

Saltergate Gallows**12-Nov-23****Dave Parry/Lets Run Winter Series 2023-24****Race 2**

Pos.	No.	Name	Club	time	cat/pos/pts/total
1	338	Rory Bevin	Individual#	90.32	MO/1/50/50
2	526	Lee Kemp	Esk Valley Fell Club	90.52	M40/1/50/50
3	301	Oliver Shaw	Loftus & Whitby AC	91.34	MO/2/48/93
4	303	Stephen McDougall	Middlesbrough & Cle	91.50	MO/3/46/90
5	307	Sam Leadley	Loftus & Whitby AC	92.01	MO/4/45/93
6	314	Joe Leadley	Loftus & Whitby AC	92.36	MO/5/44/87
7	327	Tom Levi	Thirsk & Sowerby Ha	94.01	MO/6/43/84
8	344	Ewan Sewell	York Knavesmire Ha	94.46	MO/7/42/42
9	347	Thomas Naisby	Esk Valley Fell Club	98.19	MO/8/41/41
10	503	Martin Wilson	Durham Fell Runners	99.51	M40/2/48/93
11	21	Caroline Lambert	Keswick AC	100.18	FO/1/50/50
12	504	Rorie McIntosh	Esk Valley Fell Club	100.46	M40/3/46/92
13	500	Iain Yates	Wakefield District H	101.12	M40/4/45/93
14	613	Andy Goddard	York Acorn Running	101.27	M45/1/50/98
15	506	Mike Jefferies	Billingham Running C	101.48	M40/5/44/88
16	346	Luke Rock	Esk Valley Fell Club	102.59	MO/9/40/40
17	609	Damian Kilpin	Penistone Footpath F	103.26	M45/2/48/93
18	525	Adam Hartley	Individual#	103.31	M40/6/43/43
19	348	Jamie Davidson	Individual#	103.50	MO/10/39/39
20	722	Simon Jones	Pickering Running Cl	104.02	M50/1/50/50*
21	622	Ian Rowan	Individual#	104.30	M45/3/46/46
22	614	Michael Richmond	Pickering Running Cl	104.36	M45/4/45/89
23	22	Victoria Sewell	York Knavesmire Ha	104.52	FO/2/48/48
24	521	Richard Atkins	NYMAC	106.42	M40/7/42/42
25	523	Edward Hinton	York Knavesmire Ha	106.57	M40/8/41/41
26	735	Stephen Pugh	Esk Valley Fell Club	107.02	M50/2/48/48
27	723	Matt Machouki	Scarborough Athletic	107.17	M50/3/46/94
28	710	Brendan Anglim	Easingwold Running	107.30	M50/4/45/89
29	311	Will Roberts	York Acorn Running	108.13	MO/11/38/71
30	340	Luke Harmer	Individual#	108.26	MO/12/37/37
31	728	Giles Hawking	York Knavesmire Ha	108.33	M50/5/44/44
32	335	Sandy Hetherington	Carnethy	109.07	MO/13/36/36
33	334	Craig Dewney	Individual#	109.24	MO/14/35/35
34	322	Chris Crooks	Individual#	109.47	MO/15/34/65
35	321	Oli Read	York Knavesmire Ha	110.28	MO/16/33/68
36	708	Calvin Nicholson	Billingham Running C	110.44	M50/6/43/88
37	806	Kevin Mcloughlin	North York Moors AC	110.48	M55/1/50/98
38	345	Callam Keen	Individual#	110.58	MO/17/32/32
39	329	Tristan Featherby	Pocklington Runners	111.26	MO/18/31/60
40	118	Kay Neesam	New Marske Harriers	111.35	F55/1/50/50
41	713	David Bannister	York Acorn Running	111.54	M50/7/42/85
42	343	Dermot Meeham	Individual#	112.08	MO/19/30/30
43	811	Jim Rogers	City of Hull AC	112.18	M55/2/48/94
44	349	Thomas McPartland	Individual#	112.19	MO/20/29/29
45	718	Julian Wardman	Esk Valley Fell Club	113.55	M50/8/41/82
46	6	Kelly Richmond	Pickering Running Cl	114.00	FO/3/46/96
47	706	Chris Jefferies	Billingham Running C	114.08	M50/9/40/82
48	325	Luke Osborn	York Knavesmire Ha	114.20	MO/21/28/28
49	731	Ryan Barker	Halifax Harriers	114.24	M50/10/39/39
50	624	John Lloyd	CFR	114.52	M45/5/44/44
51	342	Aaron Keys	Middlesbrough & Cle	115.10	MO/22/27/27
52	14	Georgia Campbell	Individual#	115.17	FO/4/45/91
53	333	Glyn Smith	Billingham Running C	115.57	MO/23/26/26
54	319	Adam Malcolm	Esk Valley Fell Club	116.01	MO/24/25/55
55	628	Robert Allinson	Redcar Running Clut	116.03	M45/6/43/43

