

**Lockton Limping****29-Oct-23****Dave Parry/Lets Run Winter Series 2023-24****Race 1**

v2

Pos.	No.	Name	Club	time	cat/pos/pts
1	306	Robert Sparkes	Beverley Athletic Clu	49.20	MO/1/50
2	307	Sam Leadley	Loftus & Whitby AC	50.40	MO/2/48
3	312	Steven Donaldson	Esk Valley Fell Club	51.03	MO/3/46
4	301	Oliver Shaw	Loftus & Whitby AC	52.05	MO/4/45
5	303	Stephen McDougall	Middlesbrough & Cle	52.43	MO/5/44
6	314	Joe Leadley	Loftus & Whitby AC	53.38	MO/6/43
7	309	David Morrison	York Knavesmire Ha	54.14	MO/7/42
8	327	Tom Levi	Thirsk & Sowerby Ha	54.27	MO/8/41
9	518	Tim Grimwood	Swaledale Runners	54.53	M40/1/50
10	308	Adam Theaker	Loftus & Whitby AC	55.07	MO/9/40
11	605	Jayson Cavill	Pickering Running Cl	56.19	M45/1/50
12	724	Adrian Bushby	City of Hull AC	57.03	M50/1/50
13	613	Andy Goddard	York Acorn Running	57.31	M45/2/48
14	500	Iain Yates	Wakefield District H	57.36	M40/2/48
15	324	Paul Lawton	Scarborough Athletic	57.41	MO/10/39
16	504	Rorie McIntosh	Esk Valley Fell Club	58.19	M40/3/46
17	608	Matthew Jones	Scarborough Athletic	58.43	M45/3/46
18	318	Robert Preston	Scarborough Athletic	58.51	MO/11/38
19	503	Martin Wilson	Durham Fell Runners	59.01	M40/4/45
20	506	Mike Jefferies	Billingham Running C	59.07	M40/5/44
21	320	Scott Jowett	Esk Valley Fell Club	59.09	MO/12/37
22	609	Damian Kilpin	Penistone Footpath F	59.32	M45/4/45
23	812	Dave Parker	St Theresa's AC	59.42	M55/1/50
24	513	Darren Smith	Billingham Running C	60.01	M40/6/43
25	806	Kevin Mcloughlin	North York Moors AC	60.06	M55/2/48
26	511	Roger Tomlin	Beverley Athletic Clu	60.08	M40/7/42
27	723	Matt Machouki	Scarborough Athletic	60.10	M50/2/48
28	300	Charlie Leighton	Driffield Striders	60.13	MU23/1/50
29	614	Michael Richmond	Pickering Running Cl	60.20	M45/5/44
30	707	Matthew Hayes	East Hull Harriers AC	61.27	M50/3/46
31	606	Paul Hodgson	Durham Fell Runners	61.49	M45/6/43
32	315	Jacob Vezey	Individual#	62.05	MO/13/36
33	708	Calvin Nicholson	Billingham Running C	62.27	M50/4/45
34	514	Michael Grimwood	York Acorn Running	62.31	M40/8/41
35	321	Oli Read	York Knavesmire Ha	62.41	MO/14/35
36	103	Rhona Marshall	Scarborough Athletic	62.49	F40/1/50
37	305	Mitchell Scott	Goodgym	62.56	MO/15/34
38	311	Will Roberts	York Acorn Running	63.08	MO/16/33
39	710	Brendan Anglim	Easingwold Running	63.23	M50/5/44
40	6	Kelly Richmond	Pickering Running Cl	63.35	FO/1/50
41	952	Neil Rip Ridsdale	Esk Valley Fell Club	63.57	M65/1/50
42	323	Nick Outram	Pickering Running Cl	64.09	MO/17/32
43	713	David Bannister	York Acorn Running	64.19	M50/6/43
44	811	Jim Rogers	City of Hull AC	64.59	M55/3/46
45	19	Esther Harrison	Thirsk & Sowerby Ha	65.03	FO/2/48
46	706	Chris Jefferies	Billingham Running C	65.06	M50/7/42
47	502	Richard Purser	York Knavesmire Ha	65.16	M40/9/40
48	909	Barry Atkinson	York Knavesmire Ha	65.23	M60/1/50
49	509	Michal Czekajlo	York Acorn Running	65.25	M40/10/39
50	900	David Hughes	North York Moors AC	65.28	M60/2/48
51	718	Julian Wardman	Esk Valley Fell Club	65.43	M50/8/41
52	712	Peter Massey	Goodgym	66.00	M50/9/40
53	322	Chris Crooks	Individual#	66.12	MO/18/31
54	800	David Sanderson	Individual#	66.53	M55/4/45
55	14	Georgia Campbell	Individual#	66.57	FO/3/46

