

**Bilsdale Show****31-Aug-24****Dave Parry/Lets Run Summer Series 2024****Race 9**

Pos.	No.	Name	Club	time	cat/pos/pts/best
1	600	Ian Rowan	Esk Valley Fell Club	40.28	M45/1/50/300
2	300	Ewan Sewell	York Knavesmire Ha	41.30	MO/1/50/241*
3	318	Joseph Martlew	Thirsk & Sowerby Ha	44.15	MO/2/48/96
4	528	Duncan Cannon	Tomorden Harriers	44.49	M40/1/50/50
5	810	Stephen Pugh	Esk Valley Fell Club	45.06	M55/1/50/298*
6	355	Glyn Smith	Billingham Running C	46.11	MO/3/46/138
7	920	Jim Rogers	City of Hull AC	46.18	M60/1/50/100
8	909	David Hughes	North York Moors AC	48.38	M60/2/48/298*
9	523	Edward Hinton	York Knavesmire Ha	48.45	M40/2/48/87
10	47	Ursula Moore	York Knavesmire Ha	49.02	FO/1/50/50
11	529	Chris King	Individual#	49.18	M40/3/46/46
12	709	Julian Wardman	Esk Valley Fell Club	49.20	M50/1/50/143
13	604	Ashley Dodgson	Individual#	49.25	M45/2/48/230
14	705	Chris Jefferies	Billingham Running C	49.34	M50/2/48/290
15	955	Neil Rip Ridsdale	Esk Valley Fell Club	49.37	M65/1/50/300
16	317	Phil Smith	Esk Valley Fell Club	50.35	MO/4/45/130
17	903	David Allison	North York Moors AC	50.42	M60/3/46/288
18	703	Calvin Nicholson	Billingham Running C	51.20	M50/3/46/284*
19	608	Philip Baines	Esk Valley Fell Club	54.16	M45/3/46/263
20	10	Kirsty Struthers	North York Moors AC	54.20	FO/2/48/282
21	157	Michaela Welham	Loftus & Whitby AC	56.34	F45/1/50/300*
22	201	Trudy Morrice	Thirsk & Sowerby Ha	57.22	F50/1/50/298
23	613	Paul Chapman	Thirsk & Sowerby Ha	58.59	M45/4/45/163
24	250	Helen Ashworth	Thirsk & Sowerby Ha	61.28	F55/1/50/248*
25	280	Lorraine Hiles	Thirsk & Sowerby Ha	61.43	F60/1/50/100
26	726	Robert Grainger	Scarborough Athletic	62.07	M50/4/45/45
27	818	Gary Talbot	Esk Valley Fell Club	63.17	M55/2/48/261*
28	45	Poppy Freeman	Edunburgh Triathlete	63.19	FO/3/46/46
29	911	Paul Smith	Pickering Running Cl	63.27	M60/4/45/175
30	208	Kelly Clapton	Loftus & Whitby AC	64.37	F50/2/48/292
31	13	Sarah Roe	Billingham Running C	64.49	FO/4/45/86
32	609	Kevin Rudd	Loftus & Whitby AC	64.52	M45/5/44/251*
33	914	Nigel Briggs	North York Moors AC	64.57	M60/5/44/276
34	728	Gary Wilkinson	Harrogate Harriers &	65.00	M50/5/44/44
35	27	Catherine Walgate	Individual#	65.04	FO/5/44/130
36	154	Sarah Hudson	Loftus & Whitby AC	65.05	F45/2/48/278
37	619	Duncan Fothergill	Thirsk & Sowerby Ha	65.13	M45/6/43/81
38	951	Mark Edwards	North York Moors AC	65.16	M65/2/48/288
39	46	Erin Outram	Pickering Running Cl	66.59	FO/6/43/43
40	251	Hilary Allan	Esk Valley Fell Club	67.24	F55/2/48/290
41	727	Ben Wild	Individual#	67.26	M50/6/43/43
42	824	Dario Rondelli	Individual#	68.36	M55/3/46/46
43	290	Alison Lloyd	North York Moors AC	70.52	F65/1/50/300*
44	907	Ian Robinson	Esk Valley Fell Club	76.15	M60/6/43/243
45	283	Lauren Rondelli	Individual#	78.57	F60/2/48/48
46	710	Vaughn Davies	Esk Valley Fell Club	78.59	M50/7/42/204
47	216	Jayne Bowers	Esk Valley Fell Club	85.51	F50/3/46/89
48	276	Ronni Kirkham	Esk Valley Fell Club	85.52	F60/3/46/290

(End)

Teams:	Club	Points	Positions	Team pts/total
<b>male:</b>	1 Esk Valley Fell Club 'A'	31	1,5,11,14	15/129
	2 North York Moors AC 'A'	75	8,16,24,27	14/108
	3 Esk Valley Fell Club 'B'	84	15,18,21,30	13/58
<b>female:</b>	1 Thirsk & Sowerby Harrier	15	4,5,6	15/97
	2 Loftus & Whitby AC 'A'	22	3,8,11	14/110
	3 North York Moors AC 'A'	34	2,14,(18)	13/101
	4 Esk Valley Fell Club 'A'	46	13,16,17	12/89

\* = Bonus points not included

# = Non-counter (team)

#### Comments:

It was a lovely day for the Bilsdale Show 2024, located in the Bilsdale Valley just south of Chop Yat. The Show with its mix of agricultural, horticultural, crafts, trade stands and all manner of rural exhibits also played host to the ninth event in the Dave Parry Let Runs Summer Fell Race Series 2024.

David and Trudy Sanderson took over the reins of organisation of this event, their second event in the summer series and judging by the smiles and positive post race comments they made a good job of it. Also a big thank you to Robert Lillie who was in charge of race admin on the day, and thank you to the show committee for supporting the event and the volunteers who helped before and on the day.

There was a good turnout of 48 runners, as we enter the typically busy autumn round of road and cross country (its Middlesbrough 10km on Sunday 1st September).

The race became a two horse race with Ian Rowan (MV45) Esk Valley Fell Club and Ewan Sewell (MSen) York Knavesmire Harriers who led from starters whistle in the overall competition, whilst in the womens race Ursula Moore (FSen) York Knavesmire Harriers who took an early lead from an in-form Kirsty Struthers (FSen) North York Moors AC.

The order at the finish was retained with Joesph Martlew (MSen) Thirsk and Sowerby Harriers completing the overall podium and the improving Michaela Welham (FV45) Loftus and Whitby AC placing third.

In the team competitions, Thirsk and Sowerby AC women and Esk Valley Fell Club men won out.

There are now two events remaining in the Summer Series, overall, age group and team tables will be published before our penultimate race in the series Castleton Show (the road race for fell runners and the fell race for road runners) on Saturday 14th September. The Summer Series then rounds off with event 11 Fry-up Frazzler on 22 September. Thank you to David Robinson for some terrific photographs and if you can help out at the remaining events drop us a line.

Clive Thornton  
Esk Valley Fell Club

**Next Race :** Castleton Show Run

14-Sep-24