56	627	Fred Smith	Individual#	116.23	M45/7/42/42
57	304	Jack Close	Red Hot RC	116.32	MO/25/24/52
58	527	Mark Jackson	Middlesbrough & Cle	117.58	M40/9/40/40
59	509	Michal Czekajlo	York Acorn Running	118.02	M40/10/39/78
60	701	Russ Grayson	Pickering Running Cl	118.17	M50/11/38/38*
61	524	Matt Kiddle	York Acorn Running	118.36	M40/11/38/38
62	608	Matthew Jones	Scarborough Athletic	118.50	M45/8/41/87
63	732	Simon Hictasa	City of Hull AC	119.04	M50/12/37/37
64	339	Oliver Barker-Field	Individual#	120.01	MO/26/23/23
65	729	Chris Haynes	Individual#	120.02	M50/13/36/36
66	726	Tony Millard	Blue Lagoon Tri	121.02	M50/14/35/35
67	152	Anna Blackwell	Individual#	121.30	F45/1/50/100
68	952	Neil Rip Ridsdale	Esk Valley Fell Club	122.28	M65/1/50/100
69	522	David Fawkes	Thirsk and Sowerby I	122.44	M40/12/37/37
70	733	Dan Rhodes	Durham Fell Runners	123.00	M50/15/34/34
71	615	Michael Quinn	Esk Valley Fell Club	123.15	M45/9/40/82
72	528	Scott Palmer	Tynedale Tri	123.19	M40/13/36/36
73	19	Esther Harrison	Thirsk & Sowerby Ha	123.22	FO/5/44/92
74	960	Stephen J Holding	Pocklington Runners	123.30	M65/2/48/48
75	727	Pete Berry	York Knavesmire Ha	123.34	M50/16/33/33
76	520	Bruno Manet	Individual#	124.04	M40/14/35/35
77	105	Louise Venables	Pocklington Runners	124.11	F40/1/50/98
78	211	Trudy Morrice	Thirsk & Sowerby Ha	124.56	F50/1/50/96
79	816	Lee Barker Field	Individual#	126.11	M55/3/46/46
80	332	Sam Lawler	Individual#	127.15	MO/27/22/22
81	717	Alan Simpson	Thirsk & Sowerby Ha	127.46	M50/17/32/70
82	810	Paul Havis	Individual#	128.01	M55/4/45/84
83	802	Neil Bowmer	Swaledale Runners	128.08	M55/5/44/44
84	337	Cameron Balmain	Thirsk & Sowerby Ha	129.04	MU23/1/50/50
85	316	Robert Bailey	Scarborough Athletic	131.42	MO/28/21/46
86	250	Ros Blackmore	Swaledale Runners	132.41	F55/2/48/98
87	336	Matthew Wilson	Pickering Running Cl	132.46	MO/29/20/20
88	813	Terry Murgatroyd	Blue Lagoon Tri	133.08	M55/6/43/43
89	23	Claire Naisby	Individual#	133.13	FO/6/43/43
90	913	Michael Wilson	Pickering Running Cl	133.16	M60/1/50/50
91	20	Zoe Pattison	Individual#	133.44	FO/7/42/42
92	626	Matthew Allen	Valley Striders	134.20	M45/10/39/39
93	507	Graham Gill	York Knavesmire Ha	134.46	M40/15/34/72
94	911	Stewart Mechie	FRA	135.41	M60/2/48/48
95	730	Neil Mayfield	Individual#	136.15	M50/18/31/31
96	725	Gavin Coventry	Thirsk and Sowerby I	136.43	M50/19/30/30
97	330	Anthony Tomkins	York Acorn Running	137.28	MO/30/19/19
98	801	Gary Talbot	Esk Valley Fell Club	137.53	M55/7/42/83
99	734	Dave Smith	Pickering Running Cl	138.44	M50/20/29/29
100	625	Paul Chapman	Thirsk and Sowerby I	139.14	M45/11/38/38
101	955	Andrew Johnson	York Knavesmire Ha	139.34	M65/3/46/89
102	901	Marc Davies	Thirsk & Sowerby Ha	140.38	M60/3/46/90
103	958	Trevor Symonds	Northern Fells Runni	140.47	M65/4/45/89
104	110	Sarah Walch	Penistone Footpath F	140.54	F40/2/48/93
105	915	Nick Cousins	Pickering Running Cl	141.04	M60/4/45/45
106	259	Karen Farmer-Scott	Pickering Running Cl	141.07	F55/3/46/46*
107	341	J- Sumner Brown	Individual#	141.29	MO/31/18/18
108	714	Richard Crone	East Hull Harriers AC	141.41	M50/21/28/62
109	256	Nicola Eastwood	Roundhay Runners	145.18	F55/4/45/45
110	953	Richard Parkin	Beverley Athletic Clu	145.20	M65/5/44/86
111	251	Helen Ashworth	Thirsk & Sowerby Ha	145.52	F55/5/44/90
112	9	Emily Marner	Pickering Running Cl	146.12	FO/8/41/77
113	154	Serena Partridge	Pickering Running Cl	146.20	F45/2/48/48*
114	153	Laura Sutcliffe	Individual#	146.27	F45/3/46/46