56	615	Michael Quinn	Esk Valley Fell Club	67.02	M45/7/42
57	209	Hester Butterworth	Scarborough Athletic	67.11	F50/1/50
58	319	Adam Malcolm	Esk Valley Fell Club	67.15	MO/19/30
59	507	Graham Gill	York Knavesmire Ha	67.18	M40/11/38
60	619	Matthew Harrison	Individual#	67.22	M45/8/41
61	329	Tristan Featherby	Pocklington Runners	67.35	MO/20/29
62	4	Emma Clapton	Individual#	68.13	FO/4/45
63	904	Nigel Briggs	North York Moors AC	68.15	M60/3/46
64	617	Wayne Leighton	Driffield Striders	68.48	M45/9/40
65	702	Adam Smith	Pocklington Runners	69.19	M50/10/39
66	202	Penny Browell	Elvet Striders	69.24	F50/2/48
67	602	Peter Gale	Individual#	69.35	M45/10/39
68	211	Trudy Morrice	Thirsk & Sowerby Ha	69.59	F50/3/46
69	808	Peter Walsh	Loftus & Whitby AC	70.04	M55/5/44
70	304	Jack Close	Red Hot RC	70.46	MO/21/28
71	620	Richard Veitch	Esk Valley Fell Club	71.26	M45/11/38
72	328	Paul Simpson	Pickering Running Cl	71.28	MO/22/27
73	957	Andrew Davies	Scarborough Athletic	71.30	M65/2/48
74	105	Louise Venables	Pocklington Runners	71.42	F40/2/48
75	604	Thomas Jones	Esk Valley Fell Club	71.52	M45/12/37
76	959	Mark Jordan	Harrogate Harriers &	71.58	M65/3/46
77	5	Megan Letts	Pocklington Runners	72.08	FO/5/44
78	16	Kirsty Struthers	North York Moors AC	72.38	FO/6/43
79	508	Michael Leadbetter	York Acorn Running	72.52	M40/12/37
80	999	Neil Scruton	Scarborough Athletic	73.17	M75/1/50
81	310	Flavius Stroe	Esk Valley Fell Club	73.30	MO/23/26
82	316	Robert Bailey	Scarborough Athletic	73.36	MO/24/25
83	317	Tom Bell	Nidderdale Fell & Tr	73.42	MO/25/24
84	717	Alan Simpson	Thirsk & Sowerby Ha	73.50	M50/11/38
85	709	Robert Grainger	Scarborough Athletic	74.04	M50/12/37
86	13	Rosamond Kruger	Thirsk & Sowerby Ha	74.09	FO/7/42
87	152	Anna Blackwell	Individual#	74.16	F45/1/50
88	803	Bryan Drew	York Knavesmire Ha	74.29	M55/6/43
89	610	Karl Yurkwich-Spink	Esk Valley Fell Club	75.24	M45/13/36
90	113	Jess Evans	St Theresa's AC	75.28	F40/3/46
91	907	Michael Clarke	Loftus & Whitby AC	76.09	M60/4/45
92	250	Ros Blackmore	Swaledale Runners	76.40	F55/1/50
93	212	Tracy Hunter	Swaledale Runners	76.48	F50/4/45
94	510	Ste Robson	York Knavesmire Ha	76.51	M40/13/36
95	700	Gary Wilkinson	Thirsk & Sowerby Ha	77.30	M50/13/36
96	950	Andrew Robertson	Scarborough Athletic	77.41	M65/4/45
97	958	Trevor Symonds	Northern Fells Runni	77.48	M65/5/44
98	291	Sue Haslam	Scarborough Athletic	78.12	F65/1/50
99	720	Richard Clark	Esk Valley Fell Club	78.17	M50/14/35
100	955	Andrew Johnson	York Knavesmire Ha	78.20	M65/6/43
101	901	Marc Davies	Thirsk & Sowerby Ha	78.27	M60/5/44
102	110	Sarah Walch	Penistone Footpath F	78.44	F40/4/45
103	714	Richard Crone	East Hull Harriers AC	78.49	M50/15/34
104	17	Maria Clemmit	North York Moors AC	78.52	FO/8/41
105	104	Kimberley Cavill	Pickering Running Cl	79.09	F40/5/44
106	908	Paul Smith	Pickering Running Cl	79.17	M60/6/43
107	7	Kim Wilkinson	Thirsk & Sowerby Ha	79.20	FO/9/40
108	607	Ed Snow	York Acorn Running	79.41	M45/14/35
109	101	Bronwyn Mayo	Thirsk & Sowerby Ha	79.48	F40/6/43
110	3	Rebecca Dent	Scarborough Athletic	79.59	FO/10/39
111	10	Laura Heslehurst	Thirsk & Sowerby Ha	80.05	FO/11/38
112	601	David Barrett	York Acorn Running	80.11	M45/15/34
113	200	Nina Mason	Elvet Striders	80.17	F50/5/44
114	18	Aimee Jones	Swaledale Runners	80.29	FO/12/37

