

**Heartbeat Hobble****Dave Parry/Lets Run Winter Series 2024-25****06-Apr-25****Race 12**

Pos.	No.	Name	Club	time	cat/pos/pts/best
1	412	Chris Larkin	Northumberland Fell	00:43:11	MO/1/50/50
2	327	Rory Bevin	Individual#	00:47:56	MO/2/48/188
3	413	Liam Turner	Dronfield Running Cl	00:48:24	MO/3/46/46
4	333	Paul Lawton	Scarborough Athletic	00:49:32	MO/4/45/357
5	324	Stephen McDougall	Middlesbrough and C	00:49:51	MO/5/44/331
6	24	Rose Mather	York Knavesmire Ha	00:50:22	FO/1/50/250
7	803	Adrian Bushby	City of Hull AC	00:50:49	M55/1/50/400
8	323	Thomas Ratcliffe	York Knavesmire Ha	00:51:15	MO/6/43/291
9	810	Stephen Pugh	Esk Valley Fell Club	00:51:19	M55/2/48/392*
10	418	Adam Ewart	Northumberland Fell	00:51:30	MO/7/42/42
11	117	Becky Penty	York Knavesmire Ha	00:51:46	F40/1/50/100
12	559	Edward Hinton	York Knavesmire Ha	00:51:49	M40/1/50/50
13	352	Stefan McLoughlin	North York Moors AC	00:51:55	MO/8/41/310
14	415	Mitchell Scott	Goodgym	00:51:56	MO/9/40/40
15	666	Paul Butler	Scarborough Athletic	00:52:44	M55/3/46/46
16	556	Joe Stringer	Northumberland Fell	00:52:52	M40/2/48/96
17	909	Jim Rogers	City of Hull AC	00:52:53	M60/1/50/400*
18	713	Brendan Anglim	Easingwold Running	00:53:08	M50/1/50/381
19	658	Simon Bishop	Beverley Athletic Clu	00:53:59	M45/1/50/50
20	342	Matthew Clark	Esk Valley Fell Club	00:54:02	MU23/1/50/148
21	644	Michael Richmond	Pickering Running Cl	00:54:15	M45/2/48/217*
22	314	James Seddon	York Knavesmire Ha	00:54:39	MO/10/39/296
23	387	Thomas McKenna	York Knavesmire Ha	00:55:00	MO/11/38/90
24	808	Julian Wardman	Esk Valley Fell Club	00:55:04	M55/4/45/132
25	817	Dave Smith	Pickering Running Cl	00:55:11	M55/5/44/229
26	414	Ed Woollard	York Acorn Running	00:55:12	MO/12/37/37
27	631	Reiner Hesse	Individual#	00:55:13	M45/3/46/342
28	849	Lewis Holloway	Beverley Athletic Clu	00:55:19	M55/6/43/43
29	616	James Loftus	Pickering Running Cl	00:55:22	M45/4/45/87*
30	761	Peter Massey	Goodgym	00:55:44	M50/2/48/48
31	558	Russell Bowry	York Knavesmire Ha	00:56:37	M40/3/46/46
32	806	Martin Lofthouse	Nidd Valley Road Ru	00:56:41	M55/7/42/179
33	826	Simon Jones	Pickering Running Cl	00:56:53	M55/8/41/133
34	654	Jonathan Rowland	Esk Valley Fell Club	00:57:04	M45/5/44/85
35	369	Hamish Miller	Esk Valley Fell Club	00:57:14	MU23/2/48/242
36	416	Cameron Johnson	York Knavesmire Ha	00:57:15	MO/13/36/36
37	539	Michael Shaw	York Knavesmire Ha	00:57:18	M40/4/45/129
38	410	Corey Taylor	Individual#	00:57:22	MO/14/35/35
39	953	Neil Rip Ridsdale	Esk Valley Fell Club	00:57:28	M65/1/50/400*
40	851	Chris Eggett	Northumberland Fell	00:57:31	M55/9/40/40
41	744	Simon Rycroft	Pickering Running Cl	00:57:46	M50/3/46/275*
42	607	Kieron Niven	York Knavesmire Ha	00:57:54	M45/6/43/160
43	708	Giles Hawking	York Knavesmire Ha	00:58:03	M50/4/45/306
44	4	Esther Harrison	Thirsk & Sowerby Ha	00:58:17	FO/2/48/378
45	715	Chris Jefferies	Billingham Running C	00:58:21	M50/5/44/380
46	411	Luke Waller	Individual#	00:58:27	MO/15/34/34
47	702	Pete Berry	Individual#	00:58:29	M50/6/43/202
48	635	Hem Rana	York Knavesmire Ha	00:58:42	M45/7/42/169
49	811	Tim Hill	Esk Valley Fell Club	00:59:02	M55/10/39/349*
50	7	Kelly Richmond	Pickering Running Cl	00:59:20	FO/3/46/378*
51	928	John Tollitt	Northumberland Fell	00:59:39	M60/2/48/93
52	44	Jennifer Thompson	Individual#	00:59:41	FO/4/45/85
53	563	Michael Leadbetter	York Acorn Running	00:59:43	M40/5/44/44
54	661	Philip Howard	Individual#	01:00:04	M45/8/41/41
55	714	Philip Baines	Esk Valley Fell Club	01:00:08	M50/7/42/277*