115	975	Stephen Dixon	Valley Striders	146.56	M70/1/50/50
116	720	Richard Clark	Esk Valley Fell Club	148.20	M50/22/27/62
117	954	Stephen Haley	Individual#	150.34	M65/6/43/84
118	910	John Walker	Roundhay Runners	150.46	M60/5/44/44
119	15	Lucy Knight	Goodgym	152.49	FO/9/40/74
120	916	David Galsworth	York Acorn Running	154.51	M60/6/43/43
121	961	Colin Best	Otley AC	155.52	M65/7/42/42
122	278	Alison Lloyd	North York Moors AC	156.01	F60/1/50/95
123	258	Denise Tunstall	Durham Fell Runners	157.23	F55/6/43/43
124	8	Jessica Jackson	Esk Valley Fell Club	157.40	FO/10/39/74
125	912	Colin Valentine	Keswick AC	159.11	M60/7/42/42
126	623	Jarred Holdcroft	Durham Fell Runners	161.46	M45/12/37/37
127	331	Peter Simpson	Individual#	164.46	MO/32/17/17
128	112	Lynn Humpleby	Pickering Running Cl	176.19	F40/3/46/84
129	715	Vaughn Davies	Individual#	180.00	M50/23/26/54
130	260	Ronni Kirkham	Esk Valley Fell Club	185.26	F55/7/42/42
131	603	Nigel Braithwaite	Individual#	DNF	M45/0/0/30
132	606	Paul Hodgson	Durham Fell Runners	DNF	M45/0/0/43

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 Esk Valley Fell Club 'A'	37	2,9,11,15	15/28
	2 York Knavesmire Harrier	93	8,23,29,33	14/24
	3 York Acorn Running Club	132	13,27,38,54	13/24
	4 Billingham Running Club	139	14,34,43,48	12/24
	5 Pickering Running Club	172	19,21,55,77	11/20
	6 Esk Valley Fell Club 'B'	177	24,42,49,62	10/18
	7 Thirsk & Sowerby Harrier	244	7,72,75,90	9/16
	8 York Knavesmire Harrier	282	44,68,81,89	8/12
female:	1 Thirsk & Sowerby Harrier	32	7,9,16	15/30
	2 Pickering Running Club	35	4,14,17	14/26
	3 Pickering Running Club	68	18,24,(26)	13/16
	4 Esk Valley Fell Club 'A'	74	23,25,(26)	12/14

* = Bonus points not included

= Non-counter (team)

Comments:

The forecast foggy day didn't emerge and we were treated to a cold, bright autumn morning for perfect running conditions and a chance to see the moors in all of their golden glory. It was a great turnout again with 132 runners toeing the line for the second race in the series, one up on last years 131 runners.

After observing a minutes silence, the runners started fast on the runnable first couple of miles, spreading out nicely. The muddy and steep sections slowed them down a little but it was all on for the podium places in the men's race. Current course record holder Lee Kemp was held off by a speedy Rory Bevin who finished only 30 seconds off Lee's record to place first and the top five men were all within two minutes of each other for an exciting finish.

In the women's race, Caroline Lambert was a clear winner, with over four minutes lead while second place Victoria Sewell had a further six minute gap from Kay Neesam in third.

Esk Valley made a strong showing to take the men's team prize, with more bodies than a super Loftus and Whitby. Thirsk took the women's team prize.

Thank you to our helpers on the day: Kim Cavill - Organiser, Robert Lillie, Bridget Houlston, Debbie Rycroft, Carol Wilson, Sue Slack, David Stephenson, Shirley Tyrrell, Simon Tyrrell, Sally Brown, Graham Robinson, Alice Hayter, Andy Harvey and Dave Parke. This race is very well supported by the people of Levisham who provide us with parking fields and an ever impressive spread of refreshments so thanks needs to go to them too.

Next event is Eskdale Eureka on Sunday 3rd December 2023, no advance entry for this one its entry on the day and of course bring your race numbers if you competed at Lockton Limping or Saltergate Gallows.

Regards

Kim Cavill - Pickering Running Club

Next Race : Eskdale Eureka

02-Dec-23