

At The Double**09-Mar-24****Dave Parry/Lets Run Winter Series 2023-24****Race 7**

| Pos. | No. | Name | Club | time | cat/pos/pts/total |
|------|------|--------------------|-----------------------|-------|-------------------|
| 1 | 301 | Oliver Shaw | Loftus & Whitby AC | 45.04 | MO/1/50/285 |
| 2 | 314 | Joe Leadley | Loftus & Whitby AC | 46.01 | MO/2/48/180 |
| 3 | 303 | Stephen McDougall | Middlesbrough & Cle | 46.53 | MO/3/46/136* |
| 4 | 518 | Tim Grimwood | Swaledale Runners | 47.38 | M40/1/50/300 |
| 5 | 402 | Hamish Carrick | Durham Fell Runners | 48.52 | MO/4/45/85 |
| 6 | 408 | Mikey Garbutt | Individual# | 49.02 | MO/5/44/44 |
| 7 | 318 | Robert Preston | Scarborough Athletic | 49.18 | MO/6/43/233 |
| 8 | 608 | Matthew Jones | Scarborough Athletic | 49.32 | M45/1/50/278 |
| 9 | 500 | Iain Yates | Wakefield District H | 49.39 | M40/2/48/235 |
| 10 | 513 | Darren Smith | Billingham Running C | 49.57 | M40/3/46/137 |
| 11 | 724 | Adrian Bushby | City of Hull AC | 50.31 | M50/1/50/200* |
| 12 | 613 | Andy Goddard | York Acorn Running | 51.04 | M45/2/48/235* |
| 13 | 411 | Josh Woodacre | Esk Valley Fell Club | 51.17 | MO/7/42/42 |
| 14 | 410 | Harry Jones | Matlock Athletic Club | 51.38 | MO/8/41/41 |
| 15 | 666 | Paul Butler | Scarborough Athletic | 51.42 | M55/1/50/50 |
| 16 | 21 | Caroline Lambert | Keswick AC | 51.55 | FO/1/50/150 |
| 17 | 333 | Glyn Smith | Billingham Running C | 51.59 | MO/9/40/174 |
| 18 | 609 | Damian Kilpin | Penistone Footpath F | 53.11 | M45/3/46/185 |
| 19 | 606 | Paul Hodgson | Durham Fell Runners | 53.23 | M45/4/45/166 |
| 20 | 811 | Jim Rogers | City of Hull AC | 53.34 | M55/2/48/329 |
| 21 | 409 | Lewis Pennock | Individual# | 53.48 | MO/10/39/39 |
| 22 | 804 | Ian Beaver | Scarborough Athletic | 54.26 | M55/3/46/134 |
| 23 | 708 | Calvin Nicholson | Billingham Running C | 54.43 | M50/2/48/263 |
| 24 | 509 | Michal Czekajlo | York Acorn Running | 54.50 | M40/4/45/199* |
| 25 | 657 | Martin Vasey | Middlesbrough & Cle | 54.52 | M45/5/44/131 |
| 26 | 718 | Julian Wardman | Esk Valley Fell Club | 55.05 | M50/3/46/254 |
| 27 | 202 | Penny Browell | Elvet Striders | 55.08 | F50/1/50/298 |
| 28 | 706 | Chris Jefferies | Billingham Running C | 55.51 | M50/4/45/212 |
| 29 | 909 | Barry Atkinson | York Knavesmire Ha | 56.08 | M60/1/50/198 |
| 30 | 900 | David Hughes | North York Moors AC | 56.50 | M60/2/48/146 |
| 31 | 328 | Paul Simpson | Pickering Running Cl | 57.04 | MO/11/38/114 |
| 32 | 952 | Neil Rip Ridsdale | Esk Valley Fell Club | 57.43 | M65/1/50/298 |
| 33 | 800 | David Sanderson | Individual# | 58.05 | M55/4/45/179 |
| 34 | 650 | Phil Baines | Esk Valley Fell Club | 58.46 | M45/6/43/146 |
| 35 | 700 | Gary Wilkinson | Harrogate Harriers & | 59.18 | M50/5/44/114 |
| 36 | 390 | Matthew Clark | Esk Valley Fell Club | 59.55 | MU23/1/50/148 |
| 37 | 209 | Hester Butterworth | Scarborough Athletic | 60.15 | F50/2/48/146 |
| 38 | 904 | Nigel Briggs | North York Moors AC | 60.50 | M60/3/46/229* |
| 39 | 926 | Matt Rylatt | York Triathlon | 61.21 | M60/4/45/91 |
| 40 | 5 | Megan Letts | Pocklington Runners | 61.44 | FO/2/48/92 |
| 41 | 211 | Trudy Morrice | Thirsk & Sowerby Ha | 61.55 | F50/3/46/284 |
| 42 | 902 | Nick Andralojc | Nidd Valley Road Ru | 61.56 | M60/5/44/133 |
| 43 | 16 | Kirsty Struthers | North York Moors AC | 62.14 | FO/3/46/178 |
| 44 | 1109 | Brett Edgeworth | Thirsk & Sowerby Ha | 62.24 | M55/5/44/84 |
| 45 | 17 | Maria Clemmit | North York Moors AC | 63.02 | FO/4/45/216 |
| 46 | 1130 | Michael Keavney | Swaledale Runners | 63.48 | M55/6/43/169 |
| 47 | 749 | Mathew Driscoll | York Acorn Running | 63.53 | M50/6/43/111 |
| 48 | 372 | Jordan Morris | Esk Valley Fell Club | 63.56 | MO/12/37/107 |
| 49 | 823 | Paul Haydon | Fell Runners Associa | 63.59 | M55/7/42/71 |
| 50 | 228 | Dawn Harrison | Loftus & Whitby AC | 64.06 | F50/4/45/91 |
| 51 | 113 | Jess Evans | St Theresa's AC | 64.19 | F40/1/50/231 |
| 52 | 110 | Sarah Walch | Penistone Footpath F | 64.54 | F40/2/48/184 |
| 53 | 207 | Julia Jackson | Loftus & Whitby AC | 65.15 | F50/5/44/87 |
| 54 | 54 | Ruth Wilkinson | Individual# | 65.27 | FO/5/44/44 |
| 55 | 720 | Richard Clark | Esk Valley Fell Club | 65.42 | M50/7/42/206 |

