

Castleton Show Run**Dave Parry/Lets Run Summer Series 2023****09-Sep-23****Race 13**

v2

Pos.	No.	Name	Club	time	cat/pos/pts/best
1	747	Alasdair Tatham	North York Moors AC	37.36	M50/1/50/50
2	354	Sam Leadley	Loftus and Whitby A	39.14	MO/1/50/246*
3	802	Robert Williamson	Loftus and Whitby A	40.55	M55/1/50/390*
4	301	Tom Levi	Thirsk and Sowerby	41.37	MO/2/48/368*
5	514	Richard Atkins	North York Moors AC	41.45	M40/1/50/142
6	740	Simon Jones	Farsley Flyers	42.49	M50/2/48/92
7	544	Iain Yates	Wakefield Harriers	43.00	M40/2/48/48
8	518	Philip Peggs	Loftus and Whitby A	43.07	M40/3/46/138
9	308	Tom Ratcliffe	York Knavesmire Ha	43.13	MO/3/46/349*
10	912	David Hughes	North York Moors AC	43.27	M60/1/50/342*
11	634	Stuart Turton	North York Moors AC	43.57	M45/1/50/50
12	376	David Strange	Individual#	44.42	MO/4/45/82
13	732	Brendan Anglim	Hardley Runners	45.02	M50/3/46/96
14	101	Rhona Marshall	Scarborough Athletic	45.11	F40/1/50/294
15	705	Chris Jefferies	Billingham Running C	45.14	M50/4/45/219
16	370	Phil Smith	Pickering Running C	45.19	MO/5/44/153
17	713	Calvin Nicholson	Billingham Running C	45.32	M50/5/44/370
18	59	Kelly Richmond	Pickering Running C	45.36	FO/1/50/50
19	707	David Bannister	York Acorn Running	46.09	M50/6/43/355*
20	606	Gary Wilkinson	Thirsk and Sowerby	46.14	M45/2/48/370
21	4	Esther Harrison	Thirsk and Sowerby	46.36	FO/2/48/384*
22	349	Robert Preston	Scarborough Athletic	47.14	MO/6/43/333
23	352	Richard Grant	Thirsk and Sowerby	47.16	MO/7/42/228
24	27	Kirsty Struthers	North York Moors AC	47.35	FO/3/46/318
25	748	Ian Lowther	North York Moors AC	47.53	M50/7/42/42
26	423	Toby Ancliffe	Hallamshire Harriers	48.01	MO/8/41/41
27	545	Ewan Cochrane	York Knavesmire Ha	48.25	M40/4/45/45
28	603	Matthew Harrison	Individual#	49.01	M45/3/46/366*
29	162	Susan Bowes	Individual#	49.10	F45/1/50/50
30	424	Scott Mackay	Individual#	49.24	MO/9/40/40
31	709	Julian Wardman	Esk Valley Fell Club	49.29	M50/8/41/347
32	635	Nick Bower	Individual#	49.40	M45/4/45/45
33	612	Philip Baines	Stockton Striders	49.44	M45/5/44/349*
34	529	Ste Robson	York Knavesmire Ha	49.51	M40/5/44/89
35	6	Emma Clapton	Individual#	50.30	FO/4/45/377
36	203	Nina Cameron	Northumberland Fell	51.33	F50/1/50/242
37	999	Neil Scruton	Scarborough Athletic	51.59	M75/1/50/400
38	520	Graham Gill	York Knavesmire Ha	52.21	M40/6/43/172
39	209	Trudy Morrice	Thirsk and Sowerby	53.02	F50/2/48/396*
40	800	Gary Talbot	Esk Valley Fell Club	54.55	M55/2/48/354*
41	636	Allan Ayres	Individual#	54.58	M45/6/43/43
42	934	Jeremy Benson	York Knavesmire Ha	55.27	M60/2/48/48
43	299	Kathryn Dickinson	York Knavesmire Ha	55.37	F65/1/50/50
44	425	Liam Gould	Individual#	55.45	MJ/1/50/50
45	749	Nicholas O'Grady	New Marske Harriers	56.32	M50/9/40/40
46	831	Bryan Drew	York Knavesmire Ha	56.46	M55/3/46/46
47	157	Orna O'Toole	York Knavesmire Ha	56.57	F45/2/48/244
48	201	Steph Lishman	Individual#	57.41	F50/3/46/382*
49	60	Evie Tempest	Individual#	57.42	FJ/1/50/50
50	426	Samuel Bartle	Individual#	57.48	MJ/2/48/48
51	294	Martha McBarron	Swaledale Runners	58.06	F65/2/48/48
52	903	Anthony Harnett	North York Moors AC	58.29	M60/3/46/176
53	954	Mark Edwards	North York Moors AC	59.40	M65/1/50/50*
54	155	Serena Partridge	Pickering Running C	61.02	F45/3/46/238
55	282	Patricia Kay	Aycliffe Running Clu	61.41	F60/1/50/50