56	703	David Bannister	York Acorn Running	01:00:22	M50/8/41/351
57	23	Kirsty Struthers	North York Moors AC	01:00:58	FO/5/44/361*
58	382	James Mulholland	Individual#	01:01:09	MO/16/33/149
59	16	Catherine Leeson	Individual#	01:01:28	FO/6/43/209
60	929	Colin Harrison	Loftus & Whitby AC	01:01:30	M60/3/46/178
61	557	Tom Jorna	Beverley Athletic Clu	01:01:31	M40/6/43/43
62	560	Matthew Galley	Individual#	01:01:48	M40/7/42/42
63	801	Bryan Drew	York Knavesmire Ha	01:02:01	M55/11/38/336
64	22	Cassie Read	York Knavesmire Ha	01:02:08	FO/7/42/131
65	615	Robert Allinson	Redcar Running Clu	01:02:15	M45/9/40/320
66	605	Richard Robinson	Pickering Running Cl	01:02:21	M45/10/39/211
67	604	Paul Chapman	Thirsk & Sowerby Ha	01:02:27	M45/11/38/313*
68	562	Ste Robson	York Knavesmire Ha	01:02:40	M40/8/41/41
69	20	Kirsty Brown	Pickering Running Cl	01:03:18	FO/8/41/41
70	752	Andy Harris	Nidd Valley Road Ru	01:03:43	M50/9/40/81
71	561	Kevin Steven	South Shields Harrie	01:03:47	M40/9/40/40
72	705	Nigel Scaife	Nidd Valley Road Ru	01:03:51	M50/10/39/154
73	555	Ross Robertson	Northumberland Fell	01:03:58	M40/10/39/39
74	726	Russ Grayson	Pickering Running Cl	01:03:59	M50/11/38/114*
75	164	Kellie Campbell	South Shields Harrie	01:04:02	F45/1/50/138
76	417	George Jackson	Thirsk & Sowerby Ha	01:04:05	MO/17/32/32
77	830	Peter Walsh	Loftus & Whitby AC	01:04:10	M55/12/37/239
78	175	Jennifer Duncan	York Knavesmire Ha	01:04:18	F45/2/48/96
79	48	Emma Burke	Northumberland Fell	01:04:21	FO/9/40/82
80	901	Nigel Briggs	North York Moors AC	01:04:28	M60/4/45/374*
81	500	Graham Gill	York Knavesmire Ha	01:04:30	M40/11/38/311
82	217	Karen Snaith	South Shields Harrie	01:04:34	F50/1/50/93
83	942	Simon Cocker	Nidd Valley Road Ru	01:04:36	M55/13/36/121
84	287	Lorraine Hiles	Thirsk & Sowerby Ha	01:04:51	F60/1/50/50*