115	809	Simon Lawson	Nidderdale Fell & Tra	80.36	M55/7/42
116	207	Julia Jackson	Loftus & Whitby AC	81.05	F50/6/43
117	151	Catherine Morland	Knaresborough Strid	81.46	F45/2/48
118	618	David Owuor	Pickering Running Cl	82.04	M45/16/33
119	204	Bec Horner	York Acorn Running	82.19	F50/7/42
120	255	Lorraine Hiles	Thirsk & Sowerby Ha	82.23	F55/2/48
121	519	Iain Milner	Esk Valley Fell Club	82.47	M40/14/35
122	107	Abigail Carter	Tadcaster Harriers	83.12	F40/7/42
123	801	Gary Talbot	Esk Valley Fell Club	84.08	M55/8/41
124	106	Fran Jeffery	Thirsk & Sowerby Ha	84.17	F40/8/41
125	612	Stuart Clarkson	Swaledale Runners	84.38	M45/17/32
126	276	Claire Stewart	Swaledale Runners	84.57	F60/1/50
127	719	Sean Brennan	Knaresborough Strid	85.01	M50/16/33
128	953	Richard Parkin	Beverley Athletic Clu	85.24	M65/7/42
129	108	Rosie Gatenby	Thirsk & Sowerby Ha	85.45	F40/9/40
130	251	Helen Ashworth	Thirsk & Sowerby Ha	85.47	F55/3/46
131	517	Glynn Jennison	East Hull Harriers AC	86.00	M40/15/34
132	621	Adrian Atkinson	Scarborough Athletic	86.10	M45/18/31
133	807	Thomas Reeves	Elvet Striders	86.21	M55/9/40
134	201	Steph Lishman	Individual#	87.29	F50/8/41
135	721	James Carter	Tadcaster Harriers	87.46	M50/17/32
136	810	Paul Havis	Individual#	88.04	M55/10/39
137	1	Laura Havis	Middlesbrough Athlet	88.07	FU23/1/50
138	805	Russ Charlton	Individual#	88.39	M55/11/38
139	254	Hilary Coventry	Thirsk & Sowerby Ha	89.06	F55/4/45
140	954	Stephen Haley	Individual#	89.08	M65/8/41
141	252	Nicola Thorpe	Individual#	89.39	F55/5/44
142	102	Kirsty Naylor	Thirsk & Sowerby Ha	89.46	F40/10/39
143	903	David Stephenson	Pickering Running Cl	89.58	M60/7/42
144	515	James Relph	Individual#	90.01	M40/16/33
145	9	Emily Marner	Pickering Running Cl	90.09	FO/13/36
146	8	Jessica Jackson	Esk Valley Fell Club	90.33	FO/14/35
147	516	Paul Hodgkin	York Knavesmire Ha	90.36	M40/17/32
148	213	Mandy Clarke	York Knavesmire Ha	90.56	F50/9/40
149	703	John O'Boyle	Individual#	90.58	M50/18/31
150	277	Judith Seaton	North York Moors Na	91.44	F60/2/48
151	716	Peter Murray	York Acorn Running	91.57	M50/19/30
152	275	Jayne Graves	Scarborough Athletic	92.30	F60/3/46
153	208	Lucy Saggars	Pickering Running Cl	93.03	F50/10/39
154	711	David Tervit	Thirsk & Sowerby Ha	93.12	M50/20/29
155	15	Lucy Knight	Goodgym	93.58	FO/15/34
156	112	Lynn Humpleby	Pickering Running Cl	96.06	F40/11/38
157	278	Alison Lloyd	North York Moors AC	96.19	F60/4/45
158	150	Alice Hayter	Pickering Running Cl	97.34	F45/3/46
159	905	Dan Simmons	Wetherby Runners A	97.43	M60/8/41
160	956	Mike Punchard	Pickering Running Cl	98.07	M65/9/40
161	290	Christine Robertson	Scarborough Athletic	98.55	F65/2/48
162	906	Ian Robinson	Esk Valley Fell Club	106.10	M60/9/40
163	203	Jayne Bowers	Esk Valley Fell Club	106.17	F50/11/38
164	603	Nigel Braithwaite	Individual#	108.09	M45/19/30
165	951	Geoff Hine	Esk Valley Fell Club	110.30	M65/10/39
166	715	Vaughn Davies	Individual#	113.18	M50/21/28
167	109	Kathryn Waterworth	Individual#	113.40	F40/12/37
168	990	Michael Hetheron	Pickering Running Cl	113.56	M75/2/48
169	210	Nicki Buckett	Swaledale Runners	117.19	F50/12/37
170	600	Stephen Ramsay	Swaledale Runners	117.20	M45/20/29
(End)					
	Vol	Simon Jones	Pickering Running Cl	61.54	
	Vol	Russ Grayson	Pickering Running Cl	65.20	

