

**Osmotherley Show****03-Aug-24****Dave Parry/Lets Run Summer Series 2024****Race 6**

Pos.	No.	Name	Club	time	cat/pos/pts/total
1	600	Ian Rowan	Esk Valley Fell Club	43.12	M45/1/50/250
2	362	William Morris	Knarborough Strid	43.44	MO/1/50/50
3	516	Tim Grimwood	Swaledale Runners	45.02	M40/1/50/96
4	627	Andy Goddard	York Acorn Running	47.44	M45/2/48/48
5	810	Stephen Pugh	Esk Valley Fell Club	47.56	M55/1/50/246*
6	606	Damian Kilpin	Penistone Footpath F	49.18	M45/3/46/134
7	355	Glyn Smith	Billingham Running C	49.18	MO/2/48/92
8	317	Phil Smith	Esk Valley Fell Club	49.38	MO/3/46/85
9	626	Reiner Hesse	Individual#	49.59	M45/4/45/45
10	604	Ashley Dodgson	Individual#	50.11	M45/5/44/182
11	107	Rhona Marshall	Scarborough Athletic	50.17	F40/1/50/50
12	601	Martin Vasey	Middlesbrough and C	51.04	M45/6/43/135
13	629	Benjamin Thompson	Individual#	51.37	M45/7/42/42
14	705	Chris Jefferies	Billingham Running C	51.55	M50/1/50/196
15	628	Graeme Watt	Elvet Striders	51.59	M45/8/41/41
16	709	Julian Wardman	Esk Valley Fell Club	52.13	M50/2/48/93
17	509	Michal Czekajlo	York Acorn Running	52.27	M40/2/48/179
18	903	David Allison	North York Moors AC	52.54	M60/1/50/238
19	955	Neil Rip Ridsdale	Esk Valley Fell Club	53.25	M65/1/50/250
20	914	Nigel Briggs	North York Moors AC	54.16	M60/2/48/230
21	358	Mark Valentine	Dulwich Runners	54.42	MO/4/45/45
22	34	Olivia Mulligan	Thirsk & Sowerby Ha	54.57	FO/1/50/50
23	360	Richard Tarrega	Tadcaster Harriers	55.02	MO/5/44/44
24	359	Josh Summerson	Individual#	55.59	MO/6/43/43
25	201	Trudy Morrice	Thirsk & Sowerby Ha	56.01	F50/1/50/248
26	603	Matthew Harrison	Esk Valley Fell Club	56.29	M45/9/40/175*
27	913	Matt Rylatt	York Triathlon Club	56.43	M60/3/46/91
28	106	Emma McCabe	Elvet Striders	57.13	F40/2/48/48
29	717	Alan Simpson	Thirsk & Sowerby Ha	57.41	M50/3/46/131*
30	157	Michaela Welham	Loftus & Whitby AC	57.50	F45/1/50/200*
31	280	Lorraine Hiles	Thirsk & Sowerby Ha	58.02	F60/1/50/50
32	298	Sue Haslam	Scarborough Athletic	58.11	F70/1/50/200
33	817	David Sanderson	Individual#	58.20	M55/2/48/144*
34	900	Graham Palmer	Loftus & Whitby AC	59.56	M60/4/45/131
35	162	Clare Thompson	Hillsborough and Riv	61.01	F45/2/48/48
36	618	Jamie Taylor	North York Moors AC	61.09	M45/10/39/77
37	916	Ian Butler	Elvet Striders	61.20	M60/5/44/44
38	956	Andrew Johnson	York Knavesmire Ha	61.58	M65/2/48/96
39	361	Ben Rowe	Individual#	62.34	MO/7/42/42
40	950	Roger Laycock	Settle Harriers	63.02	M65/3/46/92
41	2	Laura Havis	Middlesbrough Athlet	63.22	FU23/1/50/246
42	803	Paul Havis	Individual#	63.32	M55/3/46/260
43	957	Richard Parkin	Beverley Athletic Clu	63.57	M65/4/45/45
44	32	Faye Bell	Individual#	64.54	FO/2/48/48
45	102	Sarah Walch	Penistone Footpath F	65.18	F40/3/46/92
46	722	Jonathan Brown	Individual#	65.50	M50/4/45/45
47	163	Julie Brown	Individual#	65.53	F45/3/46/46
48	625	James Dunbar	Individual#	66.55	M45/11/38/38
49	823	Malcolm Sygrove	Elvet Striders	67.04	M55/4/45/45
50	951	Mark Edwards	North York Moors AC	67.50	M65/5/44/282
51	33	Kayleigh McMilian	Individual#	67.50	FO/3/46/46
52	918	Colin Valentine	Keswick AC	68.26	M60/6/43/43
53	251	Hilary Allan	Esk Valley Fell Club	68.32	F55/1/50/192
54	35	Kelly Grieve	Thirsk & Sowerby Ha	68.57	FO/4/45/45
55	917	Anthony Harnett	North York Moors AC	70.31	M60/7/42/42