85	49	Elizabeth Evans	York Knavesmire Ha	01:05:08	FO/10/39/39
86	815	Richard Johnson	Pickering Running Cl	01:05:21	M55/14/35/115
87	100	Louise Venables	York Knavesmire Ha	01:05:24	F40/2/48/144*
88	709	Andrew Gamble	Individual#	01:05:27	M50/12/37/218
89	155	Michaela Welham	Loftus & Whitby AC	01:05:37	F45/3/46/396*
90	660	Anthony Baines	York Knavesmire Ha	01:05:39	M45/12/37/37
91	956	Paul Smith	Pickering Running Cl	01:05:48	M65/2/48/93
92	952	Mike Wilson	Pickering Running Cl	01:06:01	M65/3/46/189*
93	980	Kevin Holmes	Individual#	01:06:02	M65/4/45/89
94	299	Sue Haslam	Scarborough Athletic	01:06:15	F70/1/50/400*
95	764	Mark Brown	North York Moors AC	01:06:35	M50/13/36/36
96	939	Paul Appleby	Northumberland Fell	01:06:52	M60/5/44/44
97	918	Mark May	Scarborough Athletic	01:07:15	M60/6/43/171
98	205	Marianne Borsheim	Scarborough Athletic	01:07:41	F50/2/48/315*
99	227	Katy Dannerolle	Scarborough Athletic	01:09:15	F50/3/46/92
100	852	Chris Bourne	Scarborough Athletic	01:09:23	M55/15/34/34
101	178	Sarah Walch	Individual#	01:09:37	F45/4/45/93
102	941	Lance Hill	York Knavesmire Ha	01:09:56	M60/7/42/42
103	123	Ruth Kaftirani	Pickering Running Cl	01:10:00	F40/3/46/91
104	156	Lynn Humpleby	Pickering Running Cl	01:10:16	F45/5/44/271
105	50	Melanie Ellwood	York Knavesmire Ha	01:10:19	FO/11/38/38
106	963	Andrew Johnson2	York Knavesmire Ha	01:10:30	M65/5/44/358
107	959	Richard Parkin	Beverley Athletic Clu	01:10:32	M65/6/43/130
108	224	Orna O'Toole	York Knavesmire Ha	01:10:33	F50/4/45/177
109	564	George Nicholson	Northumberland Fell	01:10:36	M40/12/37/37
110	981	Mick Clarke	Loftus & Whitby AC	01:10:39	M65/7/42/42
111	543	Sam Fugill	Individual#	01:10:42	M40/13/36/72
112	1	Laura Havis	Middlesbrough Athlet	01:10:48	FU23/1/50/198
113	762	Adam Firth	Individual#	01:11:12	M50/14/35/35
114	152	Sarah Hudson	Loftus & Whitby AC	01:11:22	F45/6/43/374