Teams:	Club	Points	Positions	Team pts
<b>male:</b>	1 Loftus & Whitby AC 'A'	22	2,4,6,10	15
	2 Scarborough Athletic Clu	77	15,17,18,27	14
	3 Esk Valley Fell Club 'A'	79	3,16,21,39	13
	4 Billingham Running Club	120	20,24,33,43	12
	5 York Acorn Running Clu	125	13,34,37,41	11
	6 York Knavesmire Harrier	131	7,35,44,45	10
	7 Pickering Running Club '	144	11,29,40,64	9
	8 Esk Valley Fell Club 'B'	216	48,52,53,63	8
	9 Thirsk & Sowerby Harrier	244	8,73,79,84	7
	10 Scarborough Athletic Clu	279	65,69,71,74	6
	11 York Acorn Running Clu	289	46,68,87,88	5
	12 York Knavesmire Harrier	290	54,75,78,83	4
	13 Esk Valley Fell Club 'C'	294	66,70,76,82	3
	14 Pickering Running Club '	389	86,90,103,110	2
	15 Esk Valley Fell Club 'D'	407	91,92,111,113	1
<b>female:</b>	1 Thirsk & Sowerby Harrier	23	3,8,12	15
	2 Scarborough Athletic Clu	23	1,5,17	14
	3 Swaledale Runners 'A'	57	15,16,26	13
	4 Pickering Running Club	63	2,20,41	12
	5 Thirsk & Sowerby Harrier	67	21,22,24	11
	6 Pocklington Runners 'A'	74	9,10,(55)	10
	7 North York Moors AC 'A'	79	11,19,49	9
	8 Elvet Striders 'A'	87	7,25,(55)	8
	9 Thirsk & Sowerby Harrier	96	30,32,34	7
	10 Thirsk & Sowerby Harrier	113	35,38,40	6
	11 Scarborough Athletic Clu	119	23,45,51	5
	12 Swaledale Runners 'B'	142	33,54,(55)	4
	13 Pickering Running Club	144	46,48,50	3
	14 Esk Valley Fell Club 'A'	149	42,52,(55)	2

