

## NORTH YORK MOORS FELL RACES 2024 - FIXTURE CALENDAR

20 January 2024

FRA licence	Ref	Series	Date	Day	Start Time	Race	FRA Category / Distance / Climb	Entry	Junior Races (Y/N)	Senior Race Organiser (Club)	Senior Race Organiser (Individual)	Grid Reference	Postcode	Comments	Reg Toilets
							FRA kit must be carried								
<b>DAVE PARRY LETS RUN WINTER FELL RACE SERIES 2023/24 (continued)</b>															
Registered	3	WS	01/01/2024	Monday	11.00	Captain Cooks	BS - 8.8km/318m	SI Entries/EOD	Yes	Scarborough AC/EVFC	Robert Lillie	NZ 562106	TS9 6BW	Registration Pre-entry - Lets Run; On Day - Royal Oak	Royal Oak/Public
Registered	4	WS	14/01/2024	Sunday	10.30	Commondale Clart	BS - 8.3km/220m	EOD	No	York Acorn	David Bannister	NZ 662104	YO21 2HG	Commondale village hall/Cleveland Inn	Village Hall
Registered	5	WS	04/02/2024	Sunday	10.30	Cod Beck Canter	BM - 16km/573m	EOD	No	York Acorn	David Bannister	NZ 449006	DL6 3NF	Registration Blue Bell Inn	Blue Bell Inn
Registered	5	WS	18/02/2024	Sunday	10.30	Eskdale Eureka	BM - 14.3km/470m	EOD	No	CMRT/Scarborough AC	Sid Bollands	NZ 684084	YO21 2EX	Castleton Cricket Club	Cricket Club
Registered	7	WS	09/03/2024	Saturday	11.00	At the Double	BM - 11km/400m	EOD	No	Loftus Whitby	Malcolm Peggs	NZ 711197	TS13 4ES	St Helens Church Skinningrove	Church hall
Registered	8	WS	17/03/2024	Sunday	11.00	Heartbeat Hobbie	BM - 11km/290m	EOD	No	Scarborough AC	Dave Parke	NZ 827006	YO22 5AN	Goathland Cricket Club	Public toilets
Registered	9	WS	07/04/2024	Sunday	10.30	Blakey Blitz	AM - 16.8km/855m	EOD	No	Scarborough AC	Bob Lillie	NZ 826006	YO62 7LQ	3P Qual - The Lion Inn Blakey Ridge	The Lion Inn
Registered	10	WS	21/04/2024	Sunday	10.30	Gisborough Moors	BL - 20km/850m	SI Entries/EOD	No	EVFC/SAC	Bob Lillie/Clive Thornton	NZ 617156	TS14 7AQ	3P Qual - Guisborough Sea Cadets Hall	Sea Cadets hall
Registered	11	WS	04/05/2024	Saturday	11.00	Bilsdale (medium)	AM - 18.2km/950m	EOD	No	Esk Valley Fell Club	Mike Quinn	SE 559993	TS9 7JN	3P Qual New medium dist - Chop Gate Village Hall	Village Hall
<b>DAVE PARRY LETS RUN SUMMER FELL RACE SERIES 2024</b>															
Registered	1	SS	12/05/2024	Sunday	10.30	Fox and Hounds Chase	BM - 15km/580m	EOD	No	Loftus Whitby	Malcolm Peggs	NZ 720047	YO21 2AP	Yorkshire Cycle Hub (YCH), Fryupdale	YCH
Registered	2	SS	29/05/2024	Wednesday	19.00	Glaisdale Rigg May Race	BM - 13.7km/562m	SI Entries only	No	Silver Back Trails	Adrian Martin	NZ 776055	YO21 2QL	100 limit tbc - Arncliffe Arms Glaisdale	Arncliffe Arms
Registered	3	SS	05/06/2024	Wednesday	19.15	Whoriton Run	BM - 11km/427m	EOD	No	Lets Run	Shelli Gordon	NZ 477020	DL6 3EG	Swaiby Village Hall, High St, Swainby	Village Hall/Pub con
Not applicable	n/a	RELAY	16/06/2024	Sunday	5.00	Cleveland Way Relays	175km/109mi	Team Manager	No	NYMAC	Mark Brown	TA 120808	YO14 9LF	Filey - Helmsley	At start & en-route
Registered	4	SS	26/06/2024	Wednesday	19.15	Toms Bransdale Fell Race	BM - 12km/400m	EOD	No	David/Trudy Sanderson	David Sanderson	SE 622963	YO62 7JL	The Old School House, Bransdale	Old School House
To be confirmed	5	SS	13/07/2024	Saturday	13.30	Commondale Beacon	BM - 12km/400m	To be confirmed	No	To be confirmed	To be confirmed	NZ 662104	YO21 2HG	Cleveland Inn	Public toilets
Registered	6	SS	17/07/2024	Wednesday	19.15	Cock Howe and Beyond	BS - 9.8km/344m	EOD	No	York Knavesmire Harriers	Giles Hawking	SE 559996	TS9 7JW	Chop Gate Village Hall	Village Hall
To be confirmed	7	SS	03/08/2024	Saturday	14.00	Osmotherley Show	BS - 8.8km/320m	To be confirmed	No	To be confirmed	To be confirmed	SE 452960	DL6 3PY	Osmotherley Showground Thimbleby	Showground
Registered	8	SS	14/08/2024	Wednesday	19.00	Ravenscar Rumble Revisited	BM - 10km/250m	EOD	No	Scarborough AC	Dave Parke	NZ 988013	YO13 0LU	Ravenscar Tearooms, Station Square	Tearooms
Registered	9	SS	28/08/2024	Wednesday	19.00	Roseberry Topping	AS - 2.4km/217m	EOD	Yes	National Trust	Gareth Wilson	NZ 570128	TS9 6QS	Car Park Newton-under-Roseberry	CP Public toilets
Registered	10	SS	31/08/2024	Saturday	13.00	Bilsdale Show	BS - 8.9km/438m	EOD	No	Bilsdale Show Comm	David Sanderson	TA 120808	TS9 7J5	Bilsdale Showground	Showground
England Athletics	11	SS	14/09/2024	Saturday	13.30	Castleton Show Run (Hilly road race)	Road - 9.6km/200m	Online/EOD	Yes	NYMAC	Chris Wright	NZ 684084	YO21 2EX	Hilly Road Race - Castleton Show	Cricket Club
Registered	12	SS	22/09/2024	Sunday	11.00	Fry-up Frazzler	AS - 9.4km/475m	EOD	No	Scarborough AC	Dave Parke	NZ 720047	YO21 2AP	Yorkshire Cycle Hub, Fryupdale	YCH
<b>DAVE PARRY LETS RUN WINTER FELL RACE SERIES 2024/25</b>															
Registered	1	WS	06/10/2024	Sunday	10.45	Viking Chase 4 Peaks	BM - 12.5km/572m	SI Entries/EOD	No	Cleveland Mountain RT	Sid Bollands	NZ 524030	TS9 7JH	Carlton Bank top	Lordstones
Registered	2	WS	20/10/2024	Sunday	11.00	Gormire Gamble	BS - 9.1 km/250m	EOD	No	Thirsk and Sowerby	Alan Simpson	SE 516831	YO7 2EH	Car Park Sutton Bank	NT Visitor Centre
Registered	3	WS	27/10/2024	Sunday	10.30	Lockton Limping	BM - 11.2km/350m	SI Entries only	No	Pickering RC	Nick Cousins	SE 844899	YO18 7QB	190 limit - Lockton village Hall	Village Hall
Registered	4	WS	10/11/2024	Sunday	10.30	Saltergate Gallows	BL - 20km/500m	EOD	No	Pickering RC	Kim Cavill	SE 833904	YO18 7NL	3P Qual - Levisham village	Village Hall
Registered	5	WS	01/12/2024	Sunday	10.30	Eskdale Eureka	BM - 14.3km/470m	EOD	No	CMRT/Scarborough AC	Bob Lillie	NZ 684084	YO21 2EX	Castleton Cricket Club	Cricket Club
Registered	6	WS	27/12/2024	Friday	11.00	Guisborough Woods	BS - 8.8km/376m	SI Entries/EOD	Yes	Esk Valley Fell Club	Clive Thornton	NZ 614153	TS14 7BB	Guisborough Rugby Club	Rugby Club
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														20/01/2024	