115	161	Emma David	Nidd Valley Road Ru	01:11:38	F45/7/42/134
116	955	Stephen Haley	Individual#	01:11:57	M65/8/41/176
117	204	Lucy Saggars	Pickering Running Cl	01:12:14	F50/5/44/363*
118	763	Paul Ritchie	York Knavesmire Ha	01:12:20	M50/15/34/34
119	256	Helen Ashworth	Thirsk & Sowerby Ha	01:12:31	F55/1/50/391
120	252	Nicola Thorpe	Pickering Running Cl	01:12:33	F55/2/48/390*
121	804	Paul Havis	Individual#	01:12:46	M55/16/33/330
122	608	Kevin Rudd	Loftus & Whitby AC	01:12:53	M45/13/36/308*
123	42	Amie Cooper	Individual#	01:13:24	FU23/2/48/146
124	961	Mark Edwards	North York Moors AC	01:13:38	M65/9/40/262
125	977	Paul Lyons	North York Moors AC	01:14:00	M65/10/39/174
126	659	Nigel Dove	Easingwold Running	01:14:07	M45/14/35/35
127	903	Marc Davies	Thirsk & Sowerby Ha	01:14:09	M60/8/41/335*
128	833	Richard Clark	Esk Valley Fell Club	01:14:58	M55/17/32/117
129	921	David Stephenson	Pickering Running Cl	01:15:02	M60/9/40/243*
130	150	Alice Hayter	Pickering Running Cl	01:15:33	F45/8/41/354*
131	285	Karen Mather	York Knavesmire Ha	01:16:27	F60/2/48/96
132	230	Suzy Hodgson	Pickering Running Cl	01:16:47	F50/6/43/43
133	103	Kimberley Cavill	Pickering Running Cl	01:16:48	F40/4/45/285*
134	180	Charlotte Howard	Individual#	01:16:51	F45/9/40/40
135	3	Louise Bailey-Parkin	Pickering Running Cl	01:17:05	FO/12/37/320*
136	655	Charles Corbett	Pickering Running Cl	01:17:06	M45/15/34/73
137	33	Alex Atkinson	Individual#	01:17:12	FO/13/36/193
138	988	Stephen Dixon	Valley Striders	01:17:15	M70/1/50/242
139	45	Stevie Ainsworth	Individual#	01:17:49	FO/14/35/69
140	233	Alison Denos	North York Moors AC	01:18:07	F50/7/42/42
141	991	Geoffrey Usher	Individual#	01:18:54	M70/2/48/193
142	231	Lisa Bourne	Scarborough Athletic	01:18:57	F50/8/41/41
143	264	Mandy Clarke	York Knavesmire Ha	01:19:11	F55/3/46/132
144	701	Peter Murray	York Acorn Running	01:19:34	M50/16/33/289
145	992	Pete Coe	Individual#	01:19:55	M70/3/46/46
146	154	Rebecca Cacioppo	Loftus & Whitby AC	01:20:49	F45/10/39/251*
147	290	Alison Lloyd	North York Moors AC	01:21:33	F65/1/50/392
148	263	Debbie Rycroft	Pickering Running Cl	01:23:17	F55/4/45/178*
149	912	Ian Robinson	Esk Valley Fell Club	01:23:33	M60/10/39/304
150	209	Serena Partridge	Pickering Running Cl	01:23:51	F50/9/40/82*
151	940	Philip Coleman	Individual#	01:24:08	M60/11/38/38
152	124	Victoria Burns	Middlesbrough and C	01:24:25	F40/5/44/75
153	853	Roger Duckworth	Nidd Valley Road Ru	01:24:33	M55/18/31/31
154	253	Julie Clayton	Scarborough Athletic	01:25:33	F55/5/44/317*
155	850	Dave Prince	Nidd Valley Road Ru	01:26:00	M55/19/30/30
156	904	David Robinson	North York Moors AC	01:26:13	M60/12/37/313
157	277	Ronni Kirkham	Esk Valley Fell Club	01:27:01	F60/3/46/317*
158	223	Rozannah Halsall	Loftus & Whitby AC	01:27:11	F50/10/39/114*
159	179	Sarah Bracher	Nidd Valley Road Ru	01:31:55	F45/11/38/79
160	110	Kathryn Waterworth	Individual#	01:32:53	F40/6/43/222
161	974	Geoff Hine	Esk Valley Fell Club	01:33:00	M65/11/38/246
162	232	Julia Rees	York Knavesmire Ha	01:33:16	F50/11/38/38
163	286	Janet Leake	York Knavesmire Ha	01:33:29	F60/4/45/45
164	275	Christine Hemingway	City of Hull AC	01:34:25	F60/5/44/372*
165	276	Sarah Chalmers	Nidd Valley Road Ru	01:34:31	F60/6/43/180
166	993	Martin White	New Marske Harriers	01:34:57	M70/4/45/45

