Clockwise Commondale Clart Dave Parry/Lets Run Summer Series 2023

29-Jul-23 Race 9

Pos.	No.	Name	Club	time	cat/pos/pts/best
1	366	Oliver Shaw	Loftus and Whitby A	38.02	MO/1/50/188
2	310	Joe Leadley	Loftus and Whitby A	38.25	MO/2/48/235
3	349	Robert Preston	Scarborough Athletic	40.39	MO/3/46/246
4	605	Matthew Jones	Scarborough Athletic	40.40	M45/1/50/290
5	353	Freddy Wharton	Thirsk and Sowerby	40.51	MU23/1/50/350
6	802	Robert Williamson	Loftus and Whitby A	41.10	M55/1/50/337
7	711	Stephen Pugh	Esk Valley Fell Club	42.35	M50/1/50/292*
8	738	Matt Machouki	Scarborough Athletic	42.41	M50/2/48/94
9	743	Steve Sanders	Penistone Footpath	42.52	M50/3/46/46
10	701	Darren Fishwick	Chorley	42.58	M50/4/45/90
11	326	Aaron Keys	Middlesbrough and (42.58	MO/4/45/189
12	103	Catherine Williamson	Loftus and Whitby A	43.01	F40/1/50/300*
13	713	Calvin Nicholson	Billingham Running (44.28	M50/5/44/322
14	602	Damian Kilpin	Penistone Footpath	45.00	M45/2/48/140
15	629	Reiner Hesse	Individual#	45.02	M45/3/46/46
16	901	Barry Atkinson	York Knavesmire Ha	45.42	M60/1/50/148
17	950	Neil Ridsdale	Esk Valley Fell Club	46.13	M65/1/50/350
	502		•		
18		Michal Czekajlo	York Acorn Running	46.18	M40/1/50/222
19	707	David Bannister	York Acorn Running	46.37	M50/6/43/262*
20	4	Esther Harrison	Thirsk and Sowerby	46.42	FO/1/50/336
21	347	Tristan Featherby	Pocklington Runners	46.44	MO/5/44/142
22	912	David Hughes	North York Moors A(46.50	M60/2/48/244*
23	606	Gary Wilkinson	Thirsk and Sowerby	47.07	M45/4/45/360
24	904	Nigel Briggs	North York Moors AC	47.16	M60/3/46/388
25	814	David Sanderson	Individual#	48.28	M55/2/48/138*
26	704	Alan Simpson	Thirsk and Sowerby	49.33	M50/7/42/209*
27	401	Thomas Jones	Esk Valley Fell Club	49.40	MO/6/43/43
28	316	Andreas Kruger	Thirsk and Sowerby	50.00	MO/7/42/106
29	610	Robert Allinson	Redcar Running Clu	50.24	M45/5/44/124
30	959	Barry Edwards	Individual#	50.45	M65/2/48/141
31	27	Kirsty Struthers	North York Moors AC	50.57	FO/2/48/180
32	612	Philip Baines	Stockton Striders	51.03	M45/6/43/336*
33	999	Neil Scruton	Scarborough Athletic	52.32	M75/1/50/250
34	10	Rosamond Kruger	Thirsk and Sowerby	53.20	FO/3/46/264
35	41	Sarah Roe	Billingham Running (53.23	FO/4/45/83
36	920	Mike Knox	Swift Tees	53.39	M60/4/45/225
37	100	Sarah Walch	Penistone Footpath	54.31	F40/2/48/140
38	718	Shaun Dodd	Aycliffe Running Clu	54.56	M50/8/41/80
39	928	Stuart Mechie	Individual#	55.04	M60/5/44/44
40	909	Marc Davies	Thirsk and Sowerby	55.36	M60/6/43/310*
41	742	Gavin Coventry	Thirsk and Sowerby	56.31	M50/9/40/40*
42	960	Richard Parkin	Beverley AC	59.05	M65/3/46/182
43	48	Rebecca Aspin	OS Runners	59.28	FO/5/44/44
44	251	Helen Ashworth	Thirsk and Sowerby	59.39	F55/1/50/344*
45	253	Denise Tunstall	Durham Fell Runners	59.43	F55/2/48/96
46	823	Lee Shepherd	Individual#	59.44	M55/3/46/46
47	121	Nicola Darragh	Stockton Striders	62.47	F40/3/46/88
48	47	Laura Havis	Middlesbrough AC (I	64.57	FU23/1/50/50
49	810	Paul Havis	Individual#	65.02	M55/4/45/311
50	154	Lucy Sillars	Thirsk and Sowerby	66.11	F45/1/50/288
51	275	Alison Lloyd	North York Moors A(66.13	F60/1/50/298
52	250	Ronni Kirkham	Esk Valley Fell Club	68.31	F55/3/46/367
53	722	Vaughn Davies	Individual#	69.40	M50/10/39/119
54	46	Fiona Roe	Billingham Running (73.02	FO/6/43/43
55	524	Jonathan Proctor	Individual#	74.10	M40/2/48/84
ວວ	524	Julialian Pluciul	iiiuiviuuai#	74.10	IVI4U/Z/40/84