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|----|-----|--------------------|-----------------------|-------|---------------|
| 56 | 807 | Thomas Reeves | Elvet Striders | 65.57 | M55/8/41/197 |
| 57 | 18 | Aimee Jones | Swaledale Runners | 67.02 | FO/6/43/163 |
| 58 | 559 | Stephen Lewis | Individual# | 67.04 | M40/5/44/44 |
| 59 | 201 | Steph Lishman | Esk Valley Fell Club | 67.18 | F50/6/43/259 |
| 60 | 291 | Sue Haslam | Scarborough Athletic | 67.23 | F65/1/50/250 |
| 61 | 955 | Andrew Johnson | York Knavesmire Ha | 67.35 | M65/2/48/271* |
| 62 | 670 | Kevin David Rudd | Individual# | 67.47 | M45/7/42/79 |
| 63 | 999 | Neil Scruton | Scarborough Athletic | 68.07 | M75/1/50/250 |
| 64 | 703 | John O'Boyle | Individual# | 68.26 | M50/8/41/154 |
| 65 | 801 | Gary Talbot | Esk Valley Fell Club | 69.03 | M55/9/40/202* |
| 66 | 915 | Nicholas Cousins | Pickering Running Cl | 70.05 | M60/6/43/172* |
| 67 | 671 | Jonathan Proctor | Individual# | 70.39 | M45/8/41/41 |
| 68 | 930 | Graham Palmer | Loftus & Whitby AC | 70.48 | M60/7/42/42 |
| 69 | 251 | Helen Ashworth | Thirsk & Sowerby Ha | 70.53 | F55/1/50/284 |
| 70 | 285 | Caroline Glover | Wharfedale Harriers | 71.15 | F60/1/50/146 |
| 71 | 208 | Lucy Siggers | Pickering Running Cl | 71.20 | F50/7/42/206 |
| 72 | 953 | Richard Parkin | Beverley Athletic Clu | 72.35 | M65/3/46/219 |
| 73 | 270 | Diane Winnard | Individual# | 74.02 | F55/2/48/48 |
| 74 | 979 | Mark Edwards | North York Moors AC | 74.35 | M65/4/45/45 |
| 75 | 931 | Phil Robinson | Nidd Valley Road Ru | 75.34 | M60/8/41/41 |
| 76 | 753 | Mark Estienne | York Acorn Running | 75.35 | M50/9/40/80 |
| 77 | 921 | Gary Beard | Loftus & Whitby AC | 75.42 | M60/9/40/72 |
| 78 | 266 | Hilary Allan | Individual# | 78.43 | F55/3/46/133 |
| 79 | 278 | Alison Lloyd | North York Moors AC | 78.49 | F60/2/48/275* |
| 80 | 716 | Peter Murray | York Acorn Running | 79.08 | M50/10/39/133 |
| 81 | 923 | David Robinson | North York Moors AC | 79.41 | M60/10/39/74 |
| 82 | 837 | Simon Cocker | Nidd Valley Road Ru | 81.28 | M55/10/39/39 |
| 83 | 150 | Alice Hayter | Pickering Running Cl | 83.48 | F45/1/50/216* |
| 84 | 109 | Kathryn Waterworth | Individual# | 85.05 | F40/3/46/83 |
| 85 | 951 | Geoff Hine | Esk Valley Fell Club | 87.05 | M65/5/44/198 |
| 86 | 905 | Dan Simmons | Wetherby Runners A | 87.18 | M60/11/38/151 |
| 87 | 715 | Vaughn Davies | Individual# | 95.16 | M50/11/38/179 |
| 88 | 990 | Michael Hetherton | Pickering Running Cl | 98.35 | M75/2/48/144 |