56	953	Pedro Carrasco	Thirsk and Sowerby	62.05	M65/2/48/233
57	124	Kerrie Cox	Individual#	62.21	F40/2/48/48
58	61	Kate Meinhold	Individual#	65.00	FO/5/44/44
59	909	Marc Davies	Thirsk and Sowerby	65.42	M60/4/45/366*
60	292	Jane Hamp	Scarborough Athletic	67.46	F65/3/46/146
61	958	Dean Wise	Pickering Running C	70.41	M65/3/46/176
62	990	Michael Hetheron	Pickering Running C	70.43	M75/2/48/194
63	967	Mike Punchard	Pickering Running C	71.56	M65/4/45/91
64	427	John Ng	Individual#	73.28	MJ/3/46/46
65	733	Neil Enskat	North York Moors AC	74.04	M50/10/39/73
66	204	Jayne Bowers	Esk Valley Fell Club	76.11	F50/4/45/89
67	276	Nicola Wise	Pickering Running C	76.37	F60/2/48/286
68	722	Vaughn Davies	Individual#	77.45	M50/11/38/245
69	910	Ian Robinson	Esk Valley Fell Club	78.30	M60/5/44/343*
70	952	Geoff Hine	Esk Valley Fell Club	82.52	M65/5/44/355
71	163	Nicola Bennett	Individual#	84.22	F45/4/45/45
72	62	Ashley Benton	Individual#	84.23	FO/6/43/43

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 North York Moors AC 'A'	27	1,5,10,11	15/74
	2 Thirsk and Sowerby Har	83	4,18,20,41	14/171
	3 York Knavesmire Harrier	92	9,23,29,31	13/79
	4 Pickering Running Club	147	15,43,44,45	12/67
	5 North York Moors AC 'B'	147	21,39,40,47	11/17
	6 Esk Valley Fell Club 'A'	157	26,32,49,50	10/149
female:	1 Thirsk and Sowerby Har	34	3,8,(23)	15/186
	2 Pickering Running Club	36	2,14,20	14/67
	3 York Knavesmire Harrier	42	9,10,(23)	13/97
	4 Scarborough Athletic Clt	42	1,18,(23)	12/63

Corrections:

28/9/23 Nigel Briggs 51:23 none counter (helper)

* = Bonus points not included

= Non-counter (team)

Comments:

Thank you all for turning out and supporting not only the twenty second Castleton Show Run (approximately 10km), but also the Castleton Show and congratulations to you all for competing in exceptionally challenging conditions for running! What a contrast to last years race, very wet and 15 degrees cooler!

Great runs by Alasdair Tatham North Yorks Moor AC and Rhona Marshall Scarborough AC in the womens race. In fact lets say well done to all our prize winners including the two over 75 men, Neil Scruton Scarborough AC and Mike Hetheron Pickering RC. Congratulations to the mens team winners Loftus and Whitby AC (three counters) in a close contest with North Yorks Moors AC men. Pickering RC claimed the womens team win on the day (three counters).

Despite the challenging conditions i hope you enjoyed your runs on this undulating course (aka a fell race for road runners and a road race for fell runners) and your day at the show, please pass the word around and bring a friend next year.

All being well i will organise next years race on Show day, the second saturday of September (which i make to be the 14th).

Finally and by no means least our on the day helpers without whom this race does not happen, so take a bow:

Eddie Meehan acting as race official, Dave Robinson - timer, Bob Lillie - recorder, and to the marshals, my wife Di acting as sweeper, Dave and Viv Murphy (Cattle Grid and water station) Phil Caward and Another at the crossroads, Ronni Kirkham at Westerdale, Lucy Sillars at Hob Hole, Ellie and Livi Wright junctions and cattle grid 2km/8km, Nigel Briggs and Emily at Registration, Lynn Humpleby and Dave Parke on crowd control.

And first aid provided by Medics UK limited.

Final Dave Parry Lets Run Summer Fell Race Series event is Fryup Frazzler on Sunday 17th September.

Chris Wright
North Yorks Moors AC

Next Race : Fryup Frazzler

17-Sep-23