56	154	Sarah Hudson	Loftus & Whitby AC	70.48	F45/4/45/182
57	36	Freya Plummer	Redcar Running Clu	71.06	FO/5/44/44
58	290	Alison Lloyd	North York Moors AC	71.18	F65/1/50/296
59	958	Donald Buffham	Otley AC	74.17	M65/6/43/43
60	721	Barry Cooper	Individual#	75.32	M50/5/44/44
61	959	Geoff Hine	Scarborough Athletic	81.38	M65/7/42/42
62	279	Denise Tunstall	Durham Fell Runners	82.42	F60/2/48/48
63	276	Ronni Kirkham	Esk Valley Fell Club	84.18	F60/3/46/240
64	907	Ian Robinson	Esk Valley Fell Club	84.20	M60/8/41/160
65	953	Graham Robinson	Pickering Running Cl	103.18	M65/8/41/41*

(End)

Teams:	Club	Points	Positions	Team pts/total
<b>male:</b>	1 Esk Valley Fell Club 'A'	29	1,5,8,15	15/85
	2 North York Moors AC 'A'	102	17,19,28,38	14/71
<b>female:</b>	1 Thirsk & Sowerby Harrier	11	2,3,6	15/82
	2 Scarborough Athletic Clu	29	1,7,(21)	14/21
	3 Loftus & Whitby AC 'A'	42	5,16,(21)	13/81
	4 Esk Valley Fell Club 'A'	55	14,20,(21)	12/53

\* = Bonus points not included

# = Non-counter (team)

#### Comments:

In a complete contrast to 2023 the weather was bright with sunny intervals, a slight breeze and no rain.

This year's Osmotherley Show Race was the sixth counter of the eleven race Dave Parry Lets Run Summer Fell Race Series 2024, race organisation was ably in the hands of Robert Lillie and Christina Selmi.

The show race events bring their usual mix of competitors local and not so local, with 65 runners signing up this time around.

In the tale of tape it was Ian Rowan (M45) Esk Valley Fell Club, who reached Black Hambleton in second place but with a speedy run home claimed a maiden fell race win in a time of 43 minutes 12 seconds. Runner up was William Morris (MSen) Knaresborough Striders who was the leader at the race high point. The final place on the podium was taken by Tim Grimwood (M40) Swaledale Runners.

In the women's race it was Rhona Marshall (W40) Scarborough AC who eased to victory in 11th place overall and a time of 50 minutes and 17 seconds. Second place went to Olivia Mulligan (FSen) with third to Trudy Morrice (F50) both Thirsk and Sowerby Harriers.

In the team competitions, the two podium finishers in the women's race supported by Lorraine Hiles (W60) saw Thirsk and Sowerby Harriers claim the women's team. Ian Rowan was joined by Stephen Pugh (M55), Phil Smith (MSen) and Julian Wardman (M50) to claim a men's team win for Esk Valley Fell Club.

Next event in the Summer Fell Race series is Ravenscar Rumble Revisited on Wednesday 14th August 2024. Start time is 19.00hrs, registration from 17:45hrs.

Clive Thornton - Esk Valley Fell Club

**Next Race :** Ravenscar Rumble Revisited

14-Aug-24