(End)

| Teams: | Club | Points | Positions | Team pts/total |
|----------------|----------------------------|--------|-------------|----------------|
| male: | 1 Scarborough Athletic Clu | 51 | 7,8,15,21 | 15/80 |
| | 2 Billingham Running Club | 74 | 10,16,22,26 | 14/61 |
| | 3 Esk Valley Fell Club 'A' | 100 | 13,25,30,32 | 13/86 |
| | 4 Loftus & Whitby AC 'A' | 114 | 1,2,53,58 | 12/42 |
| | 5 York Acorn Running Clu | 132 | 12,23,40,57 | 11/53 |
| | 6 Esk Valley Fell Club 'B' | 168 | 34,41,43,50 | 10/56 |
| | 7 North York Moors AC 'A' | 178 | 28,35,55,60 | 9/24 |
| female: | 1 North York Moors AC 'A' | 34 | 6,7,21 | 15/73 |
| | 2 Scarborough Athletic Clu | 42 | 3,15,(24) | 14/71 |
| | 3 Loftus & Whitby AC 'A' | 43 | 8,11,(24) | 13/28 |
| | 4 Thirsk & Sowerby Harrier | 45 | 5,16,(24) | 12/89 |
| | 5 Pickering Running Club | 64 | 18,22,(24) | 11/83 |

* = Bonus points not included

= Non-counter (team)

Comments:

At the Double, seventh counter in the Dave Parry Lets Run Winter Fell Race Series 2023/24. A chill had descended on the North East coast of North Yorkshire for this rare coastal fell race organised by Malcolm Peggs of Loftus and Whitby AC. Technical difficulties prior to the race start meant a rejig of the route for 2024. Although around a kilometre shorter the course had more off-road and thus better meeting the criteria for a fell race.

After the downhill start it was Oliver Shaw (Sen) Loftus and Whitby who quickly reached the head of the race which he maintained through to the finish funnel in a first time course record time of 45minutes 4 seconds, team mate Joe Leadley (Sen) claimed second just under a minute later and rounding out an all Senior podium, just under another minute back Stephen McDougall Middlesbrough and Cleveland Harriers. Tim Grimwood (V40) Swaledale Runners claimed another best veteran spot in fourth overall.

Caroline Lambert (Sen) Keswick AC made another raiding visit claiming a women's race win in 16th overall and a course record of 51 minutes 55 seconds. Penny Browell (V50) Durham Fell Runners placed second overall and first veteran with age category compatriot Hester Butterworth of Scarborough AC in third. Megan Letts Pocklington Runners was next senior in fourth.

North York Moors AC women claimed the women's team race from Scarborough AC and Loftus and Whitby AC. In the men's teams, Scarborough AC won out from an improving Billingham RC and Esk Valley Fell Club.

Well done to the 88 finishers (and starters) to all who supported the holding of this event, thanks to hosts St Helens church and I understand the refreshments and cakes were great.

Helpers at this event: Kirsty Naylor Michaela Welham Carol Palin Ruby Palin Kelly Clapton Brenda Hare Sarah Hudson Robert Lillie Graham Robinson Father Adam Gaunt Alison Atkinson Alan Harrison Lisa Hornsea Alan Howard Joanne Marshal Philip Peggs Carol Peggs Peter Philips and Jimmy O'Brien

Next event is race eight Heartbeat Hobble, registration is at the village hall, please park at the designated parking area, unfortunately its £4, but do not park on the grass verges as this will put the future holding of the event in jeopardy and all the fun and games is on Sunday 17th March 2024.

Clive Thornton
Esk Valley Fell Club

Next Race : Heartbeat Hobble

17-Mar-24