\* = Bonus points not included

# = Non-counter (team)

#### Corrections:

13/01/2024 Thirsk & Sowerby tean name corrections - affects team points

#### Comments:

It was a day of mixed weather for Lockton Limping the first event in the Dave Parry/Lets Run Winter Fell Race Series 2023/24. The rain did ease for the race start but overnight rain had turned streams to rivers and brought a tree down mid course with little other option than for competitors to clamber over the trunk. The final information suggested aggressive treaded trainers though waders would have been more the order of the day for some parts of the course.

It was a record field that toed the start line, 170 starters an a few more unable to navigate the standing water that affected a few travel plans. Registration was at Lockton Village Hall with their volunteers on hand to provide refreshments pre and post race. Race organiser Nick Cousins marshalled his Pickering Running Club volunteers around the course, to manage registration and the finish.

In the tale of the tape, Rob Sparkes Beverley AC was leading by checkpoint 2 and was never headed racing to a course record 49 minutes 20 seconds in difficult underfoot grip and worth a bit more in drier conditions. Sam Leadley Loftus and Whitby AC claimed

second, and along with his teammates Olive Shaw fourth, Joe Leadley sixth and Adam Theaker 10th claimed the team prize. Steven Sonaldson Esk Valley Fell Club made up the podium in third and Tim Grimwood(M40) Swaledale Runners was the only veteran to break into the top ten in ninth. Veterans made up eight of the next ten places. In the womens race it was Rhona Marshall (F40) Scarborough AC who claimed the win from Kelly Richmond Pickering Running Club second and Esther Harrison Thirsk and Sowerby Harriers in the bronze medal position. Georgia Campbell (Senior) individual raced to fourth with Hester Butterworth Scarborough AC fifth.

In the team competition it was very close in the womens race with Thirsk and Sowerby Harriers and Scarborough AC finishing on equal points, it was Thirsk's better placed third counter who sealed the win. In the mens teams it was Loftus and Whitby AC who placed all four finishers in the top 10 for a bit of a walkover.

In the Summer Series 2023 teams competition, whilst overall prizes are not awarded, local honours went to Thirsk and Sowerby Harriers in both the womens and mens competitions. Esk Valley Fell Club men were the only team to have a counting team in every event.

Thank you to our helpers on the day and in advance (helpers if you are not on this list let us know): Nick Cousins (Organiser), Richard Johnson, Andy Blades, Russ Grayson, Simon Jones, Sue Slack, Shirley Tyrrell, Dean Wise, Nicola Wise, Debbie Rycroft, Karen Farmer-Scott, Serena Partridge, Robert Lillie, Dave Parke, Simon Tyrrell, Graham Robinson, Carol Wilson, Charlotte Dennison, Jo Towler, Matt Dunn, Sally Kingscott, Clive Thornton.

Next event is Saltergate Gallows on Sunday 12th November 2022, no advance entry for this one its entry on the day and of course bring your race numbers if you competed at Lockton. Saltergate is an FRA BL category fell race so if you are looking for a Three Peaks qualifier then this is one of them.

Regards  
Clive Thornton - Esk Valley Fell Club

**Next Race :** Saltergate Gallows

12-Nov-23