56	952	Geoff Hine	Esk Valley Fell Club	75.33	M65/4/45/223
57	958	Dean Wise	Pickering Running C	77.49	M65/5/44/130
58	276	Nicola Wise	Pickering Running C	77.50	F60/2/48/238
59	955	Graham Robinson	Pickering Running C	78.37	M65/6/43/311*
(End)					

Teams:	Club	Points	Positions	Team pts/total
male:	1 Scarborough Athletic Clu	45	3,4,8,30	15/72
	2 Thirsk and Sowerby Har	76	5,21,24,26	14/115
	3 Esk Valley Fell Club 'A'	89	7,16,25,41	13/105
female:	1 Thirsk and Sowerby Har	14	2,4,8	15/129
	2 North York Moors AC 'A	33	3,13,(17)	14/80
	3 Billingham Running Cluk	37	5,15,(17)	13/13

^{* =} Bonus points not included

Comments:

Over a new course the reverse of our festive favourite Commondale Clart, the Three C's Fell Race Clockwise Commondale Clart, 59 entrants made it to the start line, well it was 58 as Jonathan Proctor Individual arrived a little late giving the rest of the field an 11 minute headstart, though he did catch-up and claimed a second v40 prize for his efforts. The Cleveland Inn hosted registration, thank you and Cleveland Mountain Rescue Team representatives Sid Bollands and Andy Pearson were on hand just prior to race start to receive a donation cheque of £600, proceeds from the Viking Chase Four Peaks Fell Race held a couple of weeks ago.

In the tale of the tape it was the senior category who occupied the podium spots, Oliver Shaw Loftus and Whitby taking the win, followed in by team-mate Joe Leadley with Robbie Preston Scarborough AC finishing third. First veteran home was Matthew Jones (v45) also Scarborough AC, Freddy Wharton (U23) Thirsk and Sowerby Harriers had his first top five finish and rounding the top five was Rob Williamson (v55) Loftus and Whitby and making up the winning team (the modest entry number meant reverting to teams of three for the on the day prizes). In the team competition with four counters it was Scarborough AC, followed by Thirsk and Sowerby with Esk Valley Fell Club third. Cath Williamson (v40) Loftus and Whitby, still sporting her wrist cast place first women with Esther Harrison Thirsk and Sowerby Harriers first senior in second place and Kirsty Struthers North Yorks Moors AC making up the podium. Along with Esther, Rosamund Kruger (senior) fourth overall and Helen Ashworth (V55) made up the winning women's team, Thirsk and Sowerby Harriers AC.

Other age group wins included, Laura Havis (U23) Middlesbrough AC (Mandale), v40 wins for Michal Czekajlo and Sarah Walsh (not including Cath who won overall) Penistone Footpath Runners, v45 Lucy Sillars Thirsk and Sowerby, v50 Stephen Pugh Esk Valley Fell Club, v60 Barry Atkinson York Knavesmire Harriers and Alison Lloyd North Yorks Moors AC, v65 Neil Ridsdale Esk Valley Fell Club and v75 Neil Scruton Scarborough AC.

Thank you again to our helpers and see you all at the next event and tenth counter in the Dave Parry Lets Run Summer Fell Race Series 2023, Osmotherley Show Race on Saturday 5th August, entries open on SI Entries until Friday 4th August, start time is 14:00hrs and registration is open 12:00hrs until 13:45hrs. Event postcode is DL6 3PY. Clive Thornton

Esk Valley Fell Club

Next Race : Osmotherley Show 05-Aug-23

^{# =} Non-counter (team)