

Cock Howe and Beyond**15-Jul-26****Race 6**

Pos.	No.	Name	Club	time	cat/pos/pts/Total
1	300	Joseph Martlew	Thirsk & Sowerby Ha	00:45:32	MO/1/50/146
2	607	Ian Rowan	Esk Valley Fell Club	00:46:51	M45/1/50/198
3	304	Dermot Meeham	Esk Valley Fell Club	00:47:30	MO/2/48/135
4	349	Patrick Wastling	Individual#	00:47:57	MO/3/46/46
5	603	Damian Kilpin	Penistone Footpath F	00:49:06	M45/2/48/237
6	13	Ursula Calton	York Knavesmire Ha	00:49:56	FO/1/50/50
7	310	Jonathan Burt	Esk Valley Fell Club	00:50:16	MO/4/45/163
8	312	Phil Smith	Esk Valley Fell Club	00:51:01	MO/5/44/166
9	718	Steve Sanders	Penistone Footpath F	00:52:22	M50/1/50/141
10	704	Martin Vasey	Middlesbrough & Cle	00:52:33	M50/2/48/136
11	75	Esther Harrison	Thirsk & Sowerby Ha	00:53:59	F40/1/50/146
12	705	Matthew Harrison	Esk Valley Fell Club	00:55:37	M50/3/46/221
13	623	Mark Jackson	Middlesbrough & Cle	00:55:43	M45/3/46/134
14	931	Neil RIP Ridsdale	Esk Valley Fell Club	00:56:21	M65/1/50/296
15	804	David Sanderson	Esk Valley Fell Club	00:57:14	M55/1/50/146*
16	882	David Allison	North York Moors AC	00:57:38	M60/1/50/145
17	875	Graham D Palmer	Loftus & Whitby AC	00:57:52	M60/2/48/190
18	876	Paul Havis	Individual#	00:59:17	M60/3/46/184
19	886	Paul Poucher	East Hull Harriers & /	00:59:37	M60/4/45/90
20	803	Richard Clark	Esk Valley Fell Club	00:59:40	M55/2/48/179*
21	12	Cassie Read	York Knavesmire Ha	01:00:15	FO/2/48/48
22	887	Stephen Carter	Esk Valley Fell Club	01:02:02	M60/5/44/175
23	204	Kath Aspin	Esk Valley Fell Club	01:02:06	F55/1/50/150*
24	1	Tabitha McNicholas	North York Moors AC	01:02:20	FO/3/46/187
25	719	Neil Mayfield	Individual#	01:02:21	M50/4/45/85
26	939	Paul Smith	Pickering Running Cl	01:03:18	M65/2/48/183
27	975	Karl Edwards	Hartlepool Burn Roar	01:04:18	M70/1/50/100
28	702	Paul Chapman	Thirsk & Sowerby Ha	01:05:18	M50/5/44/245
29	812	Richard Johnson	Pickering Running Cl	01:05:43	M55/3/46/131
30	3	Anna Bailey	Esk Valley Fell Club	01:07:28	FO/4/45/182
31	515	Tom Szczerbicki	Haxby Runners	01:07:45	M40/1/50/93
32	117	Helen Simmons	North York Moors AC	01:08:35	F45/1/50/50
33	252	Hilary Allan	Esk Valley Fell Club	01:08:47	F60/1/50/200
34	878	Paul Cutler	Individual#	01:10:27	M60/6/43/83
35	206	Diane Jobson	North York Moors AC	01:18:33	F55/2/48/139
36	118	Dizzy Warbrook	Esk Valley Fell Club	01:20:58	F45/2/48/48
37	14	Sam Herman	Esk Valley Fell Club	01:20:59	FO/5/44/44
38	976	Geoffrey Usher	Individual#	01:33:39	M70/2/48/48
39	938	David Robinson	North York Moors AC	DNF	M65/0/0/82*

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 Esk Valley Fell Club 'A'	18	2,3,6,7	15/85
	2 Esk Valley Fell Club 'B'	53	10,12,13,18	14/65
female:	1 York Knavesmire Harrier	16	1,3,(12)	15/38
	2 Esk Valley Fell Club 'A'	18	4,6,8	14/61
	3 North York Moors AC 'A'	21	5,7,9	13/67
	4 Esk Valley Fell Club 'B'	33	10,11,(12)	12/12

* = Bonus points not included

= Non-counter (team)

Comments:

It was a warm summer evening with only a slight chill on the north easterly breeze that greeted runners arriving for the sixth round of the Dave Parry Lets Run Summer Fell Race Series 2026.

Race Organiser for the evening was Giles Hawking of York Knavesmire Harriers who had mustered a good number of volunteers for the race, thank you everyone.

As is the case in midsummer there are clashes of races with summer road racing in full swing, though an unforeseeable clash with England's Football World Cup Semi final clash with Argentina meant a modest field of 39 participants.

As it was the first half was ugly, the second half had its England moment but as we sought to defend our lead two rare moments of meeting trades description football by Argentina meant another four years of hurt to add to the sixty already accumulated for England. The warm weather also meant that bracken on course had had time to flourish, so course marking was crucial, but also to keep runners off the heathered nesting areas of the native birds.

In the race itself runners completed the traditional rounding of the village hall then headed off to the Cock Howe Cairn CP1 (sadly the stone pillar has been laid flat, we need a repair party), they then completed a circuit of the moor top and finished with the descent where an optimum line is key.

Joseph Martlew (MSEN) Thirsk and Sowerby Harriers led home to claim a second win in the series, with Ursula Carlton (FSEN) York Knavesmire Harriers leading home the women. Esther Harrison (F40) Thirsk and Sowerby Harriers put aside her fell rustiness after some tarmac work to claim second and Cassie Read (FSEN) also YKH placed third and along with a ghost runner was able to win the team competition with Ursula.

Second home in the mens competition was M45 runner Ian Rowan of Esk Valley Fell Club followed in by teammate Dermot Meehan (MSEN). Seniors Jonathan Burt and Phil Smith completed a team win EVFC men. Esk Valley's women although the only team to bring home three counters were second.

Next race is Ravenscar Rumble 22 July, may have happened, then Osmotherley Show on Saturday 1st August.

Regards
Clive Thornton