

Lockton Limping**Dave Parry/Lets Run Winter Series 2025-26****26-Oct-25****Race 3**

Pos.	No.	Name	Club	time	cat/pos/pts/total
1	338	Rob Sparkes	Beverley AC	00:45:07	MO/1/50/50
2	339	Tom Bell	North Leeds Fell Run	00:48:18	MO/2/48/48
3	341	Sam Leadley	Loftus & Whitby AC	00:48:42	MO/3/46/46
4	323	Rory Bevin	Individual#	00:50:25	MO/4/45/93
5	336	Rory Stead	Keighley & Craven A	00:50:30	MO/5/44/44
6	337	Kian Stead	Individual#	00:50:41	MO/6/43/43
7	618	Ian Rowan	Esk Valley Fell Club	00:51:05	M45/1/50/50
8	313	Robert Preston	Pickering RC	00:51:21	MO/7/42/136
9	607	Tim Grimwood	Swaledale Runners	00:51:39	M45/2/48/98
10	329	Stephen McDougall	Middlesbrough & Cle	00:52:00	MO/8/41/91
11	333	Paul Lawton	Scarborough AC	00:53:43	MO/9/40/86
12	810	Adrian Bushby	City of Hull AC	00:53:58	M55/1/50/100
13	511	Peter Walker	York Knavesmire Ha	00:54:15	M40/1/50/96
14	614	Gareth Green	York Knavesmire Ha	00:54:37	M45/3/46/46
15	804	Stephen Pugh	Esk Valley Fell Club	00:55:29	M55/2/48/98
16	332	Matthew Clark	Esk Valley Fell Club	00:55:58	MU23/1/50/96
17	13	Ursula Catton	York Knavesmire Ha	00:56:21	FO/1/50/50
18	331	Sebastian Slater	Dark Peak Fell Runn	00:56:38	MO/10/39/81
19	803	Dave Smith	Pickering RC	00:56:44	M55/3/46/94
20	312	Hamish Miller	Esk Valley Fell Club	00:56:55	MO/11/38/76
21	609	Damian Kilpin	Penistone Footpath F	00:57:06	M45/4/45/91
22	502	Richard Atkins	North York Moors AC	00:57:20	M40/2/48/141
23	700	Reiner Hesse	Loftus & Whitby AC	00:57:29	M50/1/50/100
24	722	Brendan Anglim	Easingwold RC	00:57:48	M50/2/48/48
25	619	Michael Richmond	Pickering RC	00:57:59	M45/5/44/44
26	709	Chris Jefferies	Billingham RC	00:58:19	M50/3/46/142
27	309	Lewis Hutchinson	York Acorn RC	00:58:27	MO/12/37/80
28	327	Tom Hustwitt	Esk Valley Fell Club	00:58:37	MO/13/36/76
29	306	Phil Smith	Esk Valley Fell Club	00:58:39	MO/14/35/106
30	718	Ashley Dodgson	Thirsk & Sowerby Ha	00:58:40	M50/4/45/95
31	111	Natalie Greaves	York Knavesmire Ha	00:58:45	F40/1/50/50
32	303	Duncan Allen	Individual#	00:59:07	MO/15/34/107
33	910	Jim Rogers	City of Hull AC	00:59:17	M60/1/50/100
34	109	Rhona Marshall	Scarborough AC	00:59:21	F40/2/48/48
35	510	Stephen Tilford	Wakefield District H	00:59:22	M40/3/46/96
36	516	Ed Woollard	York Acorn RC	00:59:23	M40/4/45/45
37	611	Jonathan Rowland	Esk Valley Fell Club	00:59:53	M45/6/43/91
38	950	Neil Rip Ridsdale	Esk Valley Fell Club	01:00:25	M65/1/50/150
39	519	Michael Shaw	York Knavesmire Ha	01:00:41	M40/5/44/44
40	102	Esther Harrison	Thirsk & Sowerby Ha	01:01:04	F40/3/46/94*
41	903	David Hughes	North York Moors AC	01:01:10	M60/2/48/143
42	612	Martin Vasey	Middlesbrough & Cle	01:01:43	M45/7/42/87
43	317	Rob Illingworth	Individual#	01:02:07	MO/16/33/65
44	14	Rose Mather	York Knavesmire Ha	01:02:16	FO/2/48/48
45	616	Richard Robinson	Pickering RC	01:02:22	M45/8/41/41
46	809	Julian Wardman	Esk Valley Fell Club	01:02:26	M55/4/45/139
47	328	Alex Linsley	Individual#	01:02:39	MO/17/32/68
48	315	Jonathan Burt	Bedale & Aiskew Run	01:02:46	MO/18/31/68
49	702	Paul Woolhouse	Individual#	01:02:53	M50/5/44/87
50	504	Dominic Wilson	Individual#	01:02:54	M40/6/43/132
51	344	James Mullholland	Individual#	01:03:05	MO/19/30/30
52	707	Russ Grayson	Pickering RC	01:03:42	M50/6/43/123
53	615	Kieron Niven	York Knavesmire Ha	01:04:12	M45/9/40/40
54	515	Sam Dredge	York Acorn RC	01:04:15	M40/7/42/42
55	820	Dan Rhodes	Durham Fell Runners	01:04:22	M55/5/44/44

