosts. Alan Simpson, Trudy Morrice and Marc Davies were assisted by a keen group of club volunteers.

The bumper turnout means we have £367 in surplus funds which will be donated to the male mental health charity CALM (Campaign Against Living Miserably). Many thanks to the North York Moors National Park Authority for letting us use their great facilities at the Visitor Centre and to the Park Life café for staying open to serve up refreshments. Next fell race is Inclined to Madness Wednesday July 5th.  
Alan Simpson

**Next Race :** Inclined To Madness

05-Jul-23