(End)

Teams:	Club	Points	Positions	Team pts/total
<b>male:</b>	1 York Knavesmire Harrier	58	7,10,20,21	15/149
	2 Northumberland Fell Rur	62	1,9,14,38	14/14
	3 Esk Valley Fell Club 'A'	80	8,18,22,32	13/158
	4 Pickering Running Club '	100	19,23,27,31	12/119
	5 York Knavesmire Harrier	138	29,34,35,40	11/73
	6 Esk Valley Fell Club 'B'	166	33,37,46,50	10/92
	7 Scarborough Athletic Clu	176	4,13,79,80	9/146
	8 Beverley Athletic Club 'A'	180	17,26,54,83	8/8
	9 York Knavesmire Harrier	202	41,45,56,60	7/18
	10 Nidd Valley Road Runne	224	30,61,63,70	6/35
	11 York Acorn Running Clut	224	24,48,51,101	5/13
	12 Pickering Running Club '	233	39,58,65,71	4/17
	13 North York Moors AC 'A'	248	11,68,77,92	3/101
	14 Northumberland Fell Rur	273	47,64,78,84	2/2
	15 Loftus & Whitby AC 'A'	296	53,67,85,91	1/57
	16 York Knavesmire Harrier	305	69,73,81,82	1/1
	17 Pickering Running Club '	344	74,75,97,98	1/4
<b>female:</b>	1 York Knavesmire Harrier	11	1,2,8	15/119
	2 Pickering Running Club	35	4,9,22	14/155
	3 York Knavesmire Harrier	42	11,15,16	13/19
	4 Thirsk & Sowerby Harrier	47	3,14,30	12/141
	5 Scarborough Athletic Clu	57	18,19,20	11/115
	6 South Shields Harriers &	81	10,13,(58)	10/22
	7 Pickering Running Club	83	23,29,31	9/80
	8 York Knavesmire Harrier	83	24,25,34	8/8
	9 Loftus & Whitby AC 'A'	88	17,27,44	7/135
	10 North York Moors AC 'A	92	6,41,45	6/112
	11 Pickering Running Club	104	33,35,36	5/18
	12 Pickering Running Club	131	38,46,47	4/4
	13 Nidd Valley Road Runne	137	28,52,57	3/26
	14 Scarborough Athletic Clu	149	42,49,(58)	2/10
	15 York Knavesmire Harrier	152	43,54,55	1/1

\* = Bonus points not included

# = Non-counter (team)

**Comments:**

This was the twelfth counter in the Dave Parry Lets Run Winter Fell Race Series 2024/25. The course had been tweaked for the latest version with the usual finish outside the Mallyan Spout Hotel moved to the registration venue, the Village Hall, this meant 800 metres of extra running for competitors and new records all round.

More dry weather and sunshine than wet over recent weeks meant that the typically wet and leg sapping Heartbeat Hobble course was tinder dry with racing flats more the order of the day rather than aggressive studded sole shoes. The race day weather was also sunny, though a definite chill if you caught the breeze.

The 166 competitors set off at 11:00hrs, Chris Larkin (MSEN) one of a decent number of Northumberland Fell Runners who had headed south led the way from the off and held the lead through to the finish, completing in a time of 43:11, for the near 12km race distance this would have pleased many a road runner on the hard stuff.

Rory Bevin (MSEN) Individual followed Chris near 4 minutes later, with Liam Taylor (MSEN) Dronfield Running Club completing the podium. First veteran to finish was Adrian Bushby (M55) City of Hull AC in seventh.

Rose Mather (FSEN) York Knavesmire Harrier in sixth overall was first female in a time of 50:22, team mate Becky Penty (F40) placed runner-up in 11th overall and Esther Harrison (FSEN) Thirsk and Sowerby Harriers in third.

In the team competitions it was York Knavesmire Harriers claiming both the female and male wins.

Next event in winter fell race series is the thirteenth counter Gisborough Moors Fell Race on Sunday 13 April 2025, registration is at the Sea Cadets Hall (YO22 5JS) on Belmangate, Guisborough, registration from 9.00am, race start at 10.30am and remember allow a few minutes to saunter to the start from registration.

The race finishes at the Sea Cadets Hall, where hot/cold refreshments plus biscuits will be available (honesty box donations to the Sea Cadets). There is no competitor car parking at the Sea Cadets hall, though volunteers can park at the hall.

A full advance briefing note will be published before the race, though one point to note, the East Cleveland Classic cycle race is being held on the same day as the Moors race, race start/finish is at Saltburn, there is a rolling road closure in place when the event passes through the eastern end of Guisborough. The first pass of the women's race should be around 9:15am, second time around 10:00am, the remaining two laps should not trouble runners. The mens race starts at 1:00pm, arriving at Guisborough around 1:15pm, and then again at 1:55pm. The race course can be avoided, though you may be held up briefly if you do coincide with the race.

Entries are open for the Hooded Horse Fell Race final winter series counter on SI Entries, being held on Sunday 27 April 2025.

Robert Lillie and David Park  
Scarborough AC

**Next Race :** Gisborough Moors

13-Apr-25