56	9	Georgia Campbell	Individual#	01:04:30	FO/3/46/94
57	816	Angus Sanderson	North York Moors AC	01:04:59	M55/6/43/88*
58	335	Stephen Roe	Billingham RC	01:05:17	MO/20/29/29
59	505	Graham Gill	York Knavesmire Ha	01:05:36	M40/8/41/85
60	905	Nigel Briggs	North York Moors AC	01:05:53	M60/3/46/90
61	821	Philip Cornforth	Knaresborough Strid	01:05:56	M55/7/42/42
62	710	Andrew Gamble	Individual#	01:06:01	M50/7/42/83
63	902	Kevin Holmes	Individual#	01:06:05	M60/4/45/93
64	345	Chris Crookes	Individual#	01:06:07	MO/21/28/28
65	986	Karl Edwards	Hartlepool Burn Roac	01:06:16	M70/1/50/150
66	600	Hem Rana	York Knavesmire Ha	01:06:58	M45/10/39/89
67	822	David Sanderson	Esk Valley Fell Club	01:07:02	M55/8/41/41
68	342	Robert Bailey	Scarborough AC	01:07:15	MO/22/27/27
69	704	David Bannister	York Acorn RC	01:07:37	M50/8/41/83
70	260	Trudy Morrice	Thirsk & Sowerby Ha	01:07:52	F55/1/50/50*
71	719	Giles Hawking	York Knavesmire Ha	01:08:14	M50/9/40/40
72	617	Paul Chapman	Thirsk & Sowerby Ha	01:08:21	M45/11/38/38*
73	906	Paul Havis	Individual#	01:08:36	M60/5/44/86
74	157	Jess Evans	St Theresa's AC	01:08:51	F45/1/50/100
75	258	Hester Butterworth	Scarborough AC	01:09:05	F55/2/48/48
76	517	Michael Leadbetter	York Acorn RC	01:09:44	M40/9/40/40
77	907	Graham D Palmer	Loftus & Whitby AC	01:10:52	M60/6/43/86
78	206	Steph Lishman	Esk Valley Fell Club	01:10:57	F50/1/50/98
79	917	Simon Lawson	Nidderdale Fell & Træ	01:11:03	M60/7/42/42
80	915	Christopher Clayton	Scarborough AC	01:11:15	M60/8/41/41
81	518	David Orange	Individual#	01:11:29	M40/10/39/39
82	200	Catherine Shutt	North York Moors AC	01:11:38	F50/2/48/98
83	721	David Owuor	Pickering RC	01:11:41	M50/10/39/39
84	307	Chris Bowles	Individual#	01:11:44	MO/23/26/57
85	156	Abigail Carter	St Theresa's AC	01:11:51	F45/2/48/93
86	346	Oscar Anglim	CLOK	01:11:59	MO/24/25/25
87	916	Mark May	Scarborough AC	01:12:12	M60/9/40/40
88	814	Andrew Johnson	Beverley AC	01:12:28	M55/9/40/81
89	12	Kirsty Brown	Pickering RC	01:12:33	FO/4/45/45
90	601	Nigel Dove	Individual#	01:12:51	M45/12/37/123
91	806	Bryan Drew	York Knavesmire Ha	01:12:52	M55/10/39/79
92	340	Alexander Guille	Individual#	01:12:53	MO/25/24/24
93	914	Mick Cooper	Tormorden Harriers	01:13:00	M60/10/39/39
94	964	Stewart Mechie	Individual#	01:13:06	M65/2/48/48
95	811	Richard Crone	East Hull Harriers & /	01:13:14	M55/11/38/78
96	10	Emily Loftus	Pickering RC	01:13:18	FO/5/44/44
97	620	Ed Snow	York Acorn RC	01:13:36	M45/13/36/36
98	808	Paul Wilkin	Middlesbrough & Cle	01:13:54	M55/12/37/119
99	250	Lucy Saggars	Pickering RC	01:14:33	F55/3/46/140
100	819	Alan Simpson	Thirsk & Sowerby Ha	01:14:36	M55/13/36/36*
101	959	Richard Parkin	Beverley AC	01:14:42	M65/3/46/92
102	918	Michael Keavney	Swaledale Runners	01:15:18	M60/11/38/38
103	209	Louise Mayfield	Thirsk & Sowerby Ha	01:15:28	F50/3/46/46
104	282	Kate Ruffell	Matlock AC	01:15:47	F60/1/50/50
105	991	Stephen Mummery	Individual#	01:16:00	M70/2/48/94
106	3	Robyn Watson	Esk Valley Fell Club	01:16:07	FO/6/43/135
107	208	Samantha Jones	Individual#	01:17:38	F50/4/45/88
108	256	Nicola Thorpe	Pickering RC	01:17:59	F55/4/45/90
109	957	Mark Edwards	North York Moors AC	01:18:10	M65/4/45/89
110	962	Andrew Johnson2	York Knavesmire Ha	01:19:07	M65/5/44/87
111	993	Austen Moore	Mersey Tri	01:19:14	M70/3/46/46
112	106	Fran Jeffery	Thirsk & Sowerby Ha	01:19:32	F40/4/45/91
113	151	Alice Hayter	Pickering RC	01:21:13	F45/3/46/130
114	955	Stephen Haley	Individual#	01:22:05	M65/6/43/127