ENG CH - English Championships counter NEFRC - North East Fell Race Championship counter WS - Winter Series SS - Summer Series FRA - Fell Runners Association IND - Individual standalone event EOD - Entry On the Day UEF - Universal Entry Form (FRA)

**Kit** - The FRA mandatory minimum kit for AL, AM and BL races comprises: Waterproof whole body cover (with taped seams and integrated attached hood), hat, gloves, map of route (a physical map not electronic), compass (traditional compass not electronic), whistle & emergency food

**GPS** - The use of any GPS watch or device (or equivalent) for navigation is strictly forbidden in all FRA races, this does not prevent competitors from wearing and recording their race on a GPS watch, device or equivalent.

**Winter Series 2023/24** - 11 Events in series, maximum 7 race finish points, PLUS 50 bonus points for volunteering at another event to count towards overall series and age group positions (competitors cannot claim volunteer points and race position points at the same event)

**Summer Series 2024** - 12 Events proposed in series, maximum 8 race finish points PLUS 50 bonus points for volunteering at another event to count towards series overall and age group positions (competitors cannot claim volunteer points and race position points at the same event)

**Winter Series 2024/25** - Qualification to be confirmed subject to number of registered races

**Bonus points** - 50 additional points awarded to race helpers (points awarded in addition to the series counter race position points) Points cannot be gained for helping and racing at the same event. Please contact race organiser well in advance to request volunteer spot.

**Endurance awards** - The awards are for consistent completion of fell race events in a winter or summer series, the number of event completions to qualify for an endurance award will change for each series.