115	802	Peter Murray	York Acorn RC	01:22:24	M55/14/35/111
116	987	Geoffrey Usher	Individual#	01:22:33	M70/4/45/90
117	261	Diane Jobson	North York Moors AC	01:22:53	F55/5/44/44
118	107	Kirsty Naylor	Thirsk & Sowerby Ha	01:23:18	F40/5/44/92
119	985	Stephen Dixon	Valley Striders	01:24:35	M70/5/44/92
120	276	Julie Clayton	Scarborough AC	01:24:47	F60/2/48/146
121	952	James Robson	North York Moors AC	01:25:01	M65/7/42/128
122	11	Lucy Knight	Individual#	01:25:09	FO/7/42/42
123	900	Chris Tweddle	Boro Runners	01:25:26	M60/12/37/119
124	951	David Robinson	North York Moors AC	01:25:58	M65/8/41/122
125	291	Alison Lloyd	North York Moors AC	01:26:54	F65/1/50/145
126	110	Laura Bennett	York Acorn RC	01:27:53	F40/6/43/43
127	290	Anne Robson	North York Moors AC	01:28:59	F65/2/48/142
128	259	Lisa Bourne	Scarborough AC	01:29:24	F55/6/43/43
129	909	Ian Robinson	Esk Valley Fell Club	01:32:20	M60/13/36/72
130	158	Joanne Hall	Esk Valley Fell Club	01:37:43	F45/4/45/84
131	159	Kathryn Waterworth	Individual#	01:37:44	F45/5/44/82
132	343	Thomas Hoare	Bedale & Aiskew Rur	01:45:58	MO/26/23/23
133	992	Martin White	New Marske Harriers	01:46:23	M70/6/43/43

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 Esk Valley Fell Club 'A'	57	7,15,16,19	15/45
	2 Pickering RC 'A'	90	8,18,24,40	14/38
	3 York Knavesmire Harrier	111	13,14,36,48	13/27
	4 Esk Valley Fell Club 'B'	124	27,28,34,35	12/36
	5 North York Moors AC 'A'	163	21,37,51,54	11/37
	6 York Acorn RC 'A'	171	26,33,49,63	10/21
	7 Scarborough AC 'A'	218	11,62,70,75	9/9
	8 York Knavesmire Harrier	255	53,60,64,78	8/8
female:	1 York Knavesmire Harrier	8	1,2,5	15/27
	2 Thirsk & Sowerby Harrier	27	4,7,16	14/24
	3 Scarborough AC 'A'	37	3,9,25	13/22
	4 Pickering RC 'A'	42	13,14,15	12/39
	5 St Theresa's AC 'A'	53	8,12,(33)	11/26
	6 Esk Valley Fell Club 'A'	59	10,18,31	10/24
	7 North York Moors AC 'A'	61	11,23,27	9/30
	8 Pickering RC 'B'	75	20,22,(33)	8/8
	9 Thirsk & Sowerby Harrier	78	21,24,(33)	7/13

* = Bonus points not included

= Non-counter (team)

Comments:

It was a day of two halves weather-wise, the chilly morning with blue skies and sunshine gave way to initially a stiffening breeze and grey skies and then a distinctly chilly northerly wind and rain for the last handful of race finishers. The course despite a long hot dry summer delivered a muddy and very slippery in places underfoot terrain, with an aggressive tread the order of the day.

So it was business as usual for Lockton Limping the third counter in as many Sundays of the Dave Parry Lets Run Winter Fell Race Series 2025/26. Nick Cousins was our race organiser with volunteers from Pickering Running Club and further afield too.

Registration was held in Lockton Village Hall, refreshments were available pre and post-race, provided by the hall volunteers, they were welcome too.

Nick opted for entry on the day only this year, with 133 competitors signing up to test themselves against the 11.2km distance and 350m of ascent.

In the fell race itself, the first three runners all bettered the previous male course record, so maybe the course was slightly drier than usual, it was left though to the incumbent record holder to beat his previous mark, and it was a terrific improvement of just over four minutes, well done Rob Sparkes (MSEN) Beverley AC with a time of 45 minutes 7 seconds. Following in Rob, were male seniors, Tom Bell of North Leeds Fell Runners and Sam Leadley of Loftus & Whitby AC. First male veteran home was Ian Rowan (M45) Esk Valley Fell Club, with Tim Grimwood (M45) Swaledale Runners the other vet to make the top ten.

In the female race it was York Knivesmire Harriers who were to the fore, with Ursula Catton (FSEN) claiming the win over two minutes ahead of team mate and first veteran runner Natalie Greaves (F40), two more F40's Rhona Marshall of Scarborough and Esther Harrison, Thirsk and Sowby Harriers placed third and fourth with Rose Mather (FSEN) in fifth and the third counter in a dominant York Knivesmire who eased to a team win, from Thirsk and Sowby Harriers and Scarborough AC.

In the men's team competition it was Esk Valley Fell Club who made it three wins on the spin, with Ian Rowan supported by Stephen Pugh (M55), Matthew Clark (MU23) and Hamish Miller (MSEN) all in the top 20. Second male team were Pickering RC with York Knivesmire third.

Further down the field we had six counters in the M70 category, with M70 newbie Karl Edwards, Hartlepool Burn Road Harriers first home and in the top half of the field overall. On the day Austen Moore, Mersey Tri was announced as runner-up, apologies as it was Stephen Mummery running as an individual who should have been awarded the prize. Mention it at Saltergate please. In the female categories no M70's this time, it was left to F65 runners Alison Lloyd and Anne Robson to pick up the awards both North York Moors AC.

As has become tradition, Lockton hosted the Summer Series award presentations, a packed hall took advantage of the refreshments and shelter to cheer, bellow and holla in support of team mates, rivals and peers as the Champions, Runners Up, top five, age category winners, endurance and team prizes were awarded, WELL DONE one and all.

Fell runners now have a short window of opportunity to recover and train before the next Dave Parry Lets Run Winter Series fourth counter at Saltergate Gallows on Sunday 16th November at Levisham.

Nick Cousins
Pickering Running Club
(and Clive Thornton EVFC)

Next Race : Saltergate Gallows